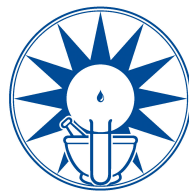


Konrad Werthmann, M.D.

**The
SANUM Therapy
Prescription Book**



HELIOS
HOMŒOPATHY

A passion for healing

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HELIOS HOMŒOPATHY

A passion for healing

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Disclaimer:

The purpose of this book is to provide information about the use of SANUM preparations for a wide range of medical problems. However, illness can be highly unpredictable, and the best possible expertise should always be consulted. No liability is accepted by the author and publishers for any claims arising from the use of any remedy or prescribing strategy discussed here.

To the reader:

This book of SANUM medicinal products has been compiled from research conducted by leading homeopathic practitioners in and outside of Germany. The collected research and uses discussed here have been reviewed by a distinguished panel. This valuable compilation of known medicinal uses of the remedies is made available to interested practitioners and researchers in many countries.

The production process of the homeopathics covered by this book is strictly based on the German Homeopathic Pharmacopoeia (Homöopathisches Arzneimittelbuch), which essentially has been adopted by many other countries. However, because not all products, dosage forms or intended uses are available or approved by the relevant authorities in all national markets, practitioners are advised to seek local guidance regarding the legal status of the products and intended uses in their areas.

Practical Application of Microbiological Medicines

The understanding for the use of microbiological medicines can be easily enlightened through the knowledge of Enderlein's theory.

A brief outline shows the micro-world of bacteria as symbionts, which only with milieu changes develop to pathogenic forms. Individual specific criteria are also stated which on the one hand are repeatedly recommended in therapy suggestions and on the other hand, disregarded, will lead to the prolonged impairment of a therapy.

Of course, each therapy can be implemented according to one's own ideas but the experience of many therapists is of significant value and together with the SANUM Therapy's systematics, these can be complimented with each other.

1. Pleomorphism

The "Milieu is everything" (Bernard) and bacteria only develop according to the milieu. This important knowledge still remains paradigmatic even 100 years after Bernard's statement.

A milieu unsuitable for bacteria doesn't allow specific bacteria cultures to thrive. This is proven by regular bacteriology which requires exactly described and specified culture media with an appropriate pH value.

A further paradigm is the microbe's pleomorphic development and the changes of one and the same organism in blood or in other body fluids can be seen by dark field microscopy.

In the animal world more than enough pleomorphism is to be found. This is particularly obvious in the butterfly which develops from it's beginnings as an egg to a caterpillar on the tree, to the cocoon and finally into a butterfly.

Similarly, microbial basic forms can develop over physiologically important regulatory stages into highly pathologic bacterial or sporoidic forms in the blood. These tiny life forms simply become transparent and are invisible under light microscopic conditions.

These basic forms are proteins which are very small (nano range) and can survive temperatures of up to 350°C and – 70°C below zero. High valences are built by aggregations which are to be imagined as 'hooked into each other' (Bleker) and can be linear or spherically shaped. Bacterial forms can be seen in extreme cases.

By copulation with the basic forms, such high valences recede again into more or less physiological forms. This is something quite new and unbelievable in conventional bacteriology. This possibility of microbial recession under alkaline milieu conditions and the presence of basic forms is the sum and substance of the isopathic way of thinking. Microbial recession is also achieved by isopathic remedies.

Relationship: Cyclode – Illnesses

Mucor racemosus (Mucokohl)

"Type prone to blockades"
physically plump (too much protein)
dynamic, liver type

Penicillium (Notakehl)

Aspergillus (Nigersan)

"Degenerative Type",
asthenic, slender boned,
forthright

Therapy: Removal of Blockage Therapy: Excretion

- Every blockage
- All blood related illnesses
- Veinous illnesses
- Wounds
- Haemorrhoids
- Tinnitus
- Neurodermatitis

- Inflammations
- Suppuration
- Infections
- Staphylococci,
Streptococci
- Rheuma
- Nerval afflictions

- Tbc, Para-Tbc
- Lungs, Bronchi
- Asthma
- Arthrosis, M. Bechterew
- Cysts, ovarial Cancer
- Prostate diseases
- Tumours

Source: Dr.med. T. Rau

2. Cyclogens

The cycle of development to pathological forms and their break-down to physiological valences was named 'Cyclogeny' by Professor Enderlein.

The fundamental cyclogeny is that of the *Mucor racemosus*. Professor Enderlein called this organism 'Endobiont', as it is to be found in each body cell as well as in the sperma and female ovum.

As with all other cyclogenies, the basic cyclogeny has a low valenced physiologic and a high valenced pathologic part.

The cyclogeny of *Aspergillus niger* arises from the physiologic (low valence) part (Chondrit and Protit stages) and from the pathologic (high valence) range the cyclogeny of the *Penicillium* series.

The cyclogens of *Aspergillus niger* and *Mucor racemosus* is the basis of all ailments and are responsible for their chronicity.

Whilst *Mucor racemosus* is responsible for the blood stream and the blood's viscosity, *Aspergillus niger*'s domain is the cell wall and the cell interior. The *Penicillium* cyclogeny is responsible for acute inflammatory occurrences.

3. What is Isopathy?

For millions of years, colloids of the fungi *Mucor racemosus* Fresenius and *Aspergillus niger* van Tieghem have been living in humans and all mammals. In healthy organisms they appear as primitive or basic forms which are useful for regulative processes.

Various causes, such as dietary disorders, too much protein or carbohydrates, stress, heavy metals, emotional burden, adverse natural environmental conditions or senility are responsible for the development of the primitive forms to a higher stadium, which become parasitic.

The parasite runs through all stages of its development in the body, from the initial colloid stage to bacteria and fungi. Colloid, bacterium and fungi were previously regarded to be independent and unchanging organisms. Enderlein recorded these development processes and declared that all these stages form a sole common cycle.

According to Dr Bleker, these various manifestations - viruses, bacteria, fungi - evolve through the higher development of the primitive forms, provided a corresponding milieu is existent.

Enderlein discovered that pathologic forms could be degraded again into low valence fragments by basic forms. This is also achieved by using SANUM remedies. Then emerging catabolic products are to be discharged by the body. If this excretion is not completely successful, then an upwards development can arise again. Isopathy is therefore: the various existing higher development forms are returned into lower phases which can then leave the body. The relevant organs are supported by accompanying excretion processes.

4. Milieu

The milieu is determined by various factors. For the maintenance of all vital functions, the core components are the blood as the everlasting powerful buffer and the connective tissue with all its regulation facilities and as an ideal deposition place for problematic substances (waste products).

The excretion systems and defence mechanisms, such as the lymph organs, kidneys, respiratory organs, skin as well as the digestive system help to keep the milieu in the different tissues in an optimal state. For this purpose the relevant low valence forms have to be excreted.

The body however is not always able to excrete properly, in particular this is the case with an unhealthy intestinal mucous membrane, which uncritically allows the diffusion of proteins and/or has absorption difficulties for trace elements which are important for enzyme reactions. This can be therapeutically solved, by using specific excretion medicaments: Mucor racemosus (MUCOKEHL Excretion 6X) or Aspergillus niger (NIGERSAN Excretion 6X).

This method is also practised in this book and used in the prescriptions in which basic therapies are carried out from Monday to Friday and suspended at weekends. These breaks are then used in another way.

A further reflection serves this process. As previously mentioned in points 1 and 3, the Penicillium cyclogeny is originated in the pathologic part of the Mucor cyclogeny. As the demolition of a house begins from the roof downwards, the therapy of the pathologic forms starts with the Penicillium cyclogeny and the medication of the basic cyclogeny is carried out afterwards. In order to avoid the possibility of the non-excreted fragments of the Penicillium cyclogeny developing again into high valences, preparations from the Penicillium series are used on weekends.

The following basic therapy is well proven in practice:

Penicillium Preparations:

FORTAKEHL	Penicillium roquefortii
NOTAKEHL	Penicillium chrysogenum
QUENTAKEHL	Penicillium glabrum

Basic Preparations:

MUCOKEHL	Mucor racemosus
MUCEDOKEHL	Mucor mucedo
NIGERSAN	Aspergillus niger

There are, of course, plenty more fungal preparations, but these few are the ones mostly used.

5. Immuno-biological remedies

There are many effective immuno-biological preparations, whose application and therapy performance depend on the individual case. These medicines require intact Peyer's patches, a mucous membrane regenerating diet and a healthy lawn of bacteria.

Immuno-biological preparations including haptenes should therefore not be administered alone. Their optimal efficacy is only developed by simultaneous treatment with isopathic remedies. The immuno-biological preparations support isopathic medicines and are not an isolated method of healing.

BOVISAN	Mycobacterium bovis
LEPTUCIN	Propionibacterium avidum
UTILIN	Bacillus subtilis
RECARCIN	Bacillus firmus
LATENSIN	Bacillus cereus
UTILIN "S"	Mycobacterium phlei

SANUKEHL Acne	Propionibacterium acnes
SANUKEHL Brucel	Brucella melitensis
SANUKEHL Cand	Candida albicans
SANUKEHL Coli	Escherichia coli
SANUKEHL Klebs	Klebsiella pneumoniae
SANUKEHL Myc	Mycobacterium bovis
SANUKEHL Prot	Proteus vulgaris
SANUKEHL Pseu	Pseudomonas aeruginosa
SANUKEHL Salm	Salmonella enteritidis
SANUKEHL Serra	Serratia marcescens
SANUKEHL Staph	Staphylococcus aureus
SANUKEHL Strep	Streptococcus pyogenes
SANUKEHL Trich	Trichophyton verrucosum

6. Intestinal Mucous Membrane

As with all medicinal therapies, rapid and sufficient success is achieved only with a well constructed intestinal mucous membrane. More than four fifths of all people suffer from a dystrophy or atrophy of the intestinal mucous membrane as well as the consequences of these disorders.

A well formed intestinal mucous membrane is the largest producer of Immunoglobulin A (IgA) which plays an important role in the development of the immune system. Besides identifying toxins and bacteria, IgA first and foremost seals the intercellular spaces hence reducing the penetration of bacteria and large luminal molecules to a minimum.

At the same time, a fully developed intestinal mucous membrane can undertake the absorption of vital minerals and nutritional components and select the diffusion of proteins.

An unhealthy intestinal mucosa allows heavy metals to pass through and cannot absorb vital minerals and metabolic products, therefore is incapable of building a normal lawn of bacteria. Only this is able to break down cellulose to prevent fermentation and putrefaction in the small intestine.

Increased fungal growth results from a missing normal lawn of bacteria. Restoration of the mucosa enteralis can only be achieved by a special diet excluding the primary antigens.

A healthy intestinal mucous membrane contains fully functional Peyer's patches. They are the breeding ground of T and B cells. These cells activate the defences, motivate the macrophages and are of immense importance for the success of the therapy.

Without the activation of the Peyer's patches, the therapy will only achieve partial results. This applies for every form of therapy and especially for a milieu regulating, isopathic one.

Furthermore, only a well built and fully functional mucosa enteralis can house a lawn of bacteria which produce the necessary three-fold conjugated unsaturated fatty acids. These guarantee a proper functioning reactional behaviour (Selye) after taking medication. If a good working bacterial lawn is not present, chronic illnesses and above all a partial or total failure of the therapy may result.

7. Candidiasis

Candida is a frequently occurring yeast. In most Candida mycoses a heavy metal burden exists at the same time, as Candida removes heavy metals (similar to algae) and appears in countless forms in the human intestines. Only Candida albicans is a typical saprophyte.

A candidiasis, regardless where it appears, is always a warning signal for the local milieu and never an expression of an infection (Enderlein). A local candidiasis is always connected with a candidiasis of the intestine at the same time, therefore, the varying causes must be considered.

The greatest milieu disorder lays in the intestine, and connected with this disorder is the problem of the atrophy of the intestinal mucosa and consecutive bacterial decrease. This mis-colonisation in which the breakdown of cellulose cannot be correctly executed leads to fermentation and putrefaction.

It must also be considered that the Candida population is a "help organisation" by overcoming a heavy metal burden. Consequently, with each candidiasis, the therapy must take into consideration the possible causes. An appropriate diet is to be implemented, and a secondary pancreas insufficiency must be considered.

For this reason, the consumption of fresh fruit, fresh vegetables and dried fruit are not permitted for the first three months, and all food must be cooked.

In addition, amalgam fillings in the teeth must be replaced by synthetic or other materials.

A classical medicine anti-mycotic therapy forces fungus to migrate into the sub-mucosa and feed on blood sugar. Shortly after the end of such a therapy, the fungus is then again present in the lumen of the bowel; this situation is completely different after an isopathic therapy.

8. Alkalisisation

Alkalisisation of the body or individual organs is processed in various ways. One can generally attain this by following a diet consisting of basic foods and fasting, but this is a slow process.

With allergies which are always brought about by way of acidification and much easier generated in an acid milieu, sodium bicarbonate is the best base preparation and is at the same time the best anti-allergicum. It is contained in ALKALA T tablets which should be dissolved in hot water. This accelerates the passage through the stomach and the pylorus. It is urgently needed in the upper gut. Cold water inhibits the passage of the stomach.

The intensive care physician is familiar with the immense meaning of the acid base balance for the human organism, of which the normal physician knows little. The acid base balance plays a decisive role concerning physical health and illness.

The ideal biological pH value of the majority of tissue and blood is 7.4. The pH value of blood can fluctuate between 7.3 and 7.45 depending on the organism's buffer capacity.

Buffer capacity is influenced by many factors, such as:

- Disturbance fields (root canal treated teeth, amalgam)
- Chronic diseases
- Treatment such as chemo-radio-therapy, antibiotics and antidolorosa
- Drug abuse.

9. Metals

Many metals block the oxydative and fermentative processes adversely affecting the physiological processes.

Firstly, all denture materials are to be named, besides amalgam, platinum, gold, and palladium. Materials are also present in root fillings which have the characteristics of heavy metals. With chronic illnesses, therapists must always (at the same time without compromise) take the teeth into consideration. Compromise only leads to partial results or total failure and impedes each therapy.

10. Nasal Lavage

The nasal lavage serves the rinsing of the nose and sinuses, dissolves secretion and promotes the regeneration of the mucous membrane.

The chosen remedies are drawn up in a syringe. The patient lies on the back with the head bent backwards as far as possible. The mixture is then slowly dripped (in two equal parts) with the syringe (without needle) into the nostrils. It is important to allow the solution to run along the nasal septum of the treated side. The head is carefully rocked from one side to the other to allow the fluid to be distributed in the cavities. This process takes 5 to 10 minutes. This kind of treatment is easily done at home either by the patient or with the help of another person.

11. Guide to Use

The prescriptions and therapy suggestions are above all aimed at minimising the application of injections. The therapy suggestions correspond to the stated aspects and comprise many possibilities of incorporating isopathy and immune-biologic remedies into individual therapies.

Finally, it is of no consequence whether the medicament is administered in a solution for injection or another form. Some therapists find ampoules easier to handle whilst others prefer capsules, suppositories or drops.

The following points are to be observed with the administration of the SANUM preparations:

- With treatment of infectious diseases, official governing legislation for contagious diseases are to be observed.
- MUCOKEHL and MUCEDOKEHL are not to be administered on the same day as NOTAKEHL, this can neutralise efficacy.
- All tablets, capsules and suppositories contain lactose.
- Eye drops are to be applied into the outer corner (towards the ear) of the palpebral fissure. From the outer palpebral fissure the solution must pass the whole eye thus unfolding its efficacy.

4-Steps-Basic Scheme of SANUM Therapy according to Dr. Konrad Werthmann

Duration of the treatment: 6 to 8 weeks (depending on the clinical picture and the course of treatment)

Step 1 **Milieu Regulation during the complete therapy duration**

Change of nutrition to repair the intestinal mucosa's atrophy by omitting the primary antigens (cow's milk and hen's eggs)

Deacidification / detoxication:

ALKALA N, SANUVIS, CITROKEHL, FORMASAN;
CERIVIKEHL, OKOUBASAN, USNEABASAN

Substitution:

SELENOKEHL, ZINKOKEHL, MAPURIT L, LIPISCOR, Vitamins

At the same time start with

Step 2

Specific Regulation with fungal preparations

NOTAKEHL	(bacterial affections)	or
QUENTAKEHL	(viral affections)	or
FORTAKEHL	(intestine affections)	or
EXMYKEHL	(fungal affections)	or
PEFRAKEHL	(fungal affections)	or
GRIFOKEHL	(herpes affections)	or
ALBICANSAN	(candida affections)	or
LARIFIKEHL	(respiratory tract and intestine diseases, primary chronic polyarthritis)	

After 10 to 20 days change to

Step 3

Basic Regulation with fungal preparations

MUCOKEHL in the morning and NIGERSAN in the evening or 2x daily SANKOMBI for 5 days, alternatively with the fungal preparation used in Step 2 for 2 days. (From Monday to Friday: MUCOKEHL/NIGERSAN or SANKOMBI and Saturday to Sunday the fungal preparation used in Step 2 according to the scheme 5 - 2 - 5 - 2 for two weeks.

At the same time begin with

Step 4

Immuno-modulation with bacterial preparations

LATENSIN, RECARCIN, UTILIN or UTILIN "S";
BOVISAN;
SANUKEHL preparations

SANUM Excretion Cure

1. Monday - Friday: in the morning OKOUBASAN 2X drops in daily alternation with USNEABASAN drops each with 1x 5-10 (begin with 2-3 drops!)
2. Saturday and Sunday: in the morning LUFFASAN 4X tablets 1x 1-2 daily (begin with 1/2 tablet)
3. Additional daily:
SELENOKEHL 4X drops in the morning 1x 10
MAPURIT L capsules at noon 1x 1 and
ZINKOKEHL 3X drops in the evening 1x 10-12
4. Nutrition according to Dr. Werthmann
(omitting cow's milk, hen's eggs and pork)
5. Duration: numerous weeks or months

General dosage proposal for children (They are to be adapted to the clinical picture and the therapy course)

Fungal preparations:

For topical or oral administration: 1x daily 1 drop for every year (e.g. 5 drops for a 5 year old child); Children over 8 years: dosage as for adults

SANUKEHL preparations:

Not suitable for children under 2 years. Children over 2 years: as topical administration 1x 1 drop for every year (e.g. 5 drops for a 5 year old child) every 1 or 2 days ; Children over 8 years: dosage as for adults.

Bacterial Preparations:

Not suitable for children under 2 years. Children over 2 years: as topical administration 1x 1 drop for every year (e.g. 5 drops for a 5 year old child) once or twice weekly; Children over 8 years: dosage as for adults.

Abdominal Complaints, Upper

see gastroenteritis, [disorders of pancreas](#), [naval colic](#), [cystitis](#), [dysmenorrhoea](#), [migraine](#), [allergic diseases](#)

Check: appendix, [gastritis](#), pancreas, gall bladder, basal pneumonia, [menstrual disorders](#), with children also a symptom of [migraine](#). It is mainly a matter of milieu damage of the intestinal mucous membrane.

IMPORTANT: Immediately [ALKALA N powder](#) 1 measuring spoonful taken in warm water. Makes the small intestine alkaline. Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[SILVAYSAN capsules](#) 3x 1 daily.

[FORTAKEHL 5X drops](#) mornings and [PINIKEHL 5X drops](#) evenings each 1x 3-10 daily for seven days, then [MUCOKEHL 5X drops](#) mornings and [SANKOMBI 5X drops](#) evenings each 1x 3-10,

Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) mornings and [PINIKEHL 5X drops](#) evenings each 1x 3-10 daily.

1-2x weekly injection deep i.m. with a mixture of: [SANUVIS ampules](#) 2 ml, [CITROKEHL ampules](#) 2 ml, Lidocaine 1% ampules 1 ml. If necessary - in addition: Ubichinon comp. ampules Heel 2 ml,

Hepar comp. Heel ampules 2 ml, [UTILIN 6X capsules](#), [RECARCIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm water.

[SANUVIS tablets](#) 2x 1 daily.

[CITROKEHL tablets](#) 2x 1/2 daily.

Excretion with [HEXACYL drops](#) 1x 1-5 daily.

[FORTAKEHL 5X drops](#) mornings and [PINIKEHL 5X drops](#) evenings each 1x daily 1 drop for every year for rubbing in and/or orally for ten days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year

for rubbing in and/or orally, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) mornings and [PINIKEHL 5X drops](#) evenings each 1x daily 1 drop for every year for rubbing in and/or orally.

[UTILIN 6X drops](#) and [RECARCIN 6X drops](#) alternating daily 1x 5 for rubbing in.

Abscess

see [furunculosis](#)

Principal Preparation: NOTAKEHL Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[NOTAKEHL 5X tablets](#) 2x 1 daily for 14 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings.

[SANUKEHL Staph 6X drops](#) 1x 10 daily orally.

[LATENSIN 6X drops](#) 1x 5 daily orally. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

Excretion with [HEXACYL drops](#) 1x 5 daily.

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 14 days, then [SANKOMBI 5X drops](#) 2x 5-8 daily for rubbing in and/or orally. Additional treatment:

Local therapy at formation of an [abscess](#) with an injection underneath the infected area with: [NOTAKEHL 5X ampules](#) 1 ml, Procaine/Lidocaine 1% ampules 0.5 ml to 1 ml.

Local therapy for already existing [abscesses](#): [MUCOKEHL 5X ampules](#) 1 ml - [MUCOKEHL 7X ampules](#) 1 ml, Procaine/Lidocaine 1% ampules 0.5 ml to 1 ml. The longer the duration of the [abscess](#), the higher the administered potency.

