



Acute cystitis -

for years one of the most common infectious diseases›

Girls and women in particular know the problem: burning, pulling pain when urinating, an increased urge to urinate. Every year, about 10-15 % of women and girls suffer from acute cystitis, sometimes even several times. Unfortunately, this problem is not new and various speakers have already dealt with this topic at three SANUM conferences (2005, 2006, 2016).

Burning pain when urinating and a frequent urge to urinate are probably the most striking complaints of acute cystitis. The most common trigger is certainly an infection of the urinary bladder. This can be triggered by pathogens from the intestine, but also by pathogens transmitted through sexual intercourse (honeymoon cystitis). The most frequently detected pathogens include Escherichia (E.) coli, Proteus, Klebsiella, Streptococcus, Chlamydia or Mycoplasma and Ureaplasma. But fungi such as Candida albicans can also trigger cystitis.

The bladder is part of the urinary tract, which also includes the kidneys, ureters and urethra. Diseases in this system also have a psychological aspect, as the various lecturers of the past years agree.

If no micro-organisms can be considered as the cause of the complaints, but the complaints keep recurring, one should think of a psychological cause. Particularly in women, when the children are older or have left home, there is often a desire to fulfil themselves further. This can lead to problems in the partnership if the partner shows little understanding for the woman's wishes. The result is subconscious disturbances of the bladder, such as a burning bladder and the appearance of vaginal fungus. (Werthmann, 2005)

In Chinese medicine (TCM), the kidneys and bladder belong to the element of water and are responsible for water distribution in the body. The bladder and kidney meridians are assigned to this organ system. The bladder meridian is one of the longest in the body and contains the assent points (shu points) for all organs, bones and muscles. But according to TCM, the kidney is also the seat of the hereditary energy, the pre-celestial Qi. The associated emotion of the Kidney and Bladder is fear, whereby the Kidney meridian patient is more afraid of loss, failure and disappointment. The bladder meridian patient is more about holding on to old, often outdated ideas. (Fischer, 2006)

Diseases of the urogenital tract are also common in pets. There were two exciting presentations on this topic at the SANUM conference in 2016. In small animals (cats, dogs), especially in younger, female animals, cystitis occurs more frequently. Here, too, the cause is usually an ascending infection. However, mechanical stimuli caused by stones or the mating act are also possible. Affected animals usually produce only small amounts of urine, which can also be mixed with blood. However, the therapy is similar to that for humans. (Kracke, 2016)



Experience has shown that NOTAKEHL® is the remedy of choice for cystitis caused by bacteria, either the D4 hard capsules or the D3 suppositories. If the cystitis has been pre-treated with antibiotics or if there are recurrences, one should always consider the possibility of cell-free forms of bacteria. In this case, the additional use of selected SANUKEHL® preparations makes sense.

To support the mucous membrane of the bladder, we recommend FORTAKEHL® D5 drops. With the homeopathic mixture SANUCYST® an additional medicine is available for the therapy of urinary tract complaints.

Trading Forms

NOTAKEHL® D4 Capsules

20 Capsules

Dosage

1-3x 1 capsule per day.

NOTAKEHL® D3 Suppositories

10 Suppositories

Dosage

1x 1 suppository per day.

FORTAKEHL® D5 Drops

10 ml

Dosage

2x 5 drops daily.

SANUCYST® Bladder-Kidney Drops

30 ml

Dosage

acute: max. 12x 5-10 drops daily

chronic: 1-3x 5-10 drops daily

For further product information, please refer to the respective instructions for use.



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From experience to evidence.

Complementary medicine has a future. If we act.

Help to secure the wealth of experience in complementary medicine.