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Skin fungus - something sour does not always cheers you up

The frequency of fungal infections of the human organism has been increasing worldwide for years. Diseases caused by mycoses are so varying and extensive that it is often difficult for many therapists to make a correct diagnosis and thus a targeted and promising therapeutic decision.

From the group of fungi, most infections are caused by *Candida albicans*, *Candida tropicalis*, *Candida krusei* and *Candida parapsilosis*. *Candida parapsilosis* and other species of *Candida* affect the intestines and mucous membranes of healthy organisms.

Candida parapsilosis is almost distributed everywhere and usually occurs in humans as a heterotrophic commensal, which feeds on dead remaining cells and lives in symbiosis with humans.

Changes in the environment of the body can cause a change of shape and proliferation in *Candida parapsilosis*. This leads to dysbiosis, which can lead to mycosis on the mucous membranes in the mouth and throat area as well as in the genital area or in the digestive tract. The skin and especially the feet are also frequently affected. Mycoses can turn problematic in weakened patients, especially after treatment with antibiotics, in immunocompromised patients with AIDS/HIV/diabetes mellitus, oncological patients and elderly patients, especially after intestinal surgery.

Many fungi prefer an acidic body environment for their development. It should also be noted that sugar and white flour promote hyperacidity, as these are, among others, the mushrooms' favourite foods. A characteristic feature of *Candida* infestation is an

increasing craving for sweets. Mycoses should therefore also be treated by regulating the body's environment, in which the human diet should be mainly alkaline.

PEFRAKEHL® contains a special extract of *Candida parapsilosis* and has proven to be effective in the treatment of mycoses. This homeopathic medicine counteracts dysbiosis and reduces the change in shape and proliferation of fungal colonisation. Thus the restoration of a healthy fungal flora can be supported.

Fields of application

The therapeutic scope of PEFRAKEHL® includes the following areas of application:

- mycoses of the intestine
- mycoses of the skin and mucous membranes
- nail fungus and nail fold infections
- fungal infections of the feet through filamentous fungi (athlete's foot/dermatophytes)
- beard lichen (by filamentous fungi of the trichophyte species)
- ear mycoses
- intertrigo (intertriginous eczema, skin wolf)
- diseases of bacterial and viral origin
- rhagades
- aphthae
- pemphigus vulgaris
- lymphadenitis
- cystitis
- otitis externa
- acne
- dental granulomas

Depending on the occurrence of the disease, the therapist has various forms of application at his disposal:

PEFRAKEHL® D5 drops
10 ml bottle with dropper
Dosage: 1-2x 5 drops daily

PEFRAKEHL® D6
Liquid dilution for injection
10 ampoules of 1 ml each

PEFRAKEHL® D3 suppository
10 suppositories

Dosage: 1x 1 suppository daily

PEFRAKEHL® D3 Ointment
30 g ointment

Dosage: 2x 1 ampoule weekly

PEFRAKEHL® D4 capsules

20 capsules

Dosage: 1-3x 1 capsule daily

Dosage: Apply thinly to the affected skin

1-3 times a day



For further product information please refer to the respective package inserts.

Stay healthy.