Possibly [LATENSIN 6X ampules](#) injection 1 ml i.m. every 2 weeks.

Nasal [abscesses](#) with accompanying infection of the sinus: Nasal lavage 1x daily with a mixture of 20 drops [NOTAKEHL 5X drops](#) and 20 drops saline solution.

Acne

Partly hormone related, change dietary habits, no pork products, eat plenty of cooked fish, stool regulation. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 60 daily.

[LIPISCOR capsules](#) 2x 5 daily.

[ZINKOKEHL 3X drops](#) 2x 10 daily.

[TARAXAN 3X ampules](#) injection 2x 1 ml i.m. weekly or [HEXACYL drops](#) 1-3x 5 daily.

[NOTAKEHL 5X drops](#) alternating daily with [PEFRAKEHL 5X drops](#) each 2x 10 orally and/or for rubbing in for 14 days, then [MUCOKEHL 4X capsules](#) mornings and [NIGERSAN 4X capsules](#) evenings each 1x 1, Mon-Fri; Sat/Sun [NOTAKEHL 5X drops](#) 2x 10 daily.

[SANUKEHL Staph 6X drops](#) and [SANUKEHL Acne 6X drops](#) in daily alternation each 2x 5 orally and/or for rubbing in.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 3x 1 weekly.

[LATENSIN 6X capsules](#) 1x 1 weekly. Additional treatment:

Massage with Oil of Evening Primrose. Soft soap baths.

1x weekly injection deep i.m. with a mixture of: Ubichinon comp. Heel ampules 2 ml, [CITROKEHL ampules](#) 2 ml.

Acne rosacea

see [erythematous syndrome](#)

Acrodermatitis

see [allergic diseases](#), [general viral infections](#)

Begins from age 50. The skin is thin, atrophic, creasable, reddish-blue, hairless. Take into consideration root of the tooth treatment, any root remains and granuloma, remove amalgam.

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 30 daily.

[LIPISCOR capsules](#) 2x 1 daily.

[MAPURIT L capsules](#) 2x 1 daily.

[ZINKOKEHL 3X drops](#) 2x 10 daily.

[NOTAKEHL 5X drops](#) and [QUENTAKEHL 5X drops](#) in daily alternation each 2x 5-8 orally and/or for rubbing in, then [MUÇOKEHL 5X drops](#) 1x 10 mornings and [NIGERSAN 3X suppositories](#) evenings 1x 1, Mon-Fri; Sat/ Sun [NOTAKEHL 5X drops](#) and [QUENTAKEHL 5X drops](#) in daily alternation each 2x 10 orally and/or for rubbing in.

[SANUKEHL Brucel 6X drops](#) and [SANUKEHL Myc 6X drops](#) in daily alternation 2x 5 half orally, half for rubbing in.

[UTILIN 6X capsules](#) and [LATENSIN 6X capsules](#) each 1x 1 in weekly alternation. Additional treatment:

Rub in with Oil of Evening Primrose into the skin.

2x weekly injection deep i.m. with a mixture of: [NOTAKEHL 7X ampules](#) 1 ml, [QUENTAKEHL 5X ampules](#) 1 ml, [SANUKEHL Acne 5X ampules](#) 1 ml, Lidocaine/Procaine 1% ampules 1 ml.

Actinomycosis

"Ray fungus disease", principally from dental defects, therefore dental restoration; through the lymphatic tract into the cheeks. IMPORTANT: Always inject the infected area 2-3x weekly with a mixture of 1 ml [NOTAKEHL 5X ampules](#) and 1 ml Lidocaine/Procaine 1% ampules. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[ZINKOKEHL 3X drops](#) 2x 10 daily.

[NOTAKEHL 5X tablets](#) 2x 1 daily over two weeks, then [MUCOKEHL 5X tablets](#) mornings 1x 1 and [NIGERSAN 3X suppositories](#) evenings 1x 1, Mon-Fri; Sat/ Sun [NOTAKEHL 5X tablets](#) 2x 1 daily. [SANUKEHL Myc 6X drops](#) and [SANUKEHL Coli 6X drops](#) in daily alternation each 2x 5 half orally, half for rubbing in.

From 3rd - 4th week injection under the infected area 1x weekly with a mixture of: [NIGERSAN 5X ampules](#) 1 ml, MUCOKEHL 5X ampules 1 ml, Lidocaine/Procaine 1% ampules 0.5 ml. In case of [abscess](#) formation:

Puncture and injection of [NOTAKEHL 5X ampules](#) 1 - 2 ml into the cavity of the [abscess](#).

Addison`s Disease

Exclude tuberculosis of the lungs! Regular control of urinary and blood sugar! Continue cortisone, antibiotics and hormones for the moment, reduce or discontinue as soon as possible. Root treated teeth block the isopathic therapy!

Principal Preparations: MUCOKEHL, NIGERSAN Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[NOTAKEHL 5X tablets](#) 2x 1 daily over 7-10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings daily, after two weeks [MUCOKEHL 3X suppositories](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 3X suppositories](#) 1x 1 daily.

[UTILIN 6X drops](#) and [LATENSIN 6X drops](#) each 1x 5-10 in weekly alternation. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

From age of two years on [SANUKEHL Pseu 6X drops](#) and [SANUKEHL Klebs 6X drops](#) in daily alternation 2x daily 1 drop for every year for rubbing in and/or orally.

Adiposity

Many causes of a physical and emotional nature possible, check female hormone status, heavy metals. Eliminate defective nutrition! Important: drink 3x daily 1/4 litre tap water (= "thirst disease"), in the case of inferior tap water then drink the appropriate quantity of mineral water.

Principal Preparations: MUCEDOKEHL, LIPISCOR, GINKGOBAKEHL Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 30 daily, [CITROKEHL tablets](#) 2x 1 daily.

[LIPISCOR capsules](#) 2x 5 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily or [GINKGOBAKEHL 4X drops](#) 1-3x 5 daily.

[ZINKOKEHL 3X drops](#) 2x 10 daily.

[MUSCARSAN 6X drops](#) 2x 5-8 daily.

[FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCEDOKEHL 4X capsules](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/ Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

[SANUKEHL Coli 6X drops](#) 2x 5-10 daily orally.

[UTILIN 6X capsules](#) 2-3x 1 weekly for 14 days, then [UTILIN 6X suppositories](#), [LATENSIN 6X suppositories](#) and [UTILIN "S" 6X suppositories](#) each 1x 1 in weekly alternation.

Every 4 weeks injection deep i.m. with a mixture of: [UTILIN "S" 6X ampules](#) 1 ml, [CITROKEHL ampules](#) 2 ml, [SANUVIS ampules](#) 2 ml. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS drops](#) 3x 10 daily.

[HEXACYL drops](#) 1-3x 1-3 daily or [GINKGOBAKEHL 4X drops](#) 1-3x 1-3 daily.

[ZINKOKEHL 3X drops](#) 2x 10 daily.

[LIPISCOR capsules](#) 2x 2 daily,

[MUSCARSAN 6X drops](#) 2x daily 1 drop for every year.

[FORTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [MUCEDOKEHL 5X drops](#) 1x daily 1 drop for every year for rubbing in and/or orally mornings and [NIGERSAN 5X drops](#) 1x daily 1 drop for every year for rubbing in and/or orally evenings.

[UTILIN "S" 6X drops](#) 1x 2-5 weekly orally. Additional treatment:

Carnitin 1-2 g. daily, increases capability to burn off body fat. Regulate mineral balance with "Schuessler" mineral salts.

Adnexitis

Always clean intestine (constipation, germ infiltration), strict diet with omission of milk products of all species.

Principal Preparations: NOTAKEHL, NIGERSAN

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[CITROKEHL tablets](#) 2x 1 daily.

[NOTAKEHL 3X suppositories](#) 2x 1 daily insert rectally for 14 days, then [MUCOKEHL 3X suppositories](#) 1x 1 mornings rectally and [NIGERSAN 3X suppositories](#) 1x 1 evenings rectally, Mon-Fri;

Sat/Sun [NOTAKEHL 3X suppositories](#) 2x 1 daily.

[SANUKEHL Coli 6X drops](#) 2x 10 daily orally and/or for rubbing in.

[UTILIN 6X capsules](#) 1x 1 weekly.

[UTILIN "S" 6X drops](#) and [LATENSIN 6X drops](#) in weekly alternation each 2x 5 for rubbing in. Once acute complaint has eased off, change to [LATENSIN 6X capsules](#) and [UTILIN "S" 6X capsules](#)

1x 1 in weekly alternation. Additional treatment:

[CITROKEHL ampules](#) 1-3x weekly injection 2 ml i.m.

[UTILIN "S" 6X ampules](#) 1x weekly injection 1 ml deep i.m.

[SANUKEHL Coli 7X ampules](#) 1x weekly injection 1 ml s.c. Alternative treatment with injections:

1x weekly injection i.m. with a mixture of: [NOTAKEHL 5X ampules](#) 1 ml, [PEFRAKEHL 6X ampules](#) 1 ml

1x weekly injection deep i.m. (if necessary - separately) with a mixture of: [RELIVORA COMPLEX ampules](#) 2 ml, [FORMASAN ampules](#) 2 ml, Lachesis 30X ampules 1 ml, Pyrogenium 20X

ampules 1 ml, Medorrhinum-Injeel ampules (Heel) 1 ml, Procaine/Lidocaine 1% ampules 1 ml. Additional treatment:

Neural therapy according to Huneke with a mixture of 1 ml [NOTAKEHL 5X ampules](#) and 1 ml Lidocaine/Procaine 1% ampules, either as segment therapy of the periosteum of the pecten ossis pubis or 2 and 4 fingerwidth para-vertebral of the spinal column infiltration of the Ganglion "Frankenhäuser" over the pecten ossis pubis.

Aging / Senility, Symptoms of

see [leaky gut syndrome](#), [atrophy of the intestinal mucous membrane](#)

Always take into consideration candida and heavy metals. Here many different systems are to be considered: e.g. vascular system, liver, pancreas, intestinal tract, kidneys and redox system; low fat diet, reduce nicotine and alcohol consumption. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[MAPURIT L capsules](#) 2x 1 daily.

[SELENOKEHL 4X drops](#) 1x 10 daily mornings

[ZINKOKEHL 3X drops](#) 1x 10 daily evenings.

[GINKGOBAKEHL 4X drops](#) 1-3x 5 daily and additionally [GINKGOBAKEHL 4X ampules](#) 2x 2 ml i.m. or i.v. weekly.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 20 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 2x 1 daily.

[UTILIN 6X capsules](#), [LATENSIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 2x 1 weekly.

[REBAS 4X capsules](#) 2x 1 daily for four weeks, then a pause for a few months and then repeat.

[UTILIN "S" 6X ampules](#) 1x 1 ml every four weeks deep i.m. Generally for all patients:

1-2x weekly injection i.m. with a mixture of: [CHRYSOCOR 5X ampules](#) 2 ml, Cystein-Injeel ampules (Heel) 1 ml.

Women: additionally Ovaria comp. ampules (Wala) 2 ml, Men: additionally Testes comp. ampules (Wala) 2 ml.

Lidocaine/Procaine 1% ampules 1 ml. Additional treatment:

Chrome-GTF capsules 1x 1 daily.

Agranulocytosis

see [granulocytopenia](#), [allergic diseases](#)

Allergy related, within a few hours Granulocytopenia sets in with chills, destruction of mucous membrane of the tonsils, anal and genital area. Observe the intestinal system; diet. Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[FORMASAN drops](#) 2x 5-10 daily, [SANUVIS drops](#) 2x 30 daily, [CITROKEHL drops](#) 2x 10 daily.

[FORTAKEHL 5X tablets](#) 1x 1 mornings and [NOTAKEHL 5X tablets](#) 1x 1 evenings daily for 14 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings,

Mon-Fri; Sat/ Sun [FORTAKEHL 5X tablets](#) 1x 1 mornings and [NOTAKEHL 5X tablets](#) 1x 1 evenings daily, [UTILIN "S" 6X drops](#) 2x 5 daily orally and/or for rubbing in.

[SANUKEHL Pseu 6X drops](#) 1x 10 daily orally and/or for rubbing in.

2-3x weekly injection deep i.m. with a mixture of: SANUKEHL Pseu 5X ampules 1 ml, [SANUVIS ampules](#) 1 ml, [CITROKEHL ampules](#) 1 ml. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS drops](#) 3x 10 daily.

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, for two weeks, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri;

Sat/Sun [NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Pseu 6X drops](#) 1x 1-5 daily, maximum of 10 drops. Additional treatment:

Injection to the tonsil or anal/genital region (suppression) with a mixture of 1 ml [NOTAKEHL 7X ampules](#) and 0.5 ml Lidocaine/Procaine ampules. With children an adaptation of the dosage is necessary!

Allergic Diseases

An allergy is the overreaction against substances which the organism is unable to break down and render harmless. It is, so to speak a hysterical reaction which serves to protect the organism.

Allergies are always founded in the intestinal region. In the first nine months of a baby's life, its stomach is only equipped to receive the breast milk of the mother. As a result of an over-shooting reaction, every other type of milk (all formula baby milk preparations are derived from cow's milk) can cause the destruction of the intestinal mucous membrane, the Peyer's Patches and the villous foulds. As a result of the [atrophy of the intestinal mucous membrane](#) the formation of immunoglobulin A (IgA), also partly IgG subsides, and due to the loss of the Peyer's Patches the defence cells T3/T4 decrease. An allergy cannot be "deleted", because the plasma cells (formerly B-Lymphocyte) always clone themselves. One can only achieve a minimal tolerance through an omission diet (or through "de-sensibilisation"). Intestinal allergies in baby's occur particularly against cow's milk, eggs and their related products as well as wheat (gluten). Further enteric allergies appear later and are caused by the immaturity of the growing intestinal villi. Vicaration according to Reckeweg means that an organ e.g. intestines becomes "worn out" through too many antigens. Secretion of products (histamine, serotonin, prostaglandine) is carried out through another organ of another germ layer e.g. [pollinosis](#) ([hay fever](#)), neuro[dermatitis](#) and asthmoid bronchitis.

General Therapy: Hypoallergenic diet Adults:

Gastroenteritis: [OKOUBASAN 2X drops](#) 2x 5 daily.

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[ZINKOKEHL 3X drops](#) 2x 10 daily orally evenings.

[FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) mornings 1x 1 and [NIGERSAN 5X tablets](#) evenings 1x 1, Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

[UTILIN 6X capsules](#) 1x 1 weekly, [REBAS 4X capsules](#) 2x 1 daily.

[SANUKEHL Coli 6X drops](#) and [SANUKEHL Salm 6X drops](#) each 2x 5-10 alternating daily half orally, half for rubbing in.Children:

Gastroenteritis: [OKOUBASAN 2X drops](#) 2x 2-5 daily.

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[FORMASAN drops](#) 2x 5-10 daily.

[FORTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, after 2 to 3 weeks [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[UTILIN 6X drops](#) alternating daily with [RECARCIN 6X drops](#) each 1x 2 massage into the skin.

Alopecia

Treat dandruff and loosen the epithelial layers through massaging in the evenings with a hair oil containing salicyl.Rp:

Salicylic acid 2 - 4

Ol oenantha biennis (Oil of Evening Primrose)

Ol Ricini aa ad 100

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[LIPISCOR capsules](#) 2x 1 daily.

[MAPURIT L capsules](#) 2x 1 daily.

[PEFRAKEHL 5X drops](#) and [SANKOMBI 5X drops](#) in daily alternation each 2x 5-10 for rubbing in. Through an oral panorama X-ray the effected teeth corresponding to the site of the [alopecia](#) can be detected. The liver, e.g., lies in the region of the tonsure area of the monks. Then always take into consideration a liver remedy ([SILVAYSAN capsules](#) 2x 1 daily, [HEXACYL drops](#) 2x 3-5 daily or [TARAXAN 3X ampules](#) 1x 1 ml injection i.m. weekly).

Alopecia areata

see [alopecia](#)

Massage affected areas daily alternating with [MUCOKEHL 5X drops](#) and [NIGERSAN 5X drops](#) or daily with [SANKOMBI 5X drops](#) each 2-3x 3-8 daily.

[MUCOKEHL 3X suppositories](#) alternating daily with [NIGERSAN 3X suppositories](#) 1x 1.

[LATENSIN 6X capsules](#) and [UTILIN 6X capsules](#) each 1x 1 alternating weekly.

Amalgam Burden

The heavy metal burden with amalgam is wide spread and shows two phenomena: the simultaneous existence of [candidiasis](#) and a possible blockage of intra-cellular ferment reaction. Candida is a collector of heavy metals, similar to algae. The amalgam must be removed from the mouth area. Following prescriptions by the Austrian Society for Electro-acupuncture (Salzburg) cement should be used instead of other heavy metals for three to six months so the connective tissue may recover. Very important: Diet for the purpose of re-building the intestinal mucous membrane.

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 2x 1 daily.

Excretion of the amalgam with:

[PLEO CHELATE 2X drops](#) 5-30 daily,

[SELENOKEHL 4X drops](#) 1x 10 mornings, [MAPURIT L capsules](#) 2x 1 (free radical scavengers) afternoons, [ZINKOKEHL 3X drops](#) 1x 10 evenings.

[SANUKEHL Prot 6X drops](#) daily alternating with [SANUKEHL Cand 6X drops](#) each 1x 5 orally and/or for rubbing in, for four to six weeks, then discontinue for two weeks.

Amaurosis

Loss of all optical functions, sometimes [rheumatic](#), hysterical or eclamptic nature; search disruptive foci. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[MAPURIT L capsules](#) 2x 1 daily.

[NOTAKEHL 5X tablets](#) 2x 1 for 10 days, then [MUCOKEHL 5X tablets](#) mornings 1x 1 and [NIGERSAN 5X tablets](#) evenings 1x 1.

[SANUKEHL Acne 6X drops](#) 2x 5-10 daily half orally, half for rubbing in. Use the following preparations alternating weekly:

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) (3x 1 weekly), [LATENSIN 6X capsules](#) (1x 1 weekly) and [UTILIN "S" 6X capsules](#) (1x 1 weekly).

Amblyopia

see [sinusitis](#), [diabetes mellitus](#), [amaurosis](#)

Mostly caused through squinting, [sinusitis](#), retinated teeth, [amalgam burden](#), diabetes.

Principal preparation: MUCOKEHL [MUCOKEHL 5X eye drops](#) 1-2x daily drip into the conjunctival sac and rub into the eyelid.

[MUCOKEHL 5X ampules](#) 1x 1 ml i.m. every two days, on injection-free days [MUCOKEHL 5X drops](#) 2x 5-10 daily orally.

[UTILIN 6X ampules](#) 1x 1 ml i.m. every four weeks. Additional treatment:

Neural therapy according to Huneke: Infiltration to both sides of the Ganglion stellatum (Dosch) or both sides on the Ganglion pterygopalatinum with a mixture of 1 ml [NIGERSAN 5X ampules](#) and

1 ml Procaine/Lidocaine 1% ampules.

Amenorrhoea

see [dysmenorrhoea](#)

Amyotrophic Lateral Sclerosis (ALS)

see [amalgam burden](#)

Advancing degeneration of the 1st and 2nd neurons of the voluntary motor function, partly flaccid, partly spastic paresis. According to experience of other colleagues, this neurological clinical picture has a very close connection with heavy metal and other toxic complaints. Resulting the following therapy schema: Removal of all amalgam fillings and root treated (root removed) teeth. If necessary holes should not be immediately filled with other heavy metals (gold, platinum, palladium); intense detoxification with liver and kidney supporting remedies. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[LIPISCOR capsules](#) 2x 1 daily.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[HEXACYL drops](#) 2x 5 daily, [SILVAYSAN capsules](#) 1-2x 1 daily.

[TARAXAN 3X ampules](#) 1-2x 1 ml i.m. weekly.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [SANKOMBI 5X drops](#) 2x 10 daily, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 2x 1 daily.

[UTILIN 6X drops](#) and [UTILIN "S" 6X drops](#) alternating daily each 2x 5 orally.

[SANUKEHL Myc 6X drops](#) alternating daily with [SANUKEHL Cand 6X drops](#) 1-2x 5-10 half orally, half for rubbing in.

Anal Fistula

see [colitis ulcerosa](#), [mycosis of body orifices](#)

Always a result of colitis and from tuberculinic burden. If possible vegan diet; if meat, then only sheep or goat, no pork! Perhaps fish. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 20 daily, [CITROKEHL tablets](#) 2x 1 daily.

[MAPURIT L capsules](#) 2x 1 daily.

[LIPISCOR capsules](#) 2x 1-2 daily.

[EXMYKEHL 3X suppositories](#) 2x 1 for 10 days (mostly fungal attack), then [FORTAKEHL 5X tablets](#) 2x 1 daily for three weeks, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

[UTILIN "S" 4X capsules](#) 1x 1 at intervals of two weeks.

A total of four i.m. injections at intervals of two weeks with a mixture of: Own blood 2 ml, [UTILIN 6X ampules](#) 1 ml, [ZINKOKEHL 4X ampules](#) 2 ml. Additional treatment:

Regulate mineral balance ("Schuessler" therapy).

Analmycosis

see [mycosis of body orifices](#)

Angina

[diphtheria](#), [scarlet fever](#), [tuberculin constitution](#), in older patients heart support necessary (STROPHANTHUS 4X).

