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## SANUM NEWSLETTER



# MUSCARSAN® and MUCEDOKEHL® - for the escape from addiction

› Due to the lockdown in the pandemic, the resulting restriction of personal possibilities to move and develop freely and the resulting fears and aggressions, many people are currently in a certain extreme situation. Domestic violence and the separation in partnerships have increased greatly because those affected cannot work off or verbalize their emotions through sports, physical activity and personal conversations.

### TOPICS

- › MUSCARSAN® and MUCEDOKEHL® – for the escape from addiction
- › ONLINE-SANUM Conference 2022 -Ways to the microbial balance
- › Vademecum

The view into the future is gloomy for many, because they fear for their economic existence, have to get into debt and many projects in the field of education cannot be completed. People get on each other's nerves. Things that are otherwise lovingly or calmly overlooked can suddenly become a problem. There is hardly any variety on the way to or even from work, only a few treat themselves to spending time in nature and extensive exercise to compensate. There is also a lack of stimulating discussions or small personal conversations at the coffee machine with colleagues. The children are querulous because of the rules that have to be observed and/or because the computer lessons can in no way replace the face-to-face lessons, and because there is no "hanky-panky," games or conversations during the breaks. They are unable to let off steam, find everything dull and boring, and become disgruntled. So, for a "change of mind," they escape from the home office and homeschooling into the TV chair, Playstation, or the Internet. It has been proven that after visiting social networks, one is even more dissatisfied than before. So it's natural to comfort themselves orally with sweets, high-calorie drinks, increased eating, and eventually some people start smoking or drinking (again) to forget their frustration. Others try gambling to cover up the unsatisfactory situation with a risky kick. Very slowly, people slip into addictive behavior and this is where the therapist is needed.

With the drugs MUSCARSAN® and MUCEDOKEHL®, prescribers have two SANUM drugs at their disposal that are very well suited for the treatment of addiction problems.

MUSCARSAN® is prepared from the mushroom *Muscaria amanita* and has been very successful over the years for the treatment of any kind of addictive behavior, be it eating, drinking, gambling or smoking addiction. This homeopathic preparation of *Muscaria amanita* is used according to experience in cerebral and nervous states of overexcitation and exhaustion, in headaches and cerebral circulatory disorders, in vertigo and intoxicated states, in delirium tremens and spastic states of



plain and striated muscles.



Disorders in the area of the digestive organs are just as much an indication as all damage caused by stimulants as well as drug and medication abuse. One prescribes MUSCARSAN® D6 in acute cases up to 6x 5 dr. or 6x 1 tablet daily, in chronic conditions 1-3x 5 drops or 1 tablet daily. It is also possible to resort to the injection solution MUSCARSAN D6 if alcohol and lactose are a problem and inject acutely s.c. 1-3x 1 ampoule daily or have the liquid taken orally.



Supporting MUCEDOKEHL® fits very well to the MUSCARSAN® treatment because it has a balancing, anxiety-relieving effect, regulates the hormonal stress axis and flushes out edema. MUCEDOKEHL® is derived from the mold *Mucor mucedo* and is prescribed as D5 dr. 2x 3 or as MUCEDOKEHL® D4 hard capsule 2x ½ to 1 daily. Ampoules for injection and suppositories are also available.

**MUSCARSAN® is available in the following dosage forms:**

#### **MUSCARSAN® D6 Drops**

10 ml Bottle  
30 ml Bottle

##### **DOSAGE**

acute up to 6x 5 drops daily, in chronic conditions 1-3x 5 drops daily.

#### **MUSCARSAN® D6 Tablets**

80 Tablets

##### **DOSAGE**

acute up to 6x 1 tablet daily, in chronic conditions 1-3x 1 tablet daily.

#### **MUSCARSAN® D5 Solution for Injection**

10 Ampoules with 1 ml

##### **DOSIERUNG**

acute inject up to 3x 1-2 ml daily s.c., for chronic conditions inject 1-2x 1 ampoule daily s.c.

**MUCEDOKEHL® is available in the following dosage forms:**

#### **MUCEDOKEHL® D5 Drops**

10 ml Bottle

##### **DOSAGE**

1x 8 drops daily before Meal

#### **MUCEDOKEHL® D5 Solution for Injection**

10x 1 Ampoules , 50x 1 Ampoules,

##### **DOSAGE**

inject 2x weekly 1 ml i.m., i.v. or s.c.

#### **MUCEDOKEHL® D4 Capsules**

20 Capsules

##### **DOSAGE**

acute 1-3x 1 capsule daily before a meal with liquid

### MUCEDOKEHL® D3 Suppositories

10 Suppositories

#### DOSAGE

1x 1 suppository daily inserted rectally before bedtime

For further information, please refer to the respective package insert.

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## ONLINE-SANUM Conference 2022 - Ways to the microbial balance

› We are very pleased to announce today the date and the overall theme of our SANUM conference this year:

07. and 08. May 2022

The duo lung & intestine - when one dances out of line  
Balancing act between two body systems

Currently, we are in the process of designing an attractive and informative lecture program for you. And although we have to let our event take place in the virtual world again, we hope for your interest and are already looking forward to your participation!

Detailed information on the program as well as the possibility to register will be available soon at [www.sanum.com](http://www.sanum.com) or we will keep you up to date via our following newsletters.

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### The VADEMECUM - From experience to evidence.

Complementary medicine has a future. If we act.

Help to secure the wealth of experience of complementary medicine.

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