



With a strong bite -

SANUM preparations to support oral health

Sore gums, bleeding gums, sensitive teeth - the result is pain when eating and drinking. Many people in Germany suffer from periodontal disease, which is thought to affect one in two adults over the age of 40. The most common form of periodontitis is an inflammation of the gums and root canals caused by bacteria. The dangerous thing about this disease is that in many cases - especially in the early stages - it is painless. Only when the tooth necks are exposed or a tooth has become loose do many people realise that something is wrong.

Factors that can favour periodontitis include poor oral and dental hygiene, teeth grinding, metabolic diseases such as diabetes mellitus, micronutrient deficiency, stress, depression, smoking, obesity and a weak immune system.

Patients with periodontitis can be well supported with SANUM therapy. FORTAKEHL® is the medicine of choice if you want to support the oral mucosa in general or if there is a dysbiosis of the oral microbiome. If inflammation is already present, PEFRAKEHL® and NOTAKEHL® can be used to good effect. ARTHROKEHLAN® 'A' has proven itself in the treatment of periodontitis to have a modulating effect on the immune system.

Incidentally, these medicines also support our four-legged friends, as many dogs and cats suffer from stomatitis, which often leads to problems with food intake.

Your guide to oral hygiene

Another way to support the gums is to use mouthwashes. Sanumgerman® and Pleo® Chelate mouthwashes from Biofrid Kosmetik are ideal for this.

Available at www.biofrid.de.



Trading forms

FORTAKEHL® D5 drops

10 ml bottle (also available in other dosage forms)

Dosage

Adults and adolescents from 12 years: 2x 5 drops daily.

PEFRAKEHL® D5 drops

10 ml bottle (also available in other dosage forms)

Dosage

Adults and adolescents from 12 years: 2x 5 drops daily.

NOTAKEHL® D5 drops

10 ml bottle (also available in other dosage forms)

Dosage

Adults and adolescents from 12 years: 2x 5 drops daily.

ARTHROKEHLAN® "A" D6 drops

10 ml bottle, International product (also available in the form of injections)

Dosage

Adults and adolescents from 12 years: 1 - 3x 5 drops daily.

Sanumgerman® Oral rinse

Bottle à 100 ml

Application

Add one teaspoon to 10 ml (approx. 4 teaspoons) of water and rinse the mouth twice a day for 30 seconds (do not swallow).

Pleo® Chelate Oral rinse

Bottle à 100 ml

Application

Add one teaspoon to 10 ml (approx. 4 teaspoons) of water and rinse the mouth twice a day for 30 seconds (do not swallow).