Principal preparations: NOTAKEHL, SANUKEHL Strep Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL drops](#) 2x 10 daily.

[CERIVIKEHL 1X drops](#) 3x 10 daily.

[RELIVORA COMPLEX drops](#) 3x 10-20 daily in warm water.

[NOTAKEHL 5X tablets](#) 2x 1 alternating daily with [QUENTAKEHL 5X drops](#) 2-3x 10 orally and/or for rubbing in.

[SANUKEHL Strep 6X drops](#) alternating daily with [SANUKEHL Pseu 6X drops](#) each 1x 10 half orally, half for rubbing in.

[UTILIN "S" 4X capsules](#) 1x 1 weekly - open and sprinkle over tonsils or [UTILIN "S" 6X ampules](#) 1x 1 ml weekly for two or three weeks, repeat after three months.

2x weekly injection deep i.m. with a mixture of: [NOTAKEHL 5X ampules](#) 1 ml, [SANUKEHL Strep 5X ampules](#) 1 ml in turn with [SANUKEHL Pseu 6X ampules](#) 1 ml. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS drops](#) 2x 5-20 daily, [CITROKEHL drops](#) 1x 5 daily.

CERIVIKEHL 1X drops 3x 2 daily in warm water.

[RELIVORA COMPLEX drops](#) 3x 3-5 daily in warm water, in the case of heavy [cough](#) up to 5x daily.

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in or orally, Mon-Fri; Sat/Sun

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in or orally.

[SANUKEHL Pseu 6X drops](#) and [SANUKEHL Strep 6X drops](#) in daily alternation 1x daily 1 drop for every year for rubbing in or orally.

Additional treatment:

Nasal lavage with a mixture of [NOTAKEHL 5X drops](#) and [QUENTAKEHL 5X drops](#) each 1x 10 (if necessary Sinusitis nosode injeel ampules or Mucosa comp. ampules (Heel) 1 ml).

Lymphomyosot Heel 2x 10-15 drops daily.

Lymphdiaral cream (Pascoe) for rubbing in.

Angina pectoris

see [heart attack status post](#)

No smoking! Reduce weight! Change to vegan nutrition: a minimum of animal and vegetable protein, cooked fish dishes, no fried foods; reduce blood viscosity by venesection and hydrotherapy.

Principal preparations: MUCCOKEHL, SANUVIS In case of attack:

[MUCCOKEHL 3X suppositories](#) during pain every 30 minutes 2-3x in succession, then 2x 1 daily.

[SANUVIS 1X ointment](#) for rubbing on the breastbone.

[STROPHANTHUS 4X SANUM drops](#) 1-3x 5 daily, in acute cases up to 12x daily.

Slowly i.v. injection with a mixture of 1 - 2 ml [MUCCOKEHL 5X ampules](#) and 0.5 - 1 ml Lidocaine/Procaine 1% ampules.

Despite improvement, this therapy should continue. Further treatment:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[LIPISCOR capsules](#) 2x 4 daily.

[ZINKOKEHL 3X drops](#) 1x 10 daily evenings.

[STROPHANTHUS 4X SANUM drops](#) 1-3x 5 daily.

[MUCCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings (due to plaques on the vessel walls) Mon-Fri; Sat/Sun [MUCCOKEHL Atox 6X drops](#) and [NIGERSAN Atox 6X drops](#) 1x 8 alternating daily orally or for rubbing in.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 2-3x 1 alternating weekly with [LEPTOSPERMUSAN 1X drops](#) 3x 5-10 daily.

[SANUKEHL Acne 6X drops](#) 2x 5 daily orally and/or for rubbing in over the heart and chest regions.

[UTILIN 6X ampules](#) 1x 1 ml i.m. every four weeks or [UTILIN 6X capsules](#) 1x 1 weekly.

Aphasia

see [hemiplegia status post](#)

Aphtae stomatitis

see [herpes blisters](#)

Apoplexy status post

see [symptoms of aging/senility](#), [arterial sclerosis](#)

Change current eating habits immediately, reduce intake of protein and fat, drink plenty.

Principal preparations: MUCOKEHL, PROPIONIBACTERIUM AVIDUM or LEPTUCIN Acute symptoms:

Inject i.v. a mixture of: [MUCOKEHL 7X ampules](#) 1 - 2 ml, Carbo comp. ampules (Heel) 2 ml, Procaine/Lidocaine 1% ampules 2 ml. Further treatment:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[LIPISCOR capsules](#) 2x 3 daily.

[ZINKOKEHL 3X drops](#) 2x 10 daily.

[MUCOKEHL 5X drops](#) 2x 5 massaging in the temporal and heart area.

[MUCOKEHL 5X tablets](#) mornings and at noon each 1x 1 and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [MUCOKEHL Atox 6X drops](#) and [NIGERSAN Atox 6X drops](#) each 1x 8

alternating daily orally and/or for rubbing in.

[SANUKEHL Acne 6X drops](#) 2x 5 rub in daily.

[UTILIN 6X capsules](#) and [LATENSIN 6X capsules](#) each 1x 1 alternating weekly.

[LEPTOSPERMUSAN 1X drops](#) 3x 5 alternating daily with PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 2-3x 1.

[ASPERGILLUS ORYZAE 6X drops](#) 2x 5 daily orally.

Arterial Sclerosis

see [symptoms of aging/senility](#)

Observe sufficient fluid intake! Observe mineral balance, change present eating habits.

Principal preparations: MUCOKEHL, NIGERSAN [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[MAPURIT L capsules](#) 2x 1 daily.

[SELENOKEHL 4X drops](#) 1x 5 daily mornings.

[MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [MUCOKEHL Atox 6X drops](#) in daily alternation with [NIGERSAN Atox 6X drops](#) each 2x 5 for rubbing in.

[SANUKEHL Acne 6X drops](#) 1x 10 daily, half orally, half for rubbing in.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 3x 1 weekly.

[CHRYSOCOR 5X ampules](#) 2x 2 ml i.m. weekly.

1x weekly injection deep i.m. with a mixture of: [CUPRUCHEHL 4X ampules](#) 2 ml, [ZINKOKEHL 4X ampules](#) 2 ml, [UTILIN 6X ampules](#) 1 ml, [SANUVIS ampules](#) 2 ml. Long Term Therapy:

GINKGOBAKEHL drops 3x 15 daily.

[MUCOKEHL 4X capsules](#) 3x 1 weekly.

[SANUKEHL Acne 6X drops](#) 2x 5-10 daily orally and/or for rubbing in. Additional treatment:

Chrome-GTF capsules 1x 1 daily (rising of HDL-cholesterins and glucose tolerance factor).

Arthritis

Nutritional adjustments, acupuncture, appropriate homoeopathica. Look for disruptive foci: tonsils, teeth, scars, gynecological area, appendix, gall bladder, heavy metals. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 1 teaspoon daily.

[CITROKEHL tablets](#) 3x 1 daily.

[NOTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 5X tablets](#) 2x 1 daily.

[LATENSIN 6X capsules](#), [RECARCIN 6X capsules](#) and [UTILIN 6X capsules](#) each 1x 1 alternating weekly.

[SANUKEHL Myc 6X drops](#) 2x 5 daily for rubbing in.

[ARTHROKEHLAN "A" 6X ampules](#) 1-2x 0.2 - 1 ml. i.m. weekly, on injection-free days [ARTHROKEHLAN "A" 6X drops](#) 1x 5-10 daily. Additional treatment:

Neural therapeutical infiltration of joints with a mixture of 1 ml [NOTAKEHL 5X ampules](#) and 0.5 ml Procaine/Lidocaine 1% ampules.

Arthrosis

see [spondylosis](#)

Primary and secondary chronically deforming arthropathy (joint disease). [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 60 daily orally,

[FORMASAN drops](#) 3x 10 daily,

[CITROKEHL drops](#) 2x 10 daily.

[NOTAKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri;

Sat/Sun [NOTAKEHL 5X tablets](#) 2x 1 daily.

Apply [NIGERSAN 5X drops](#) 2x 5 daily locally.

[UTILIN "S" 6X drops](#) 1x 5 daily for rubbing in.

[ARTHROKEHLAN "A" 6X ampules](#) 1-2x 0.2 - 1 ml i.m. weekly, on injection-free days [ARTHROKEHLAN "A" 6X drops](#) 1x 5-10 daily.

Aspergillosis

Principal Preparations: NIGERSAN, ASPERGILLUS ORYZAE, CITROKEHL, UTILIN "S", LATENSIN [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[CITROKEHL drops](#) 1x 10 daily, [FORMASAN drops](#) 2x 5 daily.

[FORTAKEHL 5X drops](#) 1x 5-10 daily for 10 days, then

[SANKOMBI 5X drops](#) mornings 1x 10 and [ASPERGILLUS ORYZAE 6X drops](#) evenings 1x 10 daily, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) 1x 10 daily.

[SANUKEHL Myc 6X drops](#) 1x 5-10 daily.

[BOVISAN 6X drops](#) 1x 5-10 daily.

[LATENSIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly.

Asthma

see [allergic diseases](#), [bronchitis catarrhalis](#)

Observe connection of lungs and intestines.

Principal Preparations: NIGERSAN, LATENSIN, UTILIN "S". Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 30 daily, [CITROKEHL drops](#) 1x 10 daily.

[FORMASAN drops](#) 2x 5 daily.

[RELIVORA COMPLEX drops](#) 3x 20 daily orally.

[LARIFIKEHL 5X drops](#) 1x 8 daily orally.

[FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

[RECARCIN 6X capsules](#), [LATENSIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly. Neural Therapy: Set weals with an injection mixture to the thorax (segment therapy): [NIGERSAN 5X ampules](#) 1 ml, [MUCOKEHL 5X ampules](#) 1 ml, Procaine / Lidocaine 1% ampules 1 ml. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS drops](#) 2x 5-10 daily, [CITROKEHL drops](#) 1x 5 daily.

[FORMASAN drops](#) 1x 2-5 daily.

[RELIVORA COMPLEX drops](#) 3x 1-5 daily orally.

[LARIFIKEHL 5X drops](#) 1x 1-4 daily.

[FORTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri;

Sat/Sun [FORTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Pseu 6X drops](#) 1x 1-5 daily for rubbing in (from 6 years orally or for rubbing in).

[UTILIN "S" 6X drops](#) and [RECARCIN 6X drops](#) each 1x 2 alternating daily for rubbing in. Additional treatment:

NOTE: Always take into consideration that each [asthma](#)-bronchitis originates from the sinus region, therefore nasal lavage with a mixture of 1.0 ml [NOTAKEHL 7X ampules](#) and 1.0 ml

[NIGERSAN 5X ampules](#). With Bronchiectasis:

[FORMASAN drops](#) 3x 10-20 daily (secretolyticum).

[RELIVORA COMPLEX drops](#) 3x 5-20 daily.

[NOTAKEHL 5X drops](#) 2x 1-10 daily.

[SANUKEHL Pseu 6X drops](#) 2x 2-10 daily orally and/or for rubbing in, if necessary alternately administering in between with [SANUKEHL Staph 6X drops](#) and [SANUKEHL Strep 6X drops](#).

NOTAKEHL 7X ampules 3x 1 ml i.m. weekly.

SANUKEHL Pseu 6X ampules 2x 1 ml i.m. weekly.

Atrophy of the Intestinal Mucous Membrane

Wider spread than one supposes. Old people, children and teenagers with stomach allergies, [leaky gut syndrome](#), secondary pancreas weaknesses; every chronic disease. Begin immediately with a hypoallergenic diet, omit fresh fruit and vegetables as well as dried fruit because of damaged cellulose breakdown and candida. Improvement is shown through the rise of the IgA and reduction of the number and strength of the infection and secondary diseases. Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[FORMASAN drops](#) 2x 5-10 daily with colds.

[OKOUBASAN 2X drops](#) 2x 3-5 daily with [diarrhoea](#), secondary pancreatic insufficiency (flatulence).

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 1x 1 daily.

[UTILIN 6X capsules](#) 1x 1 weekly.

[REBAS 4X capsules](#) 2x 1 daily for 4 weeks. Children:

No ordinary baby / children milk.

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[PEFRAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [FORTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun [PEFRAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

Barber`s Itch

trichophytosis, tinea, [thread fungus disease](#)

Principal Preparations: NOTAKEHL, PEFRAKEHL, SANUKEHL Trich [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[NOTAKEHL 5X drops](#) 2x 10 alternating daily with [PEFRAKEHL 5X drops](#) 2x 10 for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri;

Sat/Sun [NOTAKEHL 5X drops](#) 2x 10 daily.

[SANUKEHL Trich 6X drops](#) alternating daily with [SANUKEHL Staph 6X drops](#) and [SANUKEHL Myc 6X drops](#) each 2x 5-10 daily orally and/or for rubbing in.

[UTILIN "S" 6X drops](#) 2x 5 daily orally and/or for rubbing in.

Every two weeks injection deep i.m. with a mixture of 1 ml [SANUKEHL Trich 5X ampules](#) and 1 ml [UTILIN "S" 6X ampules](#).

Further treatment from the 4th week: [NOTAKEHL 5X drops](#) and [SANKOMBI 5X drops](#) alternating daily spreading and massaging into the area of infection on the face and scalp.

[UTILIN "S" 6X capsules](#) 1x 1 weekly.

[SANUKEHL Staph 6X drops](#) 2x 5 daily, half orally, half for rubbing in.

2x weekly injection deep i.m. with a mixture of: [NOTAKEHL 6X ampules](#)/[NOTAKEHL 5X ampules](#) 1 ml, [SANUKEHL Trich 5X ampules](#) 1 ml.

Basalioma

Principal Preparations: SANKOMBI, SANUVIS [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS tablets](#) 2x 2 daily, [CITROKEHL drops](#) 2x 10 daily.

Oil of Primrose capsules 1x 3-4 daily.

[MAPURIT L capsules](#) 2x 1 daily.

[QUENTAKEHL 5X drops](#) 2x 10 daily for 14 days, then [SANKOMBI 5X drops](#) 2x 10 daily, Mon-Fri; Sat/Sun [QUENTAKEHL 5X drops](#) 2x 10 daily.

[REBAS 6X capsules](#) 1x 1-2 daily.

[THYMOKEHL 6X capsules](#) 1x 1 daily for 20 days, thereafter 1x 1 weekly.

[SANUKEHL Pseu 6X drops](#) 1x 5-10 for rubbing in and/or orally.

Basedow`s Disease

see [hyperthyreosis](#) (Basedow`s Disease)

Bechterew`s Disease

An intestinal associated disease; showing the same HLA antigens as found in those suffering from intestinal related allergies; begins in puberty. Administer plenty of unsaturated fatty acids, regulate mineral balance, observe paranasal sinuses. Never forget the nosodes Luesinum and Medorrhinum! Acute Therapy: Diet in conjunction with base supplies. [ALKALA N powder](#) 1x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL drops](#) 2x 5-10 daily.

Nasal lavage daily with a mixture of [NOTAKEHL 5X drops](#) 1x 10 and 20 ml physiological saline solution.

[LIPISCOR capsules](#) 2x 3 daily.

[EXMYKEHL 3X suppositories](#) 1-2x 1 daily for 10 days, then [FORTAKEHL 5X tablets](#) 2x 1 daily for two weeks, then [SANKOMBI 5X drops](#) 1x 5-10 mornings and [NIGERSAN 4X capsules](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

[SANUKEHL Coli 6X drops](#) 2x 5 daily for rubbing in.

[LATENSIN 6X capsules](#), [UTILIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) alternating weekly each 1x 1.

3x weekly injection i.m. with a mixture of: [CITROKEHL ampules](#) 2 ml, [SANUVIS ampules](#) 2 ml, [FORTAKEHL 5X ampules](#) 1 ml, [UTILIN "S" 6X ampules](#) 1 ml. Additional treatment:

Neural Therapy: Set perivertebral weals 2x weekly with a mixture of: [MUCOKEHL 5X ampules](#) 1 ml, [SANUVIS ampules](#) 2 ml, Procaine/Lidocaine 1% ampules 1 ml.

1x monthly autohaemotherapy according to Reckeweg injection i.m. or s.c. with a mixture of: Luesinum ampules 1 ml, Vaccinium-Injeel ampules Heel 1 ml, [NIGERSAN 5X ampules](#) 2 ml.

Bed Wetting

Adults: Nervous disorders, [apoplexy status post](#), [prostate adenoma](#), [prostatitis](#), aging, accompanying symptom of nervous complaints ([multiple sclerosis](#), [amyotrophic lateral sclerosis](#)). Check kidney/bladder meridian and incisor teeth. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 30 daily, [ZINKOKEHL 3X drops](#) 1-2x 5-10 daily.

[EXMYKEHL 3X suppositories](#) 1x 1-2 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 1x 1 daily.

[LATENSIN 6X capsules](#) and [UTILIN 6X capsules](#) alternating weekly each 1x 1.

[SANUKEHL Cand 6X drops](#) 2x 10 daily orally and/or for rubbing in. Children: It is a multi-factorial complaint, bladder seldom ill. Heavy metals, absorption in the nerve sheath, Candida, psychological burden, also consider disturbances caused by [sinusitis](#), kidney/bladder meridian and incisor teeth. [ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[PEFRAKEHL 5X drops](#) and [ALBICANSAN 5X drops](#) alternating daily each 1x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year

for rubbing in and/or orally, Mon-Fri; Sat/Sun [PEFRAKEHL 5X drops](#) and [ALBICANSAN 5X drops](#) alternating daily each 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Cand 6X drops](#), children 1x 5 for rubbing into the suprapubic area, teenagers 2x 5 for rubbing in. Additional treatment:

Plantago Hornaccord drops 2x 20 daily.

Pulsatilla 6X.

Kalium phosphoricum (after exhaustion and infectious diseases).

Nasal lavage with [NOTAKEHL 5X drops](#), *Euphorbium* drops and *Sinusitis Nosode-Injeel* Heel.

Regulation of the mineral balance (Schuessler therapy).

Change of anxiety tension of the parents, e.g. with *MUCEDOKEHL*.

Bedsores

Caused by acidic urine, acidic (fermented) stools. Geriatric Patients: Care, change bedding, promote blood circulation, change milieu.

Locally [SANUVIS 1X ointment](#) and [MUCOKEHL 3X ointment](#) 2-3x alternating daily.

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water, additionally as alkaline baths.

[CITROKEHL tablets](#) 2x 1 daily.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [MUCOKEHL 4X capsules](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 2x 1 daily.

Promotion of blood circulation: PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 2x 1 weekly. Children: Signs of an allergy.

Locally [SANUVIS 1X ointment](#) and [MUCOKEHL 3X ointment](#) 2-3x alternating daily.

[FORTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally over 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri;

Sat/Sun [FORTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Staph 6X drops](#) and [SANUKEHL Prot 6X drops](#) each 1x 1-5 alternating daily for rubbing in

Bladder, Inflammation of

see [cystitis](#)

Blepharitis

see [ocular vessel diseases](#)

Causes: allergy, visual defects, [gum pockets](#), teeth in the upper jaw! Low sugar diet! [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 30 daily, [CITROKEHL drops](#) 1x 10 daily.

[FORMASAN drops](#) 2x 10 daily orally.

[ZINKOKEHL 3X drops](#) 1-2x 5-10 daily.

[NOTAKEHL 5X drops](#) 2x 10 daily for 10 days and concomitant SANKOMBI 5X dap 1-2 drops on the closed eye lid several times daily.

[LATENSIN 6X capsules](#) 1x 1 weekly.

[SANUKEHL Myc 6X drops](#): Adults 1-2x 10 drops orally or for rubbing in, children 1x 1-5 massage into the face.

Blindness

see [amaurosis](#)

Boeck`s Disease

see [lymphogranuloma benigna](#)

Borreliosis

Related to milieu disorders, accompanying [gastritis](#) caused by hyperproteinaemia. Energetic regulation, with neuro-[borreliosis](#) especially the kidney-bladder meridian; holistic dentistry; food supplementation with lecithin (EPALIPID from BIOFRID); if necessary, start with the [SANUM Excretion Cure](#).

Principal Preparations: FORTAKEHL, NOTAKEHL, SANUKEHL Bruce![ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) mornings 1x 60 daily and [CITROKEHL drops](#) 1x 10 daily evenings.

[FORTAKEHL 5X drops](#) mornings and [NOTAKEHL 5X drops](#) evenings each 1x 2-10 for 14 days, then [MUCOKEHL 5X drops](#) mornings and [NIGERSAN 5X drops](#) evenings each 1x 5-10 daily,

Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) mornings and [NOTAKEHL 5X drops](#) evenings each 1x 6-10.

[SANUKEHL Pseu 6X drops](#) alternating daily with [SANUKEHL Brucel 6X drops](#) (with Lyme disease) or [SANUKEHL Coli 6X drops](#) (with neuro-[borreliosis](#)) each 2x 5-8 daily for rubbing in and/or orally.

[UTILIN 6X capsules](#) 1x 1 and [UTILIN "S" 4X capsules](#) 1x 1/2 alternating weekly.

1-2x weekly injection deep i.m. with a mixture of: [NOTAKEHL 7X ampules](#) 1 ml, [NIGERSAN 5X ampules](#) 1 ml, [CITROKEHL ampules](#) 2 ml.

Brain Tumour

see [carcinoma](#)

Principal preparation: QUENTAKEHL, EXMYKEHL [Alkalisat](#)ion of the milieu with [ALKALA N powder](#) 2x 1 measuring spoonful daily is especially effective. Alternative: Incense preparation HN15 from Ayurvedic medicine.

