



Candida again?!

Approximately 1.5 billion people worldwide suffer from fungal infections, with yeast fungi of the genus *Candida* being among the most common pathogens. Around 75% of all women are affected by vaginal mycosis at least once in their lives. Oral thrush affects people of all ages, but especially infants, the elderly, and those with weakened immune systems. Unfortunately, invasive candidiasis is also not uncommon; approximately 14% of patients in intensive care units have a systemic infection.

The symptoms of candidiasis vary greatly depending on which part of the body is affected. Typical symptoms of thrush include whitish patches on the skin and mucous membranes, lesions, and pustules in the mouth. Vaginal yeast infections are often accompanied by severe itching and burning in the genital area. This can also cause a whitish discharge, redness, and swelling of the vulva. Some women also report pain when urinating. Invasive candidiasis is often life-threatening, with symptoms such as fever and chills, and can lead to abscess formation in the organs affected by the infection.

For many years, *Candida (C.) albicans* was the most common pathogen causing candidiasis, but this picture has been changing continuously since the 1980s and 1990s. Whereas *C. albicans* used to account for 70-80% of infections in Europe, today it accounts for only 40-60%. Non-*albicans* species are increasingly causing infections. In Northern Europe, the USA, and Australia, this is particularly *C. glabrata*; in Southern Europe, China, and Latin America, an increase in *C. parapsilosis* can be observed. *C. glabrata* is also increasingly being detected in nosocomial infections.

In SANUM therapy, experience has shown that ALBICANSAN® and/or PEFRAKEHL® are used to treat yeast infections, depending on the pathogen identified. Experience has shown that ALBICANSAN® is used to support treatment of infections with *C. albicans* and PEFRAKEHL® is used to treat infections with all other *Candida* species. The therapy can be effectively accompanied by the carboxylic acid preparation TARTAKEHL. TARTAKEHL contains a potent accord of tartaric acid and should always be considered in the treatment of *Candida* infections, as TARTAKEHL supports the elimination of toxins and fermentation products from the intestine. SANUKEHL® Cand can be used as an adjunct to specifically sensitize the immune system.



Trading forms

ALBICANSAN® D4 Capsules

20 capsules (also available in other dosage forms)

Dosage:

Adults and adolescents aged 12 and over:

1-3 capsules daily.

Children between the ages of 6 and 12 should not receive more than two-thirds of the adult dose.

PEFRAKEHL® D4 Capsules

20 capsules (also available in other dosage forms)

Dosage:

Adults and adolescents aged 12 and over:

1-3 capsules daily.

TARTAKEHL Drops

100 ml (product of 1000-er Regel)

Dosage:

Adults and adolescents aged 12 and over:

1-3 times daily, 5-10 drops.

SANUKEHL® Cand D6 Drops

10 ml

Dosage:

Adults and adolescents aged 12 and over:

For oral use: 1-2 x 5-10 drops daily.

For topical use: Rub 1 x 5-10 drops into the crook of the elbow every 1-2 days.

For further product information, please refer to the respective instructions for use or packaging.