Breast Cancer

see [carcinoma](#), [amalgam burden](#)

Therapy is generally as with Carcinoma. Nutrition rich in vitamin C. Important: Oral panorama X-ray. The teeth of the intestinal meridian (4-7 upper and lower jaw on both sides) with root treatment, granulomas and root remains must all be removed (those with the most toxic effect are the 6). Neural Therapy:

Peri-tumorous infiltration several times a week with a mixture of 1 ml [MUCOKEHL 5X ampules](#), 1 ml [NIGERSAN 5X ampules](#) and 1 ml Lidocaine/Procaine 1% ampules.

Bronchiectasis

see [asthma](#)

Causes: Congenital, acquired ([measles](#), whooping [cough](#), foreign body aspiration, tuberculosis or illness of the hilus lymphnodes).

Differential Diagnosis: tuberculosis, inflammations

Principal Preparations: NOTAKEHL, NIGERSAN, CITROKEHLAdults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[CITROKEHL tablets](#) 2x 1 daily, [SANUVIS drops](#) 2-3x 30 daily.

[CUPRUKEHL 3X drops](#) mornings 1x 5-10 daily orally.

[ZINKOKEHL 3X drops](#) evenings 1x 5-10 daily orally.

[RELIVORA COMPLEX drops](#) 3x 10 daily.

[NOTAKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) mornings 1x 1 and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 3X suppositories](#) 2x 1 daily.

[LATENSIN 6X capsules](#), [RECARCIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly.

[SANUKEHL Pseu 6X drops](#) alternating daily with [SANUKEHL Strep 6X drops](#) each 1x 10 for rubbing in and/or orally.Children (rarely):

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[UTILIN "S" 6X drops](#) 2x 1-5 weekly for rubbing in, from 10 years 1-2x 5 orally per week.

[SANUKEHL Strep 6X drops](#) 2x 1-5 weekly for rubbing in, from 10 years 1-2x 5 weekly orally.

Bronchitis catarrhalis

see [allergic diseases](#), [bronchiectasis](#), [sinusitis](#)

Always treat the cause, mostly [sinusitis](#) (with children also [tonsillitis](#)).

Principal Preparations: NOTAKEHL, NIGERSAN, FORMASAN, CERIVIKEHLAdults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[FORMASAN drops](#) 2x 10 daily.

CERIVIKEHL drops 3x 10-15 daily.

[RELIVORA COMPLEX drops](#) 3x 10 daily.

[NOTAKEHL 3X suppositories](#) 2x 1 daily for 10 days, in suspected viral related cases, always alternate daily with [QUENTAKEHL 5X drops](#) 2x 10-15 orally and/or for rubbing in, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) evenings 1x 1, Mon-Fri; Sat/Sun [NOTAKEHL 5X tablets](#) 2x 1-2 daily or [QUENTAKEHL 5X drops](#) 2x 10-15 daily orally and/or for rubbing in.

[UTILIN "S" 6X capsules](#) 1x 1 weekly.

Additionally Neural Therapy with a mixture of 1 ml [NOTAKEHL 5X ampules](#) - [NOTAKEHL 7X ampules](#) and 1 ml Lidocaine/Procaine 1% ampules. Set weals to thorax or infiltration of the [ganglion stellatum](#) (Dosch).

If no sign of healing after one week then determine disruptive foci (teeth, nasal cavities).

[UTILIN "S" 4X capsules](#), [BOVISAN 5X capsules](#) and [UTILIN 6X capsules](#) each 1x 1 alternating weekly.Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[FORMASAN drops](#) 2x 1-10 daily.

CERIVIKEHL drops 3x 1-10 daily.

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, in suspected viral related cases, always alternate daily with [QUENTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun [NOTAKEHL 5X drops](#) or [QUENTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

In cases of relapse apply [SANUKEHL Serra 6X drops](#) alternating daily with [SANUKEHL Pseu 6X drops](#) 1-2x 1-5.

[UTILIN "S" 6X drops](#) 1-2x 1-5 daily for rubbing in.Further treatment in case of blockages:

Determine allergies (intestinal region, sinus paranasales), tuberculinical weakness, disruptive foci of the tonsils and scars caused by tonsillectomy.

Besides the base treatment, prescribe [UTILIN "S" 6X drops](#) 1x 1-5 daily orally and [LATENSIN 6X capsules](#) 1x 1/2-1 weekly.Additional treatment:

To avoid Pneumonia in extreme cases Phosphorous 30X and excretion via the skin by cupping.

Nasal lavage with [NOTAKEHL 5X drops](#) or [QUENTAKEHL 5X drops](#) (each 10-20).

Euphorbium drops 2x 10 daily.

Burns

Large areas must always be treated by a doctor (shock therapy). Important: in the case of smaller affected areas (also with children) do not apply any dressings! Run plenty of cold tap/faucet water over

the burned/scalded area until pain has eased off and repeat several times daily. Local application of Olei Hyperici perforati (50 ml + 3 - 5 drops essential oil of lavender) reduces scar formation, if possible no dressing. In case of blisters cantharis 5X drops diluted in water. [SANUVIS 2X drops](#) 1-3x 5 daily.

[NOTAKEHL 5X tablets](#) 2x 1 daily.

From the second day basic treatment:

[MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 5X tablets](#) 2x 1 daily.

Candidiasis

see [amalgam burden](#), [atrophy of the intestinal mucous membrane](#), [enteral mycosis](#).

Candida is a commonly found yeast; it develops in connection with: heavy metals, overburden, [atrophy of the intestinal mucous membrane](#), digestive disorder toward cellulose, chemotherapy, radiotherapy or hormone therapy. Diet for three to four weeks; in particular avoidance of shortchained carbohydrates.

Principal Preparation: EXMYKEHLAdults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 1 teaspoon daily, [CITROKEHL drops](#) 1x 10 daily.

[ZINKOKEHL 3X drops](#) 1x 10 evenings daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days (according to the situation of the patient and test results it may be necessary to use the single preparations ALBICANSAN, PEFRAKEHL and FORTAKEHL), then [MUCOKEHL 5X tablets](#) mornings 1x 1 and [NIGERSAN 5X tablets](#) evenings 1x 1, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 2x 1 daily.

[SANUKEHL Cand 6X drops](#) 1x 8 daily orally and/or for rubbing in.

[UTILIN 6X capsules](#) and [BOVISAN 5X capsules](#) or [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly.

[REBAS 4X capsules](#) 2x 1 daily over four weeks.Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS drops](#) 2x 5-30 daily, [CITROKEHL drops](#) 1x 2-10 daily.

[SELENOKEHL 4X drops](#) 1x 1-5 daily mornings, [ZINKOKEHL 3X drops](#) 1x 2-10 daily evenings.

[FORTAKEHL 5X drops](#) mornings 1x 1 drop for every year for rubbing in and/or orally and [PEFRAKEHL 5X drops](#) at noon 1x 1 drop for every year for rubbing in and/or orally and [ALBICANSAN 5X drops](#) evenings 1x 1 drop for every year for rubbing in and/or orally, for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun

[PEFRAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

Children over two years:

[SANUKEHL Cand 6X drops](#) 2x 1-5 weekly for rubbing in.

[BOVISAN 6X drops](#) or [UTILIN 6X drops](#) 1x 1-5 daily for rubbing in.Additional treatment for children and adults:

Apply [ALBICANSAN 3X ointment](#) or [PEFRAKEHL 3X ointment](#) to the affected skin areas.

Lichen or algae preparations ([USNEABASAN 1X drops](#) 1x 1-5 daily in warm water).

Carbuncle

see [furunculosis](#)

Carcinoma

A milieu change is indispensable. The isopathic and immune-biological treatment according to Enderlein is also suitable for pre-cancerous conditions, malignant diseases and non-malignant tumours (fibroma, myoma, struma, mastitis fibrosis, etc.). Before and after an operative procedure, isopathic immune-biological therapy should be incorporated, because of two main reasons: On the one hand, the improvement of the milieu increases the chance of survival and the post operative and anaesthetic effects are minimized. On the other hand, the danger of a metastatic spread is reduced. The restoration of disruptive foci (teeth, tonsils, scars, intestines) and the solving of emotional traumata is of utmost importance. According to new british and american studies cow's milk is of particular danger because it contains IgF in large quantities. IgF is a growth hormone which is also active in men.

Peyer's patches are breeding grounds for the important T and B lymphocytes, macrophages and natural killer cells. If their formation is not possible or becomes adversely affected through the absence of enzymes, the best therapy is cannot work in the body. With damaged mucous membranes, the three fold conjugated unsaturated fatty acids can only be insufficiently formed. Only these unsaturated fatty acids will surmount the (negative) stimulus. Of importance: High valences of the fungus [Mucor racemosus](#) act silently in many areas but are malignant in their pathogenicity. These organisms are found in root treated teeth and in cancerous tissue, where it generates plenty laevorotatory lactic acid. Therefore, oral panorama X-ray, the restoration of disruptive foci and the supply of dextrorotatory lactic acid are of great importance. For this reason the administration of SANUVIS, CITROKEHL, FORTAKEHL, UTILIN and UTILIN "S" is essential. General Therapy Suggestion:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 30 daily, [CITROKEHL tablets](#) 2x 1 daily.

[MAPURIT L capsules](#) 2x 1 daily, [LIPISCOR capsules](#) 2x 4 daily.

[SELENOKEHL 4X drops](#) 1x 10-15 daily mornings and [ZINKOKEHL 3X drops](#) 1x 10 daily evenings.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [MUCOKEHL 3X suppositories](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) evenings 1x 1, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 2x 1 daily.

[SANUKEHL Pseu 6X drops](#) and [SANUKEHL Cand 6X drops](#) each 1x 10 orally alternating daily.

[ARTHROKEHLAN "U" 6X ampules](#) 1-2x 0.2 - 1 ml i.m. injection weekly, on injection-free days [ARTHROKEHLAN "U" 6X drops](#) 1x 5-10 daily.

[LATENSIN 6X capsules](#) 1x 1 weekly.

[UTILIN "S" 6X drops](#) 1x 5 daily, at first for rubbing in and later orally. Alternative Treatment:

Neural Therapy with a mixture of 1 ml [MUCOKEHL 5X ampules](#)/[MUCOKEHL 7X ampules](#) and 1 ml Procaine/Lidocaine 1% ampules. Application peritumorously or segmentally as close as possible (but not directly) to the area of the tumour or infiltration near the lymph node metastasis. The peritumorous oedema decreases and the pain is reduced. This injection can also be carried out in the range of the corresponding teeth. In case the cyclogenic degradation occurs too quickly, [STROPHANTHUS 4X SANUM drops](#) 3x 5 daily for cardiovascular support.

The crucial point of the therapy is not the localisation of the tumour but the treatment of the milieu and the type of reaction to the various preparations. Even with chronic illness, the patience of the therapist often is in great demand. Meticulous observation of the patient including daily temperature and pulse control is therefore indispensable. If the therapy doesn't respond; this may be due to a blocking element in the tooth area or in the intra-cellular metabolism. Once again an oral panorama X-ray is indicated, and if necessary, a therapy with metabolic catalysts should be added.

An immune-biological stimulus may only be applied if the tumour patient is able to respond. This depends on an efficient intestinal mucous membrane. Therefore, immune-biologicals should not be prescribed for the first or second week of treatment. With [brain tumours](#), it is the author's experience, the prescription of a Boswellia preparation from Ayurvedic medicine (HN15) shows good remissions. Further proved methods to the supporting cancer therapy are: complex remedies for improvement of the terrain (Hepar comp. Heel, Ubichinon comp. Heel, Coenzyme comp. Heel), mistletoe preparations, splenetic peptides, extracts of liver and spleen, infusions with vitamins, hyperthermia and others.

Cataract

see [ocular vessel diseases](#)

Clouding of the lenses. Causes: congenital, thermal (glass blower), traumatic, aging, metabolic burden, e.g. diabetic. Therapy: Diet, removal of heavy metals, strengthening of the liver.

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[CITROKEHL tablets](#) 2x 1 daily.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[MAPURIT L capsules](#) 2x 1 daily, [LIPISCOR capsules](#) 2x 2 daily, if necessary [CUPRUCHEHL 3X drops](#) 1x 5 daily.

[TARAXAN 3X ampules](#) 2x weekly 1 ml injection s.c.

[SILVAYSAN capsules](#) 2x 1 daily.

[PINIKEHL 5X drops](#) 1x 8 daily.

[MUCOCHEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [QUENTACHEHL 5X drops](#) 2x 5-10 daily orally.

Locally: [MUCOCHEHL 5X eye drops](#) 2x daily 1 drop in the conjunctival sac.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 3x 1 weekly.

[UTILIN "S" 6X capsules](#) 1x 1 every 2 weeks.

Cellulose Intolerance

see [cirrhosis of liver](#), [leaky gut syndrome](#), [atrophy of the intestinal mucous membrane](#), [symptoms of aging/senility](#)

Central European Encephalitis

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[CITROKEHL tablets](#) 2x 1 daily.

[QUENTAKEHL 5X drops](#) 1x 5-10 daily for 14 days, then [SANKOMBI 5X drops](#) 2x 5-10 daily, Mon-Fri; Sat/Sun [QUENTAKEHL 5X drops](#) 2x 10 daily.

[RECARCIN 6X drops](#) 1x 3-5 daily for rubbing in.

[SANUKEHL Myc 6X drops](#), [SANUKEHL Brucel 6X drops](#) and [SANUKEHL Pseu 6X drops](#) each 1x 2-10 alternating daily, half orally and half for rubbing in (according to the symptoms).

Cerebral Circulation Disorders

see [apoplexy status post](#)

CFS

see [chronic fatigue syndrome](#)

Children`s Diseases

Constitutional Treatment: One and the same disease may be somewhat differently treated due to differing constitutions. Those suffering from lymphatism are especially susceptible as they suffer from tuberculinic weakness. Dosage recommendation for fungal preparations: 1-2x daily 1 drop for every year, preferably for rubbing in or half orally and half for rubbing in. Lymphatic Children: Their susceptibility to infection is caused by an extreme intestinal disorder (allergies against cow's milk and hen's eggs) with atrophy of the mucosa enteralis and consecutively a hypertrophy of the adenoids and tonsils, therefore the restauration of the intestines is crucial.

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[NOTAKEHL 5X drops](#) mornings and [PEFRAKEHL 5X drops](#) evenings for 10 days, then [SANKOMBI 5X drops](#) 2x daily, Mon-Fri; Sat/Sun [NOTAKEHL 5X drops](#) mornings and [PEFRAKEHL 5X drops](#) evenings.

Children over two years additionally:

[UTILIN "S" 6X drops](#) 2-3x 1-3 weekly for rubbing in.

[SANUKEHL Coli 6X drops](#) alternating daily with [SANUKEHL Pseu 6X drops](#) each 1x 1-5 for rubbing in. All Other Types:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[NOTAKEHL 5X drops](#) alternating daily with [QUENTAKEHL 5X drops](#) for 10 days, then [SANKOMBI 5X drops](#) 2x daily, Mon-Fri; Sat/Sun [QUENTAKEHL 5X drops](#) 2x daily.

Children over two years additionally:

[UTILIN "S" 6X drops](#) 2-3x 1-3 weekly for rubbing in.

[SANUKEHL Pseu 6X drops](#) alternating daily with [SANUKEHL Serra 6X drops](#) each 1x 1-5 for rubbing in.

[LATENSIN 6X capsules](#) 1x 1/2 weekly. In cases of persistent, latent or relapsing infections: Strict diet.

[FORTAKEHL 5X drops](#) for 10 days, then [SANKOMBI 5X drops](#) 2x daily, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) 2x daily.

Children over two years additionally: [UTILIN "S" 6X drops](#), [UTILIN 6X drops](#) and [LATENSIN 6X drops](#) each 2-3x 1-5 alternating weekly for rubbing in. Fever: Bed rest, lime blossom tea. Do not suppress fever! Body temperatures above 39°C apply cold compress around lower legs or gradient baths; Fever-"ABC":

Aconitum (12X-30X): acute phase, dry skin, dry mucous lining, dry [cough](#)

Belladonna: alterant, slimy expectoration, moist [cough](#), moist skin

Calcium carbonicum: high pulse, high fever (40°C+), cold extremities (= increased risk of circulatory failure). Additional Treatment:

Nasal lavage several times daily with a combination of 10 drops [NOTAKEHL 5X drops](#), 10 drops Lymphomyosot Heel drops and 1 ml physiological saline solution. Treatment of bacterial related [children`s diseases](#):

Principal Preparation: NOTAKEHL

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[CITROKEHL drops](#) 2x 5-10 daily and [FORMASAN drops](#) 1-2x 3-5 daily in warm water.

[NOTAKEHL 5X drops](#) 2x daily for 10 days, then [SANKOMBI 5X drops](#) 2x daily, Mon-Fri; Sat/Sun [NOTAKEHL 5X drops](#) 2x daily.

[UTILIN 6X drops](#) and [RECARCIN 6X drops](#) alternating daily each 2x 1-5 for rubbing in.

[SANUKEHL Strep 6X drops](#), [SANUKEHL Pseu 6X drops](#) or [SANUKEHL Coli 6X drops](#) according to the cause alternating daily each 1x 1-5 for rubbing in. Treatment of viral related [children`s diseases](#):

Principal Preparation: QUENTAKEHL

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[CITROKEHL drops](#) 2x 5-10 daily and [FORMASAN drops](#) 1-2x 3-5 daily in warm water.

[QUENTAKEHL 5X drops](#) 2x daily for 10 days, then [SANKOMBI 5X drops](#) 2x daily, Mon-Fri; Sat/Sun [QUENTAKEHL 5X drops](#) 2x daily.

[UTILIN 6X drops](#) and [RECARCIN 6X drops](#) alternating daily each 2x 1-5 for rubbing in.

[SANUKEHL Pseu 6X drops](#) and [SANUKEHL Serra 6X drops](#) alternating daily each 2x 1-5 for rubbing in.

Chlamydia

Principal Preparation: NIGERSAN, CITROKEHL [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[NOTAKEHL 5X drops](#) and [NIGERSAN 5X drops](#) each 2x 5-10 alternating daily for 14 days.

1x weekly injection i.m. with a mixture of 1 ml [NIGERSAN 5X ampules](#) and 2 ml [CITROKEHL ampules](#). On injection-free days [CITROKEHL tablets](#) mornings and at noon 2 tablets each.

[REBAS 6X capsules](#) 1x 1 evenings daily.

[SANUKEHL Pseu 6X drops](#) and [SANUKEHL Myc 6X drops](#) each 1x 10 alternating daily orally and/or for rubbing in.

Liver detoxification with [SILVAYSAN capsules](#) 2x 1 daily and [TARAXAN 3X ampules](#) 2x 1 ml injection i.m. weekly.

Cholangitis

Disturbed function of the intestine, microbiological displacement, influence of disruptive foci, gallstones. Diet and eating disorders provoke and support a weakness of the pancreas. Diet (prefer vegan nutrition without gaseous foods). [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[TARAXAN 3X ampules](#) 2x 1 ml injection i.m. weekly for improvement of the bile flow (Contraindication: gallstones!)

[SANUVIS drops](#) 3x 30 daily, [CITROKEHL tablets](#) 2x 1 daily.

[FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

[SANUKEHL Coli 6X drops](#) 2x 5-10 daily orally and/or for rubbing in.

[UTILIN 6X capsules](#), [LATENSIN 6X capsules](#) and [UTILIN 4X capsules](#) each 1x 1 alternating weekly.

1x weekly injection deep i.m. with a mixture of: [LATENSIN 6X ampules](#) 1 ml, [UTILIN 6X ampules](#) 1 ml, [SANUVIS ampules](#) 2 ml, [CITROKEHL ampules](#) 2 ml.

Cholecystitis

see [gall bladder complaints](#)

Chondropathy

Chondropathies are often the result of too much protein with consecutive de-mineralisation of Ca, Mg, Mn and Se. Firstly carry out a mineral balance in whole blood, prescribing at the same time a low protein diet. Regulate mineral balance (Schuessler Therapy).

Principal Preparations: NIGERSAN, CITROKEHL [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings.

After one month begin a two weekly “in between” therapy with [SANKOMBI 5X drops](#) 2x 10 daily orally and some drops for rubbing in the region of the joint cavities.

Then again use [MUCOKEHL 5X tablets](#) and [NIGERSAN 3X suppositories](#) each 1x 1 daily.

[LATENSIN 6X capsules](#) and [UTILIN 6X capsules](#) each 1x 1 alternating weekly.

After five weeks switch to [UTILIN 4X capsules](#), later [UTILIN "S" 4X capsules](#) 1x 1 every two to three weeks.

Chronic Fatigue Syndrome

see [allergic diseases](#), [amalgam burden](#), [candidiasis](#)

A result of a chronically ill intestine with and without involvement of heavy metals. Vitamin and trace elements deficiency, stress, [depression](#).

Principal Preparations: FORTAKEHL, PEFRAKEHL [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[MAPURIT L capsules](#) 2x 1 daily, [ZINKOKEHL 3X drops](#) 1x 10 evenings daily, if necessary [CUPRUKEHL 3X drops](#) 1-3x 5-10 daily.

[HEXACYL drops](#) 2x 3-5 daily, [SILVAYSAN capsules](#) 1-2x 1 tgl.

[FORTAKEHL 5X tablets](#) 1x 1 mornings and [PEFRAKEHL 5X drops](#) 1x 1 evenings daily, for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings,

Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 1x 1 daily.

[SANUKEHL Pseu 6X drops](#) alternating daily with [SANUKEHL Coli 6X drops](#) each 1x 10 orally.

[LATENSIN 6X drops](#) 1x 10 daily orally.

[LEPTOSPERMUSAN 1X drops](#) 3x 5-10 daily orally.

[CHRYSOCOR 5X ampules](#) 1x 2 ml injection i.m. weekly.

Chronically Inflamed Intestinal Diseases

see [colitis ulcerosa](#), [Crohn's disease](#)

Colitis ulcerosa exclusively attacks the large intestine (colon) whereby [Crohn's disease](#) shows an attack in all sections of the digestive tract.

Circulation Weakness, Vegetative

Increase in blood viscosity! Diet

Principal Preparations: STROPHANTHUS, SANUVIS [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 3x 5 daily, [CITROKEHL drops](#) 2x 10 daily.

[STROPHANTHUS 4X SANUM drops](#) 2x 3-5 daily.

[MUCOKEHL 5X tablets](#) 1x 1 mornings and [MUCEDOKEHL 4X capsules](#) 1x 1 evenings daily.

[BOVISAN 5X capsules](#) and [LATENSIN 6X capsules](#) each 1x 1 alternating weekly. Additional Treatment: Ignatia, Silicea

Climacteric Disturbed Functions

Principal Preparations: USTILAKEHL, UTILIN, MUCEDOKEHL [ALKALA N powder](#) 2x 1/2 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[SELENOKEHL 4X drops](#) 1x 10 mornings and [ZINKOKEHL 3X drops](#) 1x 10 evenings daily.

[LIPISÇOR capsules](#) 2x 2 daily, [MAPURIT L capsules](#) 2x 1 daily.

[MUCEDOKEHL 5X drops](#) 2x 3-8 daily.

[USTILAKEHL 5X drops](#) 1x 10 mornings orally and/or for rubbing in for two to three months.

[HEXACYL drops](#) 1-3x 3-5 daily.

[SILVAYSAN capsules](#) 1-2x 1 daily.

[UTILIN 6X capsules](#) or suppositories 1x 1 weekly.

1-2x weekly injection i.m. with a mixture of: [USTILAKEHL 5X ampules](#) 1 ml, [UTILIN 6X ampules](#) 1 ml, [MUCOKEHL 7X ampules](#) 1 ml, alternating weekly with a mixture of: [USTILAKEHL 5X ampules](#) 1 ml, [NIGERSAN 5X ampules](#) 1 ml, [LATENSIN 6X ampules](#) 1 ml.

Coeliac Disease

see [allergic diseases](#)

Avoid cereals, if necessary test different kinds. Adults: Secondary form appears mostly as a latent allergy against cow's milk and hen's eggs or with additional sensitivity to lactose. Therefore only drops, ampules or suppositories should be prescribed. Follow diet as directed, additionally avoid onions and nuts.

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[ZINKOKEHL 3X drops](#) 2x 10 daily evenings orally.

[FORMASAN drops](#) 2x 5-10 daily.

VITAMIN B Komplex SANUM N 2x 2 ml injection i.m. weekly.

[OKOUBASAN 2X drops](#) 2x 2-8 daily orally.

[FORTAKEHL 5X drops](#) 2x 1-3 daily for 10 days, then [FORTAKEHL 5X drops](#) 2x 1-8 daily for 10 days, then [MUCOKEHL 5X drops](#) 1x 2-8 mornings and [NIGERSAN 5X drops](#) 1x 2-8 evenings,

Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) 2x 8 daily.

[SANUKEHL Salm 6X drops](#) 2x 5 daily orally and/or for rubbing in. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

Children over two years [SANUKEHL Coli 6X drops](#) 1x 1-5 daily for rubbing in.

[RECARCIN 6X drops](#) alternating daily with [UTILIN 6X drops](#) each 1x 1-2 daily for rubbing in.

Colic, Naval

Stomach colic and [naval colic](#) occur mostly in infancy, rarely later on. They are usually called the "three months colic" and are a sign of an enteral allergy (mostly cow's milk, hen's eggs), diet.

In later years expression of psychological/emotional tension (peristaltic sounds). In most cases bowel movement is undisturbed. Occasionally a hidden hernia is the reason. Acute Attack:

[ALKALA N powder](#) 1/2 measuring spoonful into the bath 2-3x weekly.

[MUCEDOKEHL 5X drops](#) 2x 1-2 daily for rubbing in.

[UTILIN 6X drops](#) 1x 1 daily for rubbing in.

Nasal lavage with [NOTAKEHL 5X drops](#), with elderly children several times daily.

Colitis ulcerosa

Colitis ulcerosa is a multi-factorial illness whereby the allergic components and the minimum psychologic capacity are strongly represented. The basis is a [tuberculine constitution](#). Diet according to Werthmann must be prescribed additionally banning onions and nuts. Never forget the therapy of the nasal cavities – nasal lavage. Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 1 teaspoon daily, [CITROKEHL tablets](#) 2x 1 daily.

[SELENOKEHL 4X drops](#) 1x 5 daily mornings and [ZINKOKEHL 3X drops](#) 1x 10 daily evenings.

[FORTAKEHL 5X drops](#) 1x 2-10 mornings and [PEFRAKEHL 5X drops](#) 1x 2-10 evenings daily orally and/or for rubbing in, for two weeks, then [EXMYKEHL 3X suppositories](#) 1x 1 daily for two weeks, then [MUCOKEHL 5X drops](#) 1x 5-10 mornings and [NIGERSAN 5X drops](#) 1x 5-10 evenings, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 1x 1.

[REBAS 4X capsules](#) 2x 1 daily.

[SANUKEHL Pseu 6X drops](#) alternating daily with [SANUKEHL Coli 6X drops](#) each 2x 5-10 orally. With exhaustion and susceptibility to [influenza](#), prescribe [SANUKEHL Serra 6X drops](#) instead of [SANUKEHL Coli 6X drops](#).

[BOVISAN 5X capsules](#) or [UTILIN "S" 6X capsules](#) and [RECARCIN 6X capsules](#) each 1x 1 alternating weekly.

1-2x daily nasal lavage with a mixture of: [NOTAKEHL 5X drops](#) 1x 20, [QUENTAKEHL 5X drops](#) 1x 20, [UTILIN "S" 6X drops](#) 1x 2.

Neural Therapy can be combined with [Isopathy](#) on abdominal points (stomach 25, naval, liver points) with a mixture of: [NOTAKEHL 5X ampules](#) 1 ml, [FORTAKEHL 5X ampules](#) 1 ml, [NIGERSAN 5X ampules](#) 1 ml, Procaine/Lidocaine 1% ampules 1 ml. Set weals to alarm points of the stomach (Stomach 25) as well as on the naval, or a pre-peritoneal injection (Werthmann) to the point Stomach 25 as segment therapy 1-2x per week. Repeated stool examinations for blood and a darkfield blood examination are necessary. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[FORTAKEHL 5X drops](#) mornings 1x 1 drop for every year for rubbing in and/or orally and [PEFRAKEHL 5X drops](#) evenings 1x 1 drop for every year for rubbing in and/or orally, for two weeks, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun [QUENTAKEHL 5X drops](#) 1x 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Salm 6X drops](#) and [SANUKEHL Prot 6X drops](#) alternating daily: Children from 2 to 6 years 1x 1-2 for rubbing in, Children from 6 to 14 years 1x 5 for rubbing in or orally, Children from 14 years 2x 5 orally.

[UTILIN "S" 6X drops](#) 1x 1-5 for rubbing in and/or orally.

[REBAS 4X capsules](#) 2x 1 daily.

Nasal lavage: see adults.

Colon Carcinoma

see [carcinoma](#), [atrophy of the intestinal mucous membrane](#)

The same criteria is valid for all forms of [carcinoma](#). Since a well developed intestinal mucous membrane increases defence and admits fewer germs and toxins into the body, the restoration of the mucosa enteralis is of utmost importance. Hypoallergenic diet with a large amount of oligomere proanthocyanidines (OPC). Furthermore attention must be paid to disruptive foci (teeth) and heavy metal burden. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily, [CITROKEHL ampules](#) 1-3x 2 ml injection i.m. weekly.

[FORTAKEHL 5X drops](#) 2x 1-10 daily for 10 days, then [EXMYKEHL 3X suppositories](#) 1-2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) 2x 10 daily alternating weekly with [MUCOKEHL Atox 6X drops](#) 1x 10 mornings and [NIGERSAN Atox 6X drops](#) 1x 10 evenings. Of course, instead of [FORTAKEHL 5X drops](#), [EXMYKEHL 3X suppositories](#) can be alternatively used.

[UTILIN 6X capsules](#) alternating weekly with [UTILIN "S" 6X capsules](#) each 1x 1.

[SANUKEHL Pseu 6X drops](#) 2x 5 orally and/or for rubbing in and, if necessary, alternating daily with [SANUKEHL Coli 6X drops](#) 2x 5 orally and/or for rubbing in.

1x weekly injection deep i.m. with a mixture of: [LARIFIKEHL 5X ampules](#) 1 ml, [UTILIN 6X ampules](#) 1 ml, [RECARCIN 6X ampules](#) 1 ml, Procaine/Lidocaine 1% ampules 1 ml.

If necessary - in addition: Ubichinon comp. ampules (Heel) 2 ml, Coenzyme comp. ampules (Heel) 2 ml, Hepar comp. Heel ampules 2 ml.

Conjunctivitis

see [allergic diseases](#), [sinusitis](#), [amalgam burden](#)[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 3x 5 daily, [CITROKEHL drops](#) 2x 10 daily.

[NOTAKEHL 5X drops](#) mornings 1x 5-10 and [NIGERSAN 5X drops](#) evenings 1x 5-10 daily for 10 days, then [SANKOMBI 5X drops](#) 2x 5-10 daily, Mon-Fri; Sat/Sun [NOTAKEHL 5X drops](#) mornings 1x 10 and [NIGERSAN 5X drops](#) evenings 1x 10 daily.

[MUCOKEHL 5X eye drops](#) several times daily 1 drop in the conjunctival sac.

Conjunctivitis purulenta: Instead of [MUCOKEHL 5X eye drops](#) dab [NOTAKEHL 5X drops](#) on the closed eye.

Also consider Euphrasia and Ruta graveolens.

Constipation, habitual

Function disorder mostly caused by enteral allergies, diet to rebuild the intestinal mucous membrane. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[FORTAKEHL 4X capsules](#) 2x 1 daily, with suspected fungal affection [EXMYKEHL 3X suppositories](#) 1-2x 1 daily, for two to three weeks, then [MUCOKEHL 4X capsules](#) 1x 1 mornings and

[NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 4X capsules](#) or [EXMYKEHL 3X suppositories](#) 2x 1 daily. Additional Treatment:

Psyllium (Mega Colon Clean).

Laevulose: lactulose which increases the acid flora.

Glauber Salt: 1 teaspoon in 1/2 litre of warm water evenings.

Cornu cutaneum

see [carcinoma](#), [verrucae](#)

The [cornu cutaneum](#) often develops on the basis of a basiloma, a verruca vulgaris or keratosis senilis. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#)

2x 1 daily.

2x weekly injection s.c. to the affected area with a mixture of: [MUCOKEHL 6X ampules](#) 1 ml, [SANUVIS ampules](#) 2 ml, Procaine/Lidocaine 1% ampules 1 ml. Long Term Therapy:

[MUCOKEHL 4X capsules](#) and [NIGERSAN 4X capsules](#) each 1x 1 alternating daily for two months, then a pause for four weeks, then repeat.

Cough

see [bronchitis catarrhalis](#) Additionally [FORMASAN drops](#) 2x 3-10 daily, [CERIVIKEHL 1X drops](#) 2x 1-5 daily, [LUFFASAN 4X tablets](#) 1x 1 daily or [LARIFIKEHL 5X drops](#) 1-2x 2-4 daily according to the symptoms and the individual testing.

[RELIVORA COMPLEX drops](#) 3x 3-25 daily.

Crohn`s Disease

see [colitis ulcerosa](#)

Severest form of the colitis syndrome, causes are multi-factoral.

NOTE: Clinical abdominal findings: A wave forming movement at the right side of the lower stomach which stops at the place of inflammation requires an examination by a surgeon!

Rectify nutritional defects, restoration of teeth, regulate mineral balance (Schuessler Therapy). Additional to the diet avoid onions and gaseous foods, prescribe plenty of fresh fish and enzymes for the digestion of fat. In case of lactose intolerance, prescribe all remedies as drops or if necessary as suppositories. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 1 teaspoon daily.

[CITROKEHL drops](#) 1x 10 daily.

[LIPISCOR capsules](#) 2x 1-5 daily.

[FORTAKEHL 5X drops](#) 1-2x 5-10 daily for 10 days, then [MUCOKEHL 5X drops](#) mornings 1x 5-10 and [NIGERSAN 5X drops](#) evenings 1x 5-10, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) 2x 10 daily.

[LATENSIN 6X drops](#) mornings 1x 1-3 and [UTILIN "S" 6X drops](#) evenings 1x 1-5 for rubbing into the stomach area before going to bed. Children and Sensitive Persons:

[SANKOMBI 5X drops](#) 2x 1-10 daily orally and/or for rubbing in, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) 2x 1-5 daily orally and/or for rubbing in. Additional Treatment:

2-3x weekly Neural Therapy with injection s.c. to the relevant points Ma 25, KG 3, KG 6, KG 12 or i.m. with a mixture of: [MUCOKEHL 5X ampules](#) 1 ml, [NIGERSAN 5X ampules](#) 1 ml,

[SANUKEHL Coli 7X ampules](#) 2 ml, Procaine/Lidocaine 1% ampules 2 ml, possibly in addition: Veratrum-Homaccord Heel ampules 2 ml.

With colic - combine the following as drops 3-5x 5-10 drops daily orally and/or for rubbing in or as injection i.m. or s.c: [MUCEDOKEHL 5X ampules](#) 1 ml, Veratrum Homaccord Heel ampules 1 ml,

Nux vomica Homaccord ampules Heel 1 ml.

Cystitis

see [sinusitis](#)

The urinary bladder is controlled by [Aspergillus niger](#) and infections therefore mostly appear with a tuberculinic constitution. The growth of various bacteria depends on the need of a particular pH value. As soon as the pH value in the bladder is changed by the intake of food pathogenic bacteria are broken down. Therefore acid foods should be taken one day and basic foods the next.

Always take into consideration the nose, sinus and incisor teeth. Exclude infection with [chlamydia](#) and mycoplasma.

Principal Preparations: NOTAKEHL, NIGERSANAdults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily and [CITROKEHL tablets](#) 2x 1 daily.

[NOTAKEHL 5X drops](#) 2x 5-10 daily, in acute phases 3-6x 5-10 daily, into the nose and/or orally for 5 to 7 days, then [MUCOKEHL 5X drops](#) 1x 5-10 mornings and [NIGERSAN 3X suppositories](#) 1x 1, Mon-Fri; Sat/ Sun [NOTAKEHL 5X drops](#) 2x 5-10 daily into the nose and/or orally.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 2x 1 weekly.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[SANUKEHL Pseu 6X drops](#) and [SANUKEHL Coli 6X drops](#) each 2x 5-10 orally alternating daily.

[SANUKEHL Pseu 6X ampules](#) 2x 1 ml injection i.m. weekly.

[EPISCORIT 1X drops](#) 3-4x 1-2 teaspoon daily for one week at most.

[LATENSIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly.Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Pseu 6X drops](#) and [SANUKEHL Coli 6X drops](#) alternating daily 2x 1-4 rubbing into the abdominal area.Additional Treatment:

Cantharis 6X.

Nasal lavage several times daily with a mixture of 30 drops [NOTAKEHL 5X drops](#) and physiological saline solution ad 100 drops. For children adapt dosage.

Cytomegaly status post

see [influenza](#), [disorders of pancreas](#)

Portal of entry: foetal caused by presence of a virus in the mother, post birth caused by lubrication or drop infection, facultative pathogenicity; at the age of 35 years antibodies show in 50 to 80% of all those examined. Children frequently have cerebral form and adults a hepatosplenic form with pancreas involvement.

Principal Preparations: QUENTAKEHL, SANUKEHL Serra, SANUKEHL PseuAdults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[LIPISCOR capsules](#) 2x 2 daily.

[QUENTAKEHL 5X drops](#) up to 4x 10 daily orally and/or for rubbing in.

[SANUKEHL Serra 6X drops](#) and [SANUKEHL Pseu 6X drops](#) each 1x 5-10 daily orally and/or for rubbing in.

[UTILIN 6X suppositories](#) and [LATENSIN 6X suppositories](#) each 1x 1 alternating weekly.

Nasal lavage with a mixture of 10 drops [NOTAKEHL 5X drops](#) and 10 drops [QUENTAKEHL 5X drops](#). Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS drops](#) 1x 1 teaspoon daily, [CITROKEHL tablets](#) 2x 1/2 daily.

CERIVIKEHL drops 2-4x 5 daily.

[LIPISCOR capsules](#) 2x 1 daily.

[QUENTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Serra 6X drops](#) alternating daily with [SANUKEHL Pseu 6X drops](#) each 1x 1-5 for rubbing in.

[LATENSIN 6X drops](#) alternating weekly with [UTILIN "S" 6X drops](#) each 1x 1-5 for rubbing in.

Dacryocystitis

Obstruction of nasolacrimal ducts

Mostly reversible in new-born babies. For older children and adults these must be punctured and rinsed out by an ophtalmologist (eye specialist).

Principal Preparation: MUCOKEHL [SANUVIS drops](#) 2x 5-20 daily.

[MUCOKEHL 5X eye drops](#) several times a day to be applied (in horizontal position) to the inner corner of the eye. This treatment is usually optimal for new-borns. In every case, older children and adults [UTILIN "S" 6X drops](#) 1x 2-5 daily for rubbing in the skin.

If necessary, apply [RUBERKEHL 5X drops](#) 2x 1-2 alternating daily with [NIGERSAN 5X drops](#) on the closed eyelid and to the side of the nose.

Dacryostenosis

see dacryocystitis

Degos Syndrome

see [papulosis](#)

Depression

First check whether endogenic or reactive; oral panorama X-ray (disruptive foci of teeth), intestinal restoration.

Principal Preparation: MUCEDOKEHL [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[CITROKEHL tablets](#) 2x 1 daily, [SANUVIS drops](#) 2x 1 teaspoon daily.

Attempt with [MUCEDOKEHL 3X suppositories](#) 2x 1 daily, Mon-Fri; Sat/Sun Luesinum 30X.

[MUSCARSAN 6X tablets](#) 1-3x 1 daily.

Dermatitis

see [eczema](#), [seborrheic warts](#), [atrophy of the intestinal mucous membrane](#)

Dermoid Cysts

A formation of the skin encapsulated in the body which appears mostly as a hair nest fistula or dermoid coccygeal. It is a congenital disorder often with [abscess](#) or fistula formations which must be operated. The formation of cysts are often due to thyroid hypofunction, therefore determine iodine in whole blood. Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[SANKOMBI 5X drops](#) 2x 5-10 daily orally and/or for rubbing in.

[LATENSIN 6X capsules](#) 1x 1 weekly.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 2-3x 1 weekly.

[UTILIN "S" 6X capsules](#) 1x 1 weekly, after 3-4 weeks change to [UTILIN "S" 4X capsules](#) 1x 1 monthly. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[UTILIN "S" 6X drops](#) 1-2x 1-5 daily for rubbing into the skin.

Diabetes

see [diabetes mellitus](#)

Diabetes mellitus

see [disorders of pancreas](#), [atrophy of the intestinal mucous membrane](#)

Check the history of the illness and nutritional habits thoroughly. Observe an ever present susceptibility to infection. Diet for diabetes, also omit products containing or originating from cow's milk. At the beginning of the cure take also one teaspoon magnesium sulphate with lukewarm water orally daily. Should this intestinal cleansing prove successful then it can be continued over a period of many weeks. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SELENOKEHL 4X drops](#) 1x 10 daily mornings and [CUPRUCHEHL 3X drops](#) 1x 10 daily at noon and [MAPURIT L capsules](#) 1x 1-2 daily at noon and [ZINKOKEHL 3X drops](#) 1x 10 daily evenings.

[PINIKEHL 5X drops](#) 1x 8 daily.

[HEXACYL drops](#) 2x 5 daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [FORTAKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [SANKOMBI 5X drops](#) 2x 10 daily orally and/or for rubbing in, Mon-Fri;

Sat/Sun [FORTAKEHL 5X drops](#) 2x 10 daily orally and/or for rubbing in.

[UTILIN 6X capsules](#), [LATENSIN 6X capsules](#) and [UTILIN "S" 4X capsules](#) each 1x 1 alternating weekly. Additional Treatment:

Leptandra comp. Heel, Berberis Homaccord Heel.

Rose-hip tea, bilberry/blueberry tea and bean shell tea (the latter requires a long infusion time) all have blood sugar lowering effects.

Neural Therapy with a mixture of 1 ml [MUCOKEHL 7X ampules](#) and 1 ml Lidocaine 1% ampules either segmental or to the upper right sympathetic trunk can bring surprising improvements.

Diarrhoea

see [allergic diseases](#), [atrophy of the intestinal mucous membrane](#)

Strictly observe diet, drink teas containing tanning agents from rosaceae. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[OKOUBASAN 2X drops](#) 3-5x 5 daily.

[ZINKOKEHL 3X drops](#) 1x 10 evenings.

[FORTAKEHL 5X drops](#) and [NOTAKEHL 5X drops](#) each 1x 2-10 daily orally and/or for rubbing in for 10 days (in bacterial cases), or [QUENTAKEHL 5X drops](#) 1x 2-10 daily orally and/or for rubbing in for 10 days (in viral cases), then [FORTAKEHL 3X suppositories](#) 1x 1 daily evenings for 10 days, then [MUCOKEHL 4X capsules](#) mornings 1x 1 and [NIGERSAN 5X drops](#) evenings 1x 10,

Mon-Fri; Sat/Sun [FORTAKEHL 3X suppositories](#) 1x 1 daily.

[SANUKEHL Salm 6X drops](#) and [SANUKEHL Coli 6X drops](#) each 2x 5 orally alternating daily.

Diphtheria

see [angina](#)

Drug Abuse

Principal preparations: MUSCARSAN, ALKALA, MUCEDOKEHL [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS tablets](#) 2x 1 daily.

[CITROKEHL tablets](#) 2x 1 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[MUSCARSAN 6X tablets](#) 3x 1 daily.

[SILVAYSAN capsules](#) 3x 1 daily to strengthen the liver.

[MUCEDOKEHL 5X drops](#) 2x 5-10 orally and/or for rubbing in.

1-2x weekly injection i.m. with a mixture of: [MUSCARSAN 6X ampules](#) 1 ml, [MUCEDOKEHL 5X ampules](#) 1 ml, [SANUVIS ampules](#) 2 ml.

Dupuytren's Finger Contracture

see [induratio penis plastica](#)

Increased protein deposit in the palmar fasciae and finger tendons, therefore low protein diet. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon mornings and [CITROKEHL tablets](#) 1x 1 evenings daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

For three to five weeks treatment with [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [MUCOKEHL Atox 6X drops](#) 1x 10 daily mornings orally and/or for rubbing in and [NIGERSAN Atox 6X drops](#) 1x 10 daily evenings orally and/or for rubbing in.

[SANUKEHL Myc 6X drops](#) 2x 5-10 daily orally and/or for rubbing in.

Initially 2x weekly, then at intervals of two weeks, infiltration of the increased connective tissue with a mixture of 1 ml [MUCOKEHL 5X ampules](#) and 1 ml Procaine /Lidocaine 1% ampules. Initial infiltration is difficult due to the hardness of the connective tissue, but becomes easier from time to time. The rapidly occurring increasing movement makes patients forget the painful injection.

On injection-free days administer [SANKOMBI 5X drops](#) locally to the affected tendons. Additional Treatment:

Use Schuessler Salts 1, 2, 7 and 11.

Dysmenorrhoea

Causes: hormonal defects, psychological angst, disruptive foci (genital scars, teeth, tonsils).

Principal preparations: USTILAKEHL, CALVAKEHL, MUCEDOKEHL [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS tablets](#) 2x 1 daily, [CITROKEHL tablets](#) 1x 1 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[MUCEDOKEHL 5X drops](#) mornings 2x 3-5 for rubbing in for weeks.

[USTILAKEHL 5X suppositories](#) 1x 1 daily rectally to be administered a few days before menstruation begin.

2 days before menstruation begin cervical or paracervical injection with a mixture of: [NIGERSAN 5X ampules](#) 1 ml, [USTILAKEHL 5X ampules](#) 1 ml, if necessary - additionally Lidocaine 1% 1 ml ampules.

During Menstruation injection deep i.m. with a mixture of: [MUCOKEHL 6X ampules](#) 1 ml, [UTILIN 6X ampules](#) 1 ml, Procaine/Lidocaine 1% ampules 1 ml. From third week on replace

[UTILIN 4X ampules](#) with [UTILIN "S" 6X ampules](#).

Use [CALVAKEHL 3X drops](#) 3-5x 3-5 daily orally or for rubbing on the symphysis in cases of strong an long term menstruation.

Earache

see [otitis](#)

Eczema

see [allergic diseases](#), [atrophy of the intestinal mucous membrane](#)

Every [eczema](#) is like [dermatitis](#), a physical attempt at excretion and includes a not uncommon enteral disorder. An existing [itching](#) is created through disturbed metabolism of the arachidonic acid which can be caused by cell degeneration. This takes place with intestinal allergies, therefore, diet is the best means against [itching](#). Acute Stage: Itching, inflammation without scar formation, weeping vesicular reddening.

Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[CITROKEHL tablets](#) 1x 1 daily and [SANUVIS drops](#) 2x 1 teaspoon daily.

Excretion with [HEXACYL drops](#) 1-3x 1-5 daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [FORTAKEHL 5X tablets](#) 2x 1 daily over two to three weeks, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, after two to three weeks [MUCOKEHL 3X suppositories](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

[UTILIN 6X capsules](#), [LATENSIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

Excretion with [HEXACYL drops](#) 1x 1-5 daily.

[FORTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri;

Sat/Sun [FORTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[RECARCIN 6X drops](#) and [UTILIN 6X drops](#) each 1x 2 for rubbing in alternating daily. Chronic Stage: Itching, lichenification

Adults:

[SANUVIS drops](#) 2x 1 teaspoon daily orally and [CITROKEHL ampules](#) 1-3x 2 ml injection i.m. weekly, on injectionfree days [CITROKEHL tablets](#) 1x 1 daily.

[SANKOMBI 5X drops](#) alternating daily with [NOTAKEHL 5X drops](#) each 2x 5-10 for rubbing in.

[UTILIN 4X capsules](#) and [LATENSIN 6X capsules](#) each 1x 1 alternating weekly.

[SANUKEHL Myc 6X drops](#) and [SANUKEHL Coli 6X drops](#) alternating daily 1x 5 orally and 1x 5 for rubbing in. Children:

As in the acute stage, children are like vulcanos i.e. spontaneous improvement. In addition to the basic therapy:

[SANUKEHL Myc 6X drops](#) 1x 2 for rubbing in 3x weekly.

Lachesis 30X Glob. 1-2x 5 daily.

Eczema, Impetiginous

see [impetigo](#)

Embolism status post

Always accompanied with hyperproteinaemia, an increase in thrombocytes, water deficiency, varices. Change eating habits!

Principal Preparations: MUCOKEHL, SANUVIS, LIPISCOR On first day of therapy injection i.m. with a mixture of: [UTILIN "S" 6X ampules](#) 1 ml, [MUCOKEHL 6X ampules](#) 1 ml. The injection mixture is important for rapid excretion and can be repeated, when required, every four weeks.

During the first week of treatment, if necessary, injection i.m. daily with 1 ml [MUCOKEHL 6X ampules](#), with improvement reduce to once weekly.

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS tablets](#) 2x 1 daily.

[LIPISCOR capsules](#) 2x 5 daily.

[MAPURIT L capsules](#) 1x 2 daily.

[MUCOKEHL 3X suppositories](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [UTILIN "S" 6X drops](#) 2x 5 daily orally.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 3x 1 weekly.

[SANUKEHL Acne 6X drops](#) 1x 10 daily orally and/or for rubbing in.

Longterm Treatment: [SANKOMBI 5X drops](#) 2x 10 daily orally and/or for rubbing in.

Empyema status post

An empyema (peritoneal cavity) mostly causes an acute abdomen. Hospital referral is necessary. Mostly a status post therapy [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 1x 1 daily.

[NOTAKEHL 3X suppositories](#) 2x 1 daily, after 10 days [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 3X suppositories](#) 2x 1 daily.

[UTILIN 6X capsules](#), [LATENSIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly.

[SANUKEHL Pseu 6X drops](#) alternating daily with [SANUKEHL Salm 6X drops](#) each 1x 5-10 orally.

1x every two weeks injection deep i.m. with a mixture of: [UTILIN "S" 6X ampules](#) 1 ml, [NOTAKEHL 5X ampules](#) 1 ml, [CITROKEHL ampules](#) 2 ml.

Encephalitis epidemica status post

Partial recoveries are seldom reparable, but improvable! Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 1 teaspoon daily and [CITROKEHL tablets](#) 2x 1 daily.

[MAPURIT L capsules](#) 2x 1 daily, [CUPRUEHL 3X drops](#) 2x 5 daily, possibly [RELIVORA COMPLEX drops](#) 3x 20 daily.

[NOTAKEHL 3X suppositories](#) 1x 1 mornings and [QUENTAKEHL 3X suppositories](#) 1x 1 evenings for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 5X tablets](#) 2x 1 daily.

[UTILIN 6X capsules](#) alternating weekly with [LATENSIN 6X capsules](#) each 1x 1.

[UTILIN "S" 6X drops](#) 1x 5 daily oral and/or for rubbing in.

[SANUKEHL Pseu 6X ampules](#) alternating weekly with [SANUKEHL Strep 5X ampules](#) each 1x 1.0 ml injection i.m. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS drops](#) 2x 5-20 daily.

[NOTAKEHL 5X drops](#) mornings and [QUENTAKEHL 5X drops](#) evenings each 1x 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year

for rubbing in and/or orally, Mon-Fri; Sat/Sun [NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[UTILIN 6X drops](#) alternating daily with [LATENSIN 6X drops](#) each 1x 2 for rubbing in.

Endoarteriitis obliterans Raynaud

Predominantly women, psychological involvement.

Principal Preparations: MUCOKEHL, MUCEDOKEHL, PROPIONIBACTERIUM AVIDUM [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[FORTAKEHL 5X tablets](#) 2x 1 daily for one week, then [MUCOKEHL 3X suppositories](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 3x weekly.

[SANUKEHL Acne 6X drops](#) alternating daily with [UTILIN "S" 6X drops](#) each 1x 5 orally and/or for rubbing in. Thereafter long term therapy:

[MUCOKEHL 3X suppositories](#) alternating daily with [MUCEDOKEHL 3X suppositories](#) each 1-2x 1 (above all with psychological involvement).

[UTILIN "S" 6X ampules](#) 1x 1 ml injection deep i.m. every two weeks.

2x weekly [MUCOKEHL 5X ampules](#) or [MUCEDOKEHL 5X ampules](#) 1x 2 ml injection i.m.

Endocarditis

Locate source of infection; check tonsils, teeth, gall bladder inflammation. Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 1-3x 5 daily.

[STROPHANTHUS 4X SANUM drops](#) 1-3x 5 daily.

[NOTAKEHL 4X capsules](#) 2x 1 daily for two weeks, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 4X capsules](#) 2x 1 daily.

[SANUKEHL Pseu 6X drops](#) alternating daily with [SANUKEHL Strep 6X drops](#) each 1x 5-10 orally and/ or for rubbing in.

[UTILIN "S" 6X drops](#) 1x 5 daily orally and/or for rubbing in.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 2x 1 weekly. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS 2X drops](#) 1-3x 1-5 daily.

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for two weeks, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri;

Sat/Sun [NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Pseu 6X drops](#) alternating daily with [SANUKEHL Strep 6X drops](#) each 1x 1-5 for rubbing in.

[UTILIN "S" 6X drops](#) 2x 1-3 for rubbing in weekly.

Endometriosis

see [dysmenorrhoea](#)

Triggers are the coil, constipation, ileus, infection with Staphylococci, disruptive foci of teeth; electroacupuncture testing.

Principal Preparations: NIGERSAN, NOTAKEHL [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS tablets](#) 2x 1 daily, [CITROKEHL drops](#) 2x 5-10 daily.

[RELIVORA COMPLEX drops](#) 3x 20 daily.

[NOTAKEHL 4X capsules](#) 2x 1 daily for 10 days, then [FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 3X suppositories](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

[LATENSIN 6X capsules](#) and [RECARCIN 6X capsules](#) each 1x 1 alternating weekly.

[UTILIN "S" 6X ampules](#) 1x 1 ml injection deep i.m. every two weeks. Additional Treatment:

Neural Therapy (segmental, subpubic or para-cervical infiltration, gynaecologists intra-cervical) with a mixture of: [NIGERSAN 5X ampules](#) - [NIGERSAN 7X ampules](#) 1 ml, [NOTAKEHL 5X ampules](#) - [NOTAKEHL 7X ampules](#) 1 ml, Lidocaine 1% ampules 1 ml.

Endometritis

see [endometriosis](#)

Enteral Mycosis

A mycosis is never an infection but a damage of the milieu. Diet without raw cellulose components and short-chained carbohydrates, oral panorama X-ray. Candida is a "vacuum cleaner" for heavy metals.

Principal Preparations: EXMYKEHL, FORTAKEHL, SANUKEHL Prot, SANUKEHL CandAdults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 1 teaspoon daily.

[CITROKEHL drops](#) 1x 10 daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings,

Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 2x 1 daily.

[SANUKEHL Prot 6X drops](#), [SANUKEHL Myc 6X drops](#) and [SANUKEHL Cand 6X drops](#) each 2x 5 alternating daily orally and/or for rubbing in.

[UTILIN "S" 6X drops](#) 1x 5 for rubbing in.Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS drops](#) 2x 10-20 daily, [CITROKEHL drops](#) 1x 2-10 daily.

[ALBICANSAN 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [FORTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days,

then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun [PEFRAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Prot 6X drops](#) and SANUKEHL Cand 6X each 1x 2 alternating daily for rubbing in and/or orally.

[UTILIN "S" 6X drops](#) 1x 1-5 for rubbing in and/or orally.

Enteritis

see [allergic diseases](#), [atrophy of the intestinal mucous membrane](#)

Entotic murmur

Impeded micro-arterial flow, [hypertonia](#), viscosity. The gall bladder meridian controls the disorder (= sympathetic nervous system, hormonal, psychological, gall bladder / liver burden).

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[GINKGOBAKEHL 1X drops](#) 1-3x 5 daily in warm water.

[LIPISCOR capsules](#) 2x 2 daily.

[ASPERGILLUS ORYZAE 6X drops](#) 1x 8 daily orally and 1x 5 for rubbing in locally alternating daily with [MUCOKEHL 4X capsules](#) 2x 1 daily.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 3x 1 weekly.

[LATENSIN 6X capsules](#) alternating weekly with [UTILIN 6X capsules](#) each 1x 1.

3x weekly neural therapy on the periosteum around the ear (gall bladder meridian, gate to the ear, Gbl. 17, mastoid) and on the tonsils with a mixture of: [MUCOKEHL 5X ampules](#) 1 ml, Graphites

Homaccord ampules 1 ml, Lidocaine/Procaine 1% ampules 1 ml.

Enuresis

see [bed wetting](#)

Epicondylitis

The area of pain is not the cause. Tennis and thrower elbows are not only ill by over-exertion in the joint, but also through a (root treated) tooth from 4-7 in the upper or lower jaw, mostly on the same side. Check and treat disruptive foci as well as the meridian of large intestine! Mostly, the correct diagnosis can be proven by an injection with 1 ml [NOTAKEHL 5X ampules](#) and 0.5 ml Xylocaine/Procaine 1% ampules next to the tonsils (palatoglossal arch) which relieves the pain in the joint. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 20 daily, [CITROKEHL drops](#) 1-2x 10 daily.

[NOTAKEHL 3X suppositories](#) 2x 1 daily over 10 days, then [FORTAKEHL 3X suppositories](#) 2x 1 daily over 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 3X suppositories](#) 2x 1 daily.

[RECARCIN 6X capsules](#) and [UTILIN 6X capsules](#) each 1x 1 alternating weekly.

[SANUKEHL BruceI 6X drops](#) 1x 5 daily for rubbing in locally.

[ARTHROKEHLAN "A" 6X ampules](#) 1-2x 0.2 - 1 ml injection i.m. weekly, on injection-free days [ARTHROKEHLAN "A" 6X drops](#) 1x 5-10 daily.

Epilepsy

see [apoplexy status post](#)

Infants and small children: congenital, traumatic birth, post-encephalitic; Older children and adults: traumatic, post-encephalitic, post-apoplectic. The disease is always related to a scar which is less irritable in the alkaline milieu. Never abruptly discontinue previous medication, if at all, but slowly reduce, control by EEG.

Principal Preparations: MUSCARSAN, FORTAKEHLAdults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS tablets](#) 3x 1 daily, [CITROKEHL tablets](#) 1-2x 1 daily.

[MUSCARSAN 6X tablets](#) 3x 1 daily.

[FORTAKEHL 4X capsules](#) 1x 1 mornings and [NOTAKEHL 4X capsules](#) 1x 1 evenings, after three to four weeks [MUCOKEHL 4X capsules](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 4X capsules](#) 2x 1 daily.

After a further one to two months possibly replace [MUCOKEHL 4X capsules](#) replace with [MUCEDOKEHL 5X drops](#) 1x 8 daily orally and/or for rubbing in.

[SANUKEHL Myc 6X drops](#) 1x 5 daily orally and/or for rubbing in.

[UTILIN 6X capsules](#) and [LATENSIN 6X capsules](#) each 1x 1 alternating weekly.

[UTILIN "S" 6X drops](#) 1x 5 daily orally and/or for rubbing in or [UTILIN "S" 6X ampules](#) 1x 1 ml injection deep i.m. every two weeks.Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS tablets](#) 2x 1/2 - 1 daily, [CITROKEHL tablets](#) 1x 1 daily.

[MUSCARSAN 6X tablets](#) 1x 1/2 - 1 daily.

[SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[UTILIN 6X drops](#) alternating daily with [LATENSIN 6X drops](#) each 1x 1-2 for rubbing in.The following homeopathics support the isopathy:

Calcium carbonicum (blond, blue eyed) 12X; Magnesium phosphoricum (dark haired, dark eyed) 12X. Always begin in 12X 1x 5 Glob. daily, then later with a higher potency.

According to Silke Muethen the administration of vitamin D3 and calcium can help to uncramp spastic muscles resulting from anti-epileptic drugs, which are vitamin D3 "thieves".

Epistaxis

see [nosebleed](#)

Erysipelas

Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 3x 5 daily.

[CITROKEHL drops](#) 2x 5-10 daily.

[NOTAKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 3X suppositories](#) 2x 1 daily.

[SANUKEHL Strep 6X drops](#) 2x 5-10 daily orally and/ or for rubbing in.

[LATENSIN 6X capsules](#) and [UTILIN 6X capsules](#) each 1x 1 alternating weekly.

[UTILIN "S" 6X drops](#) 1x 5 daily for rubbing in.

Neural Therapy injection with a mixture of 1 ml [NOTAKEHL 5X ampules](#) and 1 ml Procaine/Lidocaine 1% ampules.

Locally administer 2-3x daily [NOTAKEHL 5X drops](#) alternating daily with MUCOKEHL 5X or [QUENTAKEHL 5X drops](#). Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS tablets](#) 1x 1-2 daily.

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Strep 6X drops](#) 2x 1-4 daily for rubbing in.

[UTILIN "S" 6X drops](#) 3x 1-5 weekly for rubbing in.

Erysipelas peninis

Streptococcus infection caused by surface wounds. Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[CITROKEHL tablets](#) 2x 1 daily, [SANUVIS 2X drops](#) 3x 5 daily.

[NOTAKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 3X suppositories](#) 2x 1 daily.

[UTILIN 6X capsules](#) and [LATENSIN 6X capsules](#) each 1x 1 alternating weekly.

[UTILIN "S" 6X drops](#) and [SANUKEHL Strep 6X drops](#) each 1x 5 for rubbing in alternating daily. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[CITROKEHL tablets](#) 1x 1 daily, [SANUVIS 2X drops](#) 3x 1-4 daily.

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

From the third day [UTILIN 6X drops](#) and [RECARCIN 6X drops](#) each 1x 1-2 alternating daily for rubbing into the bend of the elbow.

Erythema exsudativum multiforme

see [atrophy of the intestinal mucous membrane](#), [amalgam burden](#)

Causes: Herpes simplex, [rheumatic](#) diseases, tuberculinic weaknesses, atrophy of the intestines. Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL drops](#) 1x 10 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[MUSCARSAN 6X drops](#) 2x 10 daily or 3x weekly injection i.m. with [MUSCARSAN 6X ampules](#) 1x 2 ml.

[SILVAYSAN capsules](#) 3x 1 daily.

[FORTAKEHL 3X suppositories](#) 2x 1 alternating daily with [QUENTAKEHL 3X suppositories](#) 2x 1 for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings,

Mon-Fri; Sat/Sun [FORTAKEHL 3X suppositories](#) 2x 1 daily.

[UTILIN "S" 6X capsules](#) 1x 1 every two weeks or [UTILIN "S" 6X ampules](#) 1x 1 ml injection deep i.m. every two weeks. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS tablets](#) 2x 1/2 - 1 daily, [CITROKEHL tablets](#) 1x 1/2 - 1 daily.

[MUSCARSAN 6X drops](#) 2x 1-5 daily.

[FORTAKEHL 5X drops](#) alternating daily with [QUENTAKEHL 5X drops](#) each 2x daily 1 drop for every year for rubbing in and/or orally, for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for

every year for rubbing in and/or orally, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[UTILIN "S" 6X drops](#) 2x 1-5 weekly for rubbing in.

[SANUKEHL Myc 6X drops](#) 1x 1-2 daily for rubbing in.

Erythema nodosum

Causes: Mostly damage caused by antibiotics, [tuberculin constitution](#); with adults often Sarcoidosis, diagnosis by lung X-ray. Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[QUENTAKEHL 5X drops](#) alternating daily with [NOTAKEHL 5X drops](#) each 2x 5-10 for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings,

Mon-Fri; Sat/Sun [NOTAKEHL 5X drops](#) 2x 10 daily.

[SANUKEHL Myc 6X drops](#), [SANUKEHL Serra 6X drops](#) and [SANUKEHL Klebs 6X drops](#) each 2x 5-10 alternating daily.

[BOVISAN 6X drops](#) 1x 5-10 daily orally and/or for rubbing in.

[LATENSIN 6X ampules](#), [UTILIN 6X ampules](#) and [UTILIN "S" 6X ampules](#) either alternating weekly injection i.m. 1x 1 ml or according to the individual testing. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS drops](#) 2x 5-20 daily, [CITROKEHL drops](#) 2x 2-5 daily.

[NOTAKEHL 5X drops](#) alternating daily with [QUENTAKEHL 5X drops](#) each 1x 1 drop for every year for rubbing in and/or orally, for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun [NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Pseu 6X drops](#) alternating daily with [SANUKEHL Myc 6X drops](#) each 1x 1-2 for rubbing in.

[UTILIN "S" 6X drops](#) 3x 1-4 weekly for rubbing in.

Erythematosis Syndrome

see [allergic diseases](#), [amalgam burden](#), [atrophy of the intestinal mucous membrane](#), [rheumatic](#)

Important: Diet, detoxification of liver and kidneys, observe teeth and heavy metal burden. Shows as [rheumatic](#) illness. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily, [FORMASAN drops](#) 2x 30 daily.

[HEXACYL drops](#) 2-3x 5 daily.

[FORTAKEHL 5X drops](#) 2x 2-10 daily for rubbing in and orally for 10 days, then [FORTAKEHL 4X capsules](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 4X capsules](#) 2x 1 daily.

[LATENSIN 6X capsules](#) 1x 1 weekly from third week of therapy on.

[UTILIN "S" 6X drops](#) 1x 5 daily for rubbing in.

[SANUKEHL Coli 6X drops](#) 2x 5-10 daily half for rubbing in and half orally.

With this disease no injection therapy with LATENSIN or UTILIN "S", but for rubbing in! Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS drops](#) 2x 5-20 daily, [CITROKEHL drops](#) 1x 2-10 daily, [FORMASAN drops](#) 2x 3-15 daily.

[FORTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri;

Sat/Sun [FORTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/ or orally.

[SANUKEHL Coli 6X drops](#) 2x 1-5 daily for rubbing in.

[UTILIN "S" 6X drops](#) 1x 1-3 weekly for rubbing in. Additional Treatment:

Calcium fluoratum 12X Glob. 1x 1-10 daily.

Acidum nitricum 6X Glob. 1x 5 daily.

Eye cataract

see [cataract](#), [ocular vessel diseases](#)

Eye, Inflammation of the

see [ophthalmia](#)

Fermentation of Stomach

see [fermentation of stools](#)

Fermentation of Stools

see [hepatopathy](#), [cirrhosis of liver](#), [atrophy of the intestinal mucous membrane](#), [haemorrhoids](#), [disorders of pancreas](#).

Avoid fermentation because of the formation of fusel alcohol. Diet, no fresh fruit or vegetables, no dried fruit, no fatty foods. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 3x 3-5 daily, [CITROKEHL drops](#) 2x 5-10 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[LIPISCOR capsules](#) 2x 3 daily.

[SILVAYSAN capsules](#) 2x 1 daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings,

Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 2x 1 daily.

[SANUKEHL Klebs 6X drops](#) alternating daily with [SANUKEHL Coli 6X drops](#) each 1x 5-10 orally and/or for rubbing in.

[BOVISAN 5X capsules](#) 1x 1 weekly.

Fibromyalgia

Patients need a lot of exercise, a sufficient amount of fluids, a lot of fruit and vegetables and should avoid animal protein and carbohydrates. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily, [FORMASAN drops](#) 2x 30 daily.

[NOTAKEHL 5X tablets](#) 2x 1 alternating daily with [QUENTAKEHL 5X drops](#) 2x 10 for 10 days, then [LARIFIKEHL 5X drops](#) 2x 10 daily for 10 days, then [LARIFIKEHL 4X capsules](#) 1x 1 daily for 10 days, then [SANKOMBI 5X drops](#) 2x 10 daily, Mon-Fri; Sat/Sun [NOTAKEHL 5X tablets](#) 1x 1 mornings and [QUENTAKEHL 5X drops](#) 1x 10 evenings.

[UTILIN 6X suppositories](#) 1-3x 1 weekly.

[SANUKEHL Myc 6X drops](#), [SANUKEHL Pseu 6X drops](#) and [SANUKEHL Prot 6X drops](#) alternating daily each 1x 4-8 orally and for rubbing in.

Fissura ani

see [haemorrhoids](#)

Fluor genitalis

see [mycosis of body orifices](#), [sinusitis](#)

Causes: hormonal (the pill), coil, mycosis, vegetative. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 3x 5 daily, [CITROKEHL drops](#) 1x 10 daily.

[LIPISCOR capsules](#) 2x 3 daily, [MAPURIT L capsules](#) 2x 1 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

In case of [pruritus](#) apply locally [PEFRAKEHL 5X drops](#) 3-4x daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily rectally for 10 days, then [MUCOKEHL 3X suppositories](#) 1x 1 and [NIGERSAN 3X suppositories](#) 1x 1 alternating daily rectally, Mon-Fri; Sat/Sun

[EXMYKEHL 3X suppositories](#) 2x 1 daily.

[UTILIN "S" 6X drops](#) 1x 5 daily orally and/or for rubbing in.

[RECARCIN 6X capsules](#) 1x 1 weekly.

Vaginal douche 2-3x weekly with one tablespoon of [SANUVIS drops](#), diluted at a ratio of 1:5 with water, and 2 ml [NIGERSAN 7X ampules](#).

In case of no improvement, after two weeks change from [MUCOKEHL 3X suppositories](#) to [MUCEDOKEHL 3X suppositories](#).

Nasal lavage in particular with lymphatic patients with [SANKOMBI 5X drops](#).

Hip baths with tea from Achillea and Equisetum; drink sufficient amounts of tea from Lamium album and Alchemilla vulgaris in equal shares.

Frostbite

Chilblains ([perniones](#))

Principal Preparations: MUSCARSAN, MUCOKEHL [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 1-3x 5 daily.

[LIPISCOR capsules](#) 2x 1 daily, [CUPRUEHL 3X drops](#) 2x 10 daily.

[MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [MUSCARSAN 6X drops](#) 2x 10 daily.

[NIGERSAN 5X drops](#) for rubbing in locally.

[SANUKEHL Myc 6X drops](#) 2x 5 daily orally and/or for rubbing in.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 3x 1 weekly.

[LATENSIN 6X ampules](#) and [UTILIN 6X ampules](#) each 1x 1 ml injection i.m. alternating weekly.

Hand and foot baths with a 1% mixture of Rosmarinus officinalis oil (mix 50 ml Simmondsia chinensis oil with 10 drops of essential oil of Rosmarinus. Add two to three drops to a tablespoon of salt, sugar or honey and suspend in warm water).

Fungal Infections

see [candidiasis](#), [enteral mycosis](#), [mycosis of body orifices](#), [amalgam burden](#), [atrophy of the intestinal mucous membrane](#), [fluor genitalis](#)

Furunculosis

see [abscess](#)

Expression of excretion; autohaemotherapy

Principal Preparation: NOTAKEHLAdults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SILVAYSAN capsules](#) 2x 1 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[NOTAKEHL 3X suppositories](#) 2x 1 daily, for one or two weeks, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 5X tablets](#) 2x 1 daily.

[SANUKEHL Myc 6X drops](#) and [SANUKEHL Staph 6X drops](#) each 1x 2-10 alternating daily, half orally and half for rubbing in.

Autohaemotherapy.Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SILVAYSAN capsules](#) 1x 1-2 daily.

Excretion with [HEXACYL drops](#) 1-3x 1-5 daily.

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for two weeks, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri;

Sat/Sun [NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Myc 6X drops](#) and [SANUKEHL Staph 6X drops](#) daily 1x 1-5 alternating daily for rubbing in.

In cases of relapse, use [SANUKEHL Pseu 6X drops](#), [SANUKEHL Salm 6X drops](#) or [SANUKEHL Strep 6X drops](#) instead of [SANUKEHL Staph 6X drops](#).

Gall Bladder Complaints

see [atrophy of the intestinal mucous membrane](#), [allergic diseases](#), [cholecystitis](#), [cholangitis](#)

Avoid fatty foods, prescribe enzyme preparations. Check the gall bladder meridian with electro-acupuncture (it is the carrier of summary measuring points of the sympathetic trunk and hormonal meridian). According to Dosch 80% of gall bladder removals occur in females. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[CITROKEHL tablets](#) 2x 1 daily.

[SANUVIS drops](#) 2x 1 teaspoon daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[SILVAYSAN capsules](#) 2x 1 daily to strengthen the liver cells.

[TARAXAN 3X ampules](#) 1-2x 1 ml weekly for improvement of the bile flow (contraindication: gallstones!)

[ZINKOKEHL 3X drops](#) 1x 10 evenings daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings,

Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

[SANUKEHL Coli 6X drops](#), [SANUKEHL Pseu 6X drops](#) and [SANUKEHL Salm 6X drops](#) alternating daily each 2x 5-10 orally and/or for rubbing in.

[LATENSIN 6X capsules](#), [UTILIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly.

Ganglion

Hygroma

Mucoid cyst formation with slimy degeneration of the connective tissue. Diet.

Differential Diagnosis: fibroblastoma, haemangioma. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[SELENOKEHL 4X drops](#) 1x 10 daily mornings.

[MAPURIT L capsules](#) 2x 1 daily, [LIPISCOR capsules](#) 2x 2 daily.

[FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 4X capsules](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

[LATENSIN 6X capsules](#) and [UTILIN 6X capsules](#) each 1x 1 alternating weekly. Additional Treatment:

Regulate mineral balance.

Vitamin A; NADH capsules 2x 1, quinone therapy.

Locally dressing with ALKALA N solution.

Gastritis

Causes: disorders of the acid-base-equilibrium, the small intestine and pancreas are also affected. Eating habits: irregular, too cold, too rich in animal protein; psyche, "stomach related teeth";

observe

thyroid glands, no tobacco, tea, coffee etc. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[LIPISCOR capsules](#) 2x 2 daily.

[FORTAKEHL 5X drops](#) 2x 2-10 daily orally and/or for rubbing in for 10 days, then [MUCEDOKEHL 5X drops](#) mornings 1x 5-10 half orally and half for rubbing in and [NIGERSAN 5X drops](#) evenings 1x 3-10 orally and/or for rubbing in, Mon-Fri; Sat/ Sun [FORTAKEHL 5X drops](#) 2x 10 daily orally and/or for rubbing in.

[LATENSIN 6X capsules](#) and [UTILIN 6X capsules](#) each 1x 1 alternating weekly.

[SANUKEHL Prot 6X drops](#) 2x 5 daily orally and/or for rubbing in.

Gastroenteritis

see [gastritis](#), [atrophy of the intestinal mucous membrane](#), [allergic diseases](#)

Always hypoallergenic diet, no nuts and onions, only warm foods, no spices, roasts, tobacco, tea, coffee, alcohol etc.

Principal Preparations: OKOUBASAN, FORTAKEHLAdults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm camomile tea.

[OKOUBASAN 2X drops](#) 3x 5 daily.

[FORTAKEHL 5X drops](#) 2x 1-8 daily for 7 to 10 days, then [MUCOKEHL 5X drops](#) 1x 1-10 mornings and [NIGERSAN 5X drops](#) 1x 1-10 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) 2x 5-10 daily.

[SANUKEHL Prot 6X drops](#) and [SANUKEHL Salm 6X drops](#) each 1x 5 alternating daily.Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm camomile tea, on the next day, cooked rice. After two to three days cooked fruit, vegetables and husked rice, no meat, chocolate, cakes. Diet!

[OKOUBASAN 2X drops](#) 3-5x 2-5 daily orally in warm water (flatulence).

[FORTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 5 to 7 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Salm 6X drops](#) 2x 1-5 daily for rubbing in, from school age, orally.Additional Treatment:

With pain: Spascupreel Heel tablets 2-5x 1/2 to 1 daily.

Chamomilla 30X Glob.

Nux vomica 12X Glob.

Gestosis (Toxaemia)

see [complications in pregnancy](#)

Gingivitis

A new toothbrush every month! Correction of eating habits! Gum pockets must be treated by a dentist by way of alternate rinsing with [SANKOMBI 5X drops](#) and [NOTAKEHL 5X drops](#). Alter milieu by brushing teeth with [ALKALA N powder](#). [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 2x 1 daily.

[LATENSIN 6X capsules](#) and [UTILIN 6X capsules](#) each 1x 1 alternating weekly.

[SANUKEHL Pseu 6X drops](#) 2x 5 daily orally and/or for rubbing in.

[ARTHROKEHLAN "A" 6X drops](#) 1x 5-10 daily.

Glaucoma

Primary Glaucoma: Increased intra-ocular pressure caused by blockage of the aqueous humour.

Secondary Glaucoma: Caused by trauma, only reparable by operation.

Congenital condition; consider liver, kidney and stomach meridian. Strengthen liver with [TARAXAN 3X ampules](#) 2x 1 ml injection s.c. weekly.

[SANKOMBI 5X drops](#) 2x 5-10 daily orally, possibly massage 2x 1 drop daily into the temporal fossa.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 3x 1 weekly.

[UTILIN "S" 6X capsules](#) 1x 1 every two weeks.

[SANUKEHL Myc 6X drops](#) 1x 5 orally and/or for rubbing in daily.

Locally: [MUCOKEHL 5X eye drops](#) 2-3x daily in the outer palpebral fissure.

Glomerulonephritis

see [nephritis](#)

Gluten Allergy

see [celiac disease](#)

Gonarthrititis

see [inflammation of knee-joint](#)

Gonarthrosis

see [inflammation of knee-joint](#)

Gonorrhoea

Acute form: Observe official governing legislation for contagious diseases. Only treat in conjunction with antibiotics. Therapy with Chronic Forms:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

With suspicion or danger of involvement of heart valve use [STROPHANTHUS 4X SANUM drops](#) 1-3x 5 daily.

[NOTAKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 3X suppositories](#) 2x 1 daily.

[NOTAKEHL 5X drops](#) applied several times daily locally.

With joint involvement, [SANUKEHL Strep 6X drops](#) 2x 5-10 daily half for rubbing in and half orally.

[LATENSIN 6X capsules](#), [RECARCIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly.

2x weekly injection i.m. with a mixture of: [NOTAKEHL 5X ampules](#) 1 ml, [SANUKEHL Strep 5X ampules](#) 1 ml, Lidocaine 1% ampules 1 ml.

Gout

Readjust eating habits! Regulate mineral balance! Low protein diet! Avoid cell collapse due to hunger cure.

Primary Gout: Congenital metabolism defect.

Secondary Gout: by polycythaemia vera, myeloid [leukaemia](#). Gout Attack:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

Excretion with [HEXACYL drops](#) 1-3x 5 daily or [TARAXAN 3X ampules](#) 1x 1 ml weekly injection deep i.m.

[FORMASAN drops](#) 1-3x 5 daily.

[MUCEDOKEHL 5X drops](#) mornings 1x 10 orally and/or for rubbing in and [NIGERSAN 3X suppositories](#) evenings 1x 1.

Apply alkaline dressings to the effected joint. By way of trial allow some Cognac, sometimes alcohol is necessary for metabolism process!

Colchicum 6X Glob. every 30 minutes 10 Glob. Chronic Gout:

[FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [MUSCARSAN 6X drops](#) 2x 5-10 daily.

2-3x weekly injection i.m. with a mixture of: [MUSCARSAN 6X ampules](#) 1 ml, [UTILIN 6X ampules](#) 1 ml, Lidocaine 1% ampules 1 ml.

Granulocytopenia

see [agranulocytosis](#), [carcinoma](#), [atrophy of the intestinal mucous membrane](#), [susceptibility to infections](#)

Causes: Chemo- or radiation therapy; intoxication caused by medicine, heavy metal or environmental toxins, dental disruptive foci. Modify [carcinoma](#) therapy, no further chemo- or radiotherapy.

Dietary measures for recreation of the immune system and the intestinal mucous membrane. Treat fundamental disease, restoration of disruptive foci: Neural Therapy of tonsils with a mixture of 1 ml [NOTAKEHL 5X ampules](#) and 1 ml Lidocaine 1% ampules. Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 30 daily, [CITROKEHL tablets](#) 2x 1 daily.

[FORMASAN drops](#) 2x 5-10 daily.

[EPISCORIT 1X drops](#) 3-4x 40 daily for one week.

[NOTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings,

Mon-Fri; Sat/Sun [NOTAKEHL 3X suppositories](#) 2x 1 daily.

[UTILIN "S" 6X drops](#) 2x 5 daily orally and/or for rubbing in.

[SANUKEHL Pseu 6X drops](#) alternating daily with [SANUKEHL Myc 6X drops](#) each 2x 5-10 orally and/or for rubbing in.

Injection therapy: [SANUVIS ampules](#) 2-3x 2 ml injection i.m. weekly, [CITROKEHL ampules](#) 2-3x 2 ml injection i.m. weekly, [UTILIN "S" 6X ampules](#) 1x 1 ml injection i.m. weekly, [SANUKEHL Pseu 6X ampules](#) 1x 1 ml injection i.m. weekly. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS drops](#) 3x 5-20 daily.

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Pseu 6X drops](#) 1x 1-5 daily for rubbing in.

Gravidity

see [complications in pregnancy](#)

Guillian-Barré-Syndrome

CIPD = chronic inflammatory demyelinating polyneuropathy, idiopathic polyradiculoneuropathy

NOTE: mostly viral origin. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 20 daily, [CITROKEHL drops](#) 1-2x 10 daily orally.

[CERIVIKEHL 1X drops](#) 2x 10 daily orally.

[LIPISCOR capsules](#) 2x 2 daily.

[EXMYKEHL 3X suppositories](#) 1-2x 1 daily for 10 days, then [QUENTAKEHL 5X drops](#) 2x 5-10 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1

evenings, Mon-Fri; Sat/Sun [QUENTAKEHL 5X drops](#) 2x 10 daily orally and/or for rubbing in.

[UTILIN "S" 6X capsules](#) 1x 1 weekly.

[SANUKEHL Pseu 6X drops](#) alternating daily with [SANUKEHL Serra 6X drops](#) each 1x 5-10 orally and/or for rubbing in.

1x weekly injection deep i.m. with a mixture of: [QUENTAKEHL 5X ampules](#) 1 ml, [SANUKEHL Serra 5X ampules](#) 1 ml, [UTILIN "S" 6X ampules](#) 1 ml, VITAMIN B KOMPLEX SANUM N ampules 2 ml.

Gum Pockets

see [periodontitis](#)

Gums, Bleeding of

Observe [gum pockets](#) and badly fitting crowns. 3x daily rinse the mouth with [ALKALA N powder](#) 1/2 measuring spoonful in 1/2 glass of warm water.

[SELENOKEHL 4X drops](#) 1x 5 daily mornings.

[ZINKOKEHL 3X drops](#) 1x 10 daily evenings.

[CALVAKEHL 3X drops](#) 3x 5 daily orally.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [NOTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings,

Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 2x 1 daily.

With a cotton wool ball/swab, dab [SANKOMBI 5X drops](#) on bleeding areas.

[UTILIN 6X capsules](#) 1x 1 weekly.

Additionally: Vitamin C, Schuessler No. 1.

Haemorrhoids

see [atrophy of the intestinal mucous membrane](#), [habitual constipation](#), [symptoms of aging/senility](#)

Causes: occupation involving sitting most of the time, constipation, flatulence, weakness of the connective tissue. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 1-3x 5 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily or [TARAXAN 3X ampules](#) 2x 1 ml injection deep i.m. weekly.

[STROPHANTHUS 4X SANUM drops](#) 1-3x 5 daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days then [FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 3X suppositories](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun MUCOKEHL Atox 6X drops 2x 10 daily orally and/or for rubbing in.

Neural therapy next to the wall of the [haemorrhoids](#) with a mixture of 1 ml [MUCOKEHL 5X ampules](#) and 1 ml Lidocaine 1% .

Apply [MUCOKEHL 3X ointment](#) to fissures, if necessary

alternating with [ALBICANSAN 3X ointment](#) or

[PEFRAKEHL 3X ointment](#).

Hashimoto`s thyroiditis

Always consider disruptive foci of teeth and atrophy of intestines. Induce oral panorama X-ray and prescribe diet. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[CITROKEHL drops](#) 2x 10 daily.

[SELENOKEHL 4X drops](#) 1x 10 daily mornings.

[ZINKOKEHL 3X drops](#) 1x 10 daily evenings.

[MAPURIT L capsules](#) 2x 2 daily.

[PINIKEHL 5X drops](#) 1x 8 daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [NIGERSAN 3X suppositories](#) 1x 1 daily for 10 days, then [SANKOMBI 5X drops](#) 2x 5-10 daily, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 1x 1 daily.

[UTILIN "S" 6X drops](#), [RECARCIN 6X drops](#) and [UTILIN 6X drops](#) alternating daily each 1x 5-10 half oral, half for rubbing in.

[SANUKEHL Myc 6X drops](#) and [SANUKEHL Cand 6X drops](#) alternating daily each 1x 5-10 half oral, half for rubbing in.

Hay Fever

see [allergic diseases](#), [atrophy of the intestinal mucous membrane](#)

Follow a hypo-allergenic diet, search for disruptive foci.

Principal Preparations: FORTAKEHL, FORMASAN, RUBERKEHL. Prophylaxis: At least two to three months before an outbreak, alkalise with [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily, [CITROKEHL drops](#) 1x 10 daily.

[LUFFASAN 4X tablets](#) 1-3x 1/2 - 1 daily, [LARIFIKEHL 5X drops](#) 2x 4 daily or [CERIVIKEHL 1X drops](#) 1-3x 5 daily according to the concrete disorders, in acute cases the individual doses can be taken more often.

[FORMASAN drops](#) 2x 20 daily.

[FORTAKEHL 5X drops](#) 2x 1-8 daily for 10 days, then [MUCOKEHL 5X drops](#) 1x 5-10 mornings and [NIGERSAN 5X drops](#) 1x 5-10 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) 2x 8 daily.

[UTILIN 6X capsules](#) and [LATENSIN 6X capsules](#) each 1x 1 alternating weekly.

2x daily nasal lavage with a mixture of: [NOTAKEHL 5X ampules](#) 1 ml, [FORMASAN ampules](#) 1 ml, [UTILIN "S" 6X drops](#) 1x 3, in addition (if necessary): Mucosa comp. ampules Heel 1 ml.

Neural therapeutic infiltration of the ganglia pterygopalatinum bilat. or set weals to the spinal region of the thoracal segments with a mixture of: [FORMASAN ampules](#) 1 ml, [NIGERSAN 7X ampules](#) 1 ml, Lidocaine/Procaine 1% ampules 1 ml, in addition (if necessary): Sinusitis Nosode Injeel ampules (Heel) 1 ml. Treatment during an Outbreak:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[FORMASAN drops](#) 3x 30 daily.

Therapy and Neural Therapy: repeat as above.

[RUBERKEHL 5X drops](#) 2x 5 daily.

[UTILIN "S" 6X drops](#) 2x 5 daily orally.

[UTILIN "H" 5X capsules](#) 1x 1 weekly.

Heart Attack status post

see [angina](#) pectoris

The viscosity of blood plays a central role in the development of this disease. An increased nutritional intake of unsaturated fatty acids and chrome avoids [arterial sclerosis](#) and can improve the viscosity of blood. The effect is supported by abstaining from stimulants as coffee, tea, alcohol, tobacco etc. and products of cow's milk, therefore strict diet.

Principal Preparations: MUCOKEHL, LIPISCOR, LEPTOSPERMUSAN [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 3x 5 daily, [CITROKEHL drops](#) 1x 10 daily.

[LIPISCOR capsules](#) 2x 5 daily.

[SILVAYSAN capsules](#) 3x 1 daily.

[TARAXAN 3X ampules](#) 2x 1 ml injection deep i.m. weekly.

[FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [MUCOKEHL Atox 6X drops](#) and

[NIGERSAN Atox 6X drops](#) each 1x 4-8 daily orally and/or for rubbing in.

[STROPHANTHUS 4X SANUM drops](#) 1-3x 5 daily.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 3x 1 weekly.

[SANUKEHL Acne 6X drops](#) 2x 4-10 daily orally and/ or for rubbing in.

[LEPTOSPERMUSAN 1X drops](#) 3-5x 5-10 daily.

Set weals to the neural point of the heart and liver with a mixture of: [MUCOKEHL 6X ampules](#) 1 ml, [SANUVIS ampules](#) 2 ml, Lidocaine/Procaine 1% ampules 1 ml, if necessary, additionally Cor comp. ampules Heel 2 ml. Additional Treatment:

1 teaspoon magnesium sulphate (Epsom salts) in a cup of luke warm water daily and repeat until the intestine has become neutralised from excess gas.

Chrome-GTF capsules 1x 1 daily.

Helicobacter pylori Infection

The excretion of acids is increased through a protein rich diet, therefore diet, no animal protein, no spices, no carbonated drinks, little fruit. The extreme acidic milieu in the stomach forwards the disease. Energetic regulation of the stomach meridian; holistic dentistry, diet.

Principal Preparations: FORTAKEHL, ALKALA [ALKALA N powder](#) 2x 1/2 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 3x 3-5 daily in warm water.

[FORTAKEHL 5X drops](#) 3x 1-4 daily for rubbing in for one week, then 2x 4 daily orally for one week, then [MUCOKEHL 5X drops](#) 1x 2-8 mornings and [NIGERSAN 5X drops](#) 1x 2-8 evenings,

Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) 2x 8 half for rubbing in, half orally.

[SANUKEHL Prot 6X drops](#) 1x 8 half orally, half for rubbing in the area of the stomach.

[UTILIN 6X capsules](#) 1x 1 and [UTILIN "S" 4X capsules](#) 1x 1/2 alternating weekly.

Hemiplegia status post

Drink plenty.

Principal Preparations: MUCOKEHL, SANUVIS, PROPIONIBACTERIUM AVIDUM or LEPTUCIN [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 3x 3-5 daily.

[MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [MUCOKEHL Atox 6X drops](#) alternating daily with [NIGERSAN Atox 6X drops](#) each 2x 10 orally and/or for rubbing in.

[UTILIN 6X capsules](#) 1x 1 weekly.

[LEPTOSPERMUSAN 1X drops](#) 3x 5-10 weekly.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 3x 1 weekly for the first four weeks, then reduce to 1x 1 weekly.

[SANUKEHL Acne 6X drops](#) 1x 5 daily for rubbing in.

At the beginning of the therapy 2x weekly injection deep i.m. with a mixture of: [MUCOKEHL 5X ampules](#) 1 ml, [SANUVIS ampules](#) 2 ml, [UTILIN 6X ampules](#) 1 ml. [UTILIN 6X ampules](#) every four weeks to be replaced by 1 ml [UTILIN 4X ampules](#).

Hepatopathy

see [atrophy of the intestinal mucous membrane](#), [fermentation of stools](#)

Not always a common alcohol problem, but an alcohol problem due to intestinal fermentation (fusel alcohol), therefore prescribe diet without raw fruit or vegetables as well as dried fruits.

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[SILVAYSAN capsules](#) 3x 1 daily.

[TARAXAN 3X ampules](#) 2x 1 ml injection deep i.m. weekly for improvement of bile flow (Contraindication: gallstones!)

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings,

Mon-Fri; Sat/Sun EXMYKEHL suppositories 2x 1 daily.

[UTILIN 6X drops](#) 1x 2-8 daily for rubbing in under the right costal arch.

[UTILIN "S" 6X capsules](#) and [RECARCIN 6X capsules](#) each 1x 1 alternating weekly. Additional Treatment:

2x weekly injection deep i.m. with a mixture of: [CHRYSOCOR 5X ampules](#) 2 ml, [CITROKEHL ampules](#) 2 ml, [PINIKEHL 5X ampules](#) 2 ml.

In addition, if necessary: Ubichinon comp. ampules Heel 2 ml, Coenzyme comp. ampules Heel 2 ml, Hepar comp. Heel ampules 2 ml, Leptandra comp. ampules Heel 2 ml, Lidocaine/Procaine 1% ampules 1 ml.

Neural Therapy to the tonsils (belong to the liver meridian) and to the duplicature of the canine teeth as well as 4-7 to the upper/lower jaw on both sides with a mixture of 1 ml [NOTAKEHL 7X ampules](#) and 1 ml Lidocaine 1% ampules.

With flatulence mineral laxatives, psyllium fibres

Herpes Blisters

Herpes complaints are a result of overloaded connective tissues because of atrophic intestinal mucous membranes or toxic burden. Longterm therapy is necessary for excretion and regeneration of the intestinal flora.

Principal Preparations: GRIFOKEHL, ALKALA Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 1 teaspoon daily, [CITROKEHL tablets](#) 2x 1 daily.

[HEXACYL drops](#) 2x 3-5 daily.

[GRIFOKEHL 5X drops](#) 2x 4-10 daily orally and/or for rubbing in for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun

[GRIFOKEHL 5X drops](#) 2x 10 daily orally and/or for rubbing in.

[SANUKEHL Cand 6X drops](#) alternating daily with [SANUKEHL Serra 6X drops](#) each 1x 5 orally and/or for rubbing in.

[LATENSIN 6X capsules](#) 1x 1 weekly. Neural Therapy:

Rapid analgesia through 1-2x weekly injection with a mixture of: [GRIFOKEHL 5X ampules](#) 1 ml, Lidocaine / Procaine 1% ampules 1 ml, (if necessary) Mezereum Homaccord ampules Heel 2 ml,

Ranunculus Homaccord ampules Heel 2 ml. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS drops](#) 2x 5-15 daily.

[CITROKEHL drops](#) 1x 5-10 daily.

[GRIFOKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun

[GRIFOKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

Herpes genitalis

see [herpes blisters](#)

Causes: Teeth, scars, deficient nutrition, psyche. Base therapy as with Herpes Blisters, applying [GRIFOKEHL 5X drops](#) to the affected genital areas.

[LATENSIN 6X capsules](#) and [UTILIN 6X capsules](#) each 1x 1 alternating weekly. Regulate mineral balance. Neural Therapy as with [herpes blisters](#)

Herpes simplex chronica

Base therapy as with [herpes blisters](#), regulate mineral balance. Autohaemotherapy 1x weekly: 2 ml own blood with 1 ml [LATENSIN 6X ampules](#) mix, shake and injection i.m. Pull back remaining blood into syringe, dilute with [MUCOKEHL 5X ampules](#) 1 ml, shake and inject i.m. Repeat process once more, this time diluting with 1 ml [NIGERSAN 5X ampules](#), shake and inject s.c.

Herpes zoster

see [amalgam burden](#), [atrophy of the intestinal mucous membrane](#), [herpes simplex chronica](#)

Especially annoying through its chronic [neuralgia](#). Administer a diet rich in lysin, e.g fish, prawn/shrimps, wheatgerm, peanuts and soy beans.

Principal Preparations: GRIFOKEHL, ALKALA, SANUKEHL Serra, STOLONIKEHL (PENICILLIUM BREVICOMPACTUM) [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[STOLONIKEHL 6X drops](#) (PENICILLIUM BREVICOMPACTUM 6X drops) 2x 2-4 daily for rubbing in.

VITAMIN B KOMPLEX SANUM N ampules 2-3x weekly 2 ml injection deep i.m.

[GRIFOKEHL 5X drops](#) 2x 10 daily half orally, half dab locally, after one week [FORTAKEHL 5X drops](#) 2x 5-10 daily for two weeks, Mon-Fri; Sat/Sun [GRIFOKEHL 5X drops](#) 2x 10 daily orally and for rubbing in, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [GRIFOKEHL 5X drops](#) 2x 10 daily orally and for rubbing in.

[SANUKEHL Serra 6X drops](#) alternating daily with [SANUKEHL Cand 6X drops](#) each 1x 4-8 evenings half for rubbing in, half orally. Additional Treatment:

Injection i.m. with a mixture of 1 ml [GRIFOKEHL 5X ampules](#) and 1 ml Lidocaine 1% ampules or injection s.c. next to the efflorescence. This immediately eradicates local pain and allows the blisters to dry. This can be initially carried out daily, and later 1-2x weekly.

Autohaemotherapy as with herpes simplex.

Herxheimer

see [acrodermatitis](#)

Hodgkin`s Disease

Intestinal regeneration, consider heavy metals, oral panorama X-ray, regulate mineral balance (Schuessler Salts). Generally observe therapy as with [carcinoma](#). [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 3x 5 daily, [CITROKEHL tablets](#) 2x 1 daily.

[FORTAKEHL 5X tablets](#) 1x 1 mornings and [NOTAKEHL 5X tablets](#) 1x 1 evenings for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 4X capsules](#) 1x 1 evenings, Mon-Fri; Sat/Sun [QUENTAKEHL 5X drops](#) 2x 4-10 daily orally and/or for rubbing in, or alternating with [GRIFOKEHL 5X drops](#) 2x 4-10 daily orally and/or for rubbing in.

[LATENSIN 6X capsules](#), [UTILIN 6X capsules](#) and [RECARCIN 6X capsules](#) each 1x 1 alternating weekly.

Locally [SANKOMBI 5X drops](#) applied to the tumour or the lymph region.

Neural Therapy: Set weals to the glandular region, to the palato-pharyngeal arch, however do not puncture organs, with a mixture of: [NIGERSAN 7X ampules](#) 1 ml, [GRIFOKEHL 5X ampules](#) 1 ml, Procaine/Lidocaine 1% ampules 1 ml, in addition (if necessary): Lymphomoyosot ampules Heel 1 ml, Galium Heel ampules 1 ml.

Hordeolum

see [furunculosis](#) [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 30 daily.

[CITROKEHL tablets](#) 2x 1 daily.

VITAMIN B KOMPLEX SANUM N ampules 2x 2 ml weekly injection i.m.

[HEXACYL drops](#) 2x 2-3 daily orally.

[SILVAYSAN capsules](#) 2x 1 daily.

[NOTAKEHL 5X drops](#) 2-3x 1 daily dabbed onto the eyelid and/or cotton wool swab with [NOTAKEHL 5X drops](#) 1x 20 in 5 teaspoons of camomile tea several times daily, compress to be as warm as possible (Possible: allergy against compositae!).

[NOTAKEHL 5X tablets](#) 2x 1 daily for 10 days.

[SANUKEHL Prot 6X drops](#) 1x 2-4 daily for rubbing around the navel.

Hydrocele testis

Surgery is required with a content of more than 20 ml. With each puncture the quantity must become smaller and the intervals of puncture become longer. After puncture inject through the puncture needle a mixture of 1 ml [NOTAKEHL 5X ampules](#) and 0.5 ml [UTILIN "S" 6X ampules](#). Repeat puncture and injection when required.

[CITROKEHL tablets](#) 1-2x 1 daily.

[NOTAKEHL 5X tablets](#) 1x 2 daily for 10 days, then [SANKOMBI 5X drops](#) mornings 1x 5-10 and [NIGERSAN 4X capsules](#) evenings 1x 1 daily; locally dab [SANKOMBI 5X drops](#) 2x 3 daily.

[UTILIN "S" 6X drops](#) 2x 5 daily orally and/or for rubbing in.

Hyperkeratosis

see [ichthyosis](#)

Hyperthyreosis (Basedow`s Disease)

see [amalgam burden](#)

Always take into consideration the teeth of the stomach meridian (4-7 upper/lower jaw) and heavy metals, control blood count TSH / T3/4. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 2x 5-8 daily, [CITROKEHL drops](#) 2x 10 daily.

[SELENOKEHL 4X drops](#) 2x 5 daily.

[FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

[RECARCIN 6X ampules](#), [UTILIN 6X ampules](#) and [UTILIN "S" 6X ampules](#) each 1x 1 ml injection i.m. alternating weekly.

Neural Therapy in both lobes of the thyroid glands with a mixture of: [MUCOKEHL 5X ampules](#) 1 ml, [NIGERSAN 5X ampules](#) 1 ml, Lidocaine 1% ampules 0.5 ml.

If necessary, additionally: Coenzyme comp. ampules Heel 2 ml.

Hypertonia

Adjust diet! Blood viscosity too high! Thyroid gland! Avoid salt, sugar and saturated fatty acids.

Principal Preparations: MUCOKEHL, LIPISCOR [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 1-3x 5 daily.

[LIPISCOR capsules](#) 2x 4 daily.

[STROPHANTHUS 4X SANUM drops](#) 2x 3 daily.

[ASPERGILLUS ORYZAE 6X drops](#) 1x 5-10 daily.

[FORTAKEHL 5X drops](#) 2x 2-8 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [MUCOKEHL Atox 6X drops](#) and

[NIGERSAN Atox 6X drops](#) each 2x 10 alternating daily orally and/or for rubbing in.

[UTILIN 6X capsules](#) 1x 1 weekly.

Rauwolfia 12X tablets 1-2x 1 daily.

Hyperuricaemia

see [gout](#)

Ichthyosis and other Hyperkeratoses

see [eczema](#)

Inherited disease. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[CITROKEHL drops](#) 2x 5-10 daily.

[LIPISCOR capsules](#) 2x 5-10 daily, Oil of Evening Primrose capsules 2x 5 daily.

VITAMIN B KOMPLEX SANUM N ampules 1x 2 ml weekly, in addition vitamins A, B2 and B3.

[FORTAKEHL 5X drops](#) 2x 3-10 daily for rubbing in and/or orally for three weeks, then [SANKOMBI 5X drops](#) 2x 8, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) 2x 3-10 daily for rubbing in and/or orally.

[SANUKEHL Myc 6X drops](#) 2x 5 daily.

[UTILIN "S" 6X drops](#) 1x 5 daily orally and/or for rubbing in or [UTILIN 6X ampules](#) 1x 1 ml injection deep i.m. weekly for two weeks, then [UTILIN "S" 6X ampules](#) 1 ml, [CITROKEHL ampules](#) 2 ml,

Procaine/Lidocaine 1% ampules 1 ml, if necessary, in addition: Cutis compos ampules Heel 2 ml.

Extreme hyperkeratoses should be treated with (2%) salicylic acid ointment or oil to soften and loosen the flakes and crusts (initially over night with a linen cloth) before applying drops mentioned above.

Acid. salicylic. 2 (2 - 4 each according to strength)

Olum ricini

Olum Olivarum aa ad 100.0 MDS. 1-2x daily thoroughly rub into skin.

Against perspiration: Powder Salicylic c. Talc

Impetigo

Diet for regeneration of the intestinal mucous membrane, unsaturated fatty acids ([LIPISCOR capsules](#)), Oil of Evening Primrose.

Principal Preparations: NOTAKEHL, SANUKEHL Staph Adults:

[ALKALA N powder](#) 2x 1/2 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 30 daily, [CITROKEHL drops](#) 2x 10 daily.

[NOTAKEHL 5X tablets](#) 2x 1 daily for 10 to 14 days, then [SANKOMBI 5X drops](#) 2x 8 daily, Mon-Fri; Sat/Sun [NOTAKEHL 5X tablets](#) 2x 1 daily.

[SANUKEHL Staph 6X drops](#) and [SANUKEHL Strep 6X drops](#) each 1x 4-8 alternating daily.

[UTILIN "S" 6X drops](#) 1x 5 daily orally.

1x every two weeks injection deep i.m. with a mixture of: [NOTAKEHL 7X ampules](#) 1 ml, [UTILIN "S" 6X ampules](#) 1 ml, [SANUKEHL Staph 5X ampules](#) 1 ml. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS drops](#) 2x 10 daily, [CITROKEHL tablets](#) 2x 1/2 daily.

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[UTILIN "S" 6X drops](#), [RECARCIN 6X drops](#) alternating daily with [UTILIN 6X drops](#) each 1x 2 for rubbing in.

[SANUKEHL Staph 6X drops](#) and [SANUKEHL Strep 6X drops](#) alternating daily each 1x 1-3 for rubbing in.

Impotence

see [amalgam burden](#)

Organic-functional causes.

Cave: dental granuloma and root treatment of the teeth, [depression](#), [diabetes mellitus](#), [parotitis](#) epidem. status post; conduct spermiogram. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 30 daily, [CITROKEHL tablets](#) 2x 1 daily.

[FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [MUCEDOKEHL 3X suppositories](#) 2x 1 daily.

[UTILIN "S" 6X capsules](#) 1x 1 every two weeks.

In cases of scars from appendectomy or herniorrhaphy, neural therapeutic injection 1x every two weeks next to the areas with a mixture of: [NOTAKEHL 5X ampules](#) 1 ml, [CHRYSOCOR 5X ampules](#) 2 ml, Procaine/Lidocaine 1% ampules 1 ml.

Induratio penis plastica

see [dupuytren´s finger contracture](#)

Too much protein; diet! Substitute vitamin E.

Cave: Incisor teeth (root treatment, granuloma). [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 3X suppositories](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [MUCOKEHL Atox 6X drops](#) and

[NIGERSAN Atox 6X drops](#) alternating daily each 2x 10 orally and/or for rubbing in.

[SANUKEHL Myc 6X drops](#) 2x 5-10 daily orally and/or for rubbing in.

Neural Therapy 2x weekly injection into the induration (thin needle) with a mixture of 1 ml [MUCOKEHL 5X ampules](#) and 1 ml Lidocaine 1% ampules.

Infarct

see [angina](#) pectoris, [heart attack status post](#)

Infections, Susceptibility to

see [atrophy of the intestinal mucous membrane](#), [allergic diseases](#), [leaky gut syndrome](#) Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[CITROKEHL tablets](#) 2x 1 daily, [FORMASAN drops](#) 2x 5-10 daily.

[CUPRUEHL 3X drops](#) 3x 5-10 daily.

[ZINKOKEHL 3X drops](#) 1x 10 evenings.

[FORTAKEHL 5X drops](#) 1x 10 daily mornings and [NOTAKEHL 5X drops](#) or [QUENTAKEHL 5X drops](#) 1x 10 evenings for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) 1x 10 mornings and [NOTAKEHL 5X drops](#) or [QUENTAKEHL 5X drops](#) 1x 10 evenings daily.

[SANUKEHL Serra 6X drops](#) and [SANUKEHL Pseu 6X drops](#) alternating daily each 1x 10 orally and/or for rubbing in.

[UTILIN 6X capsules](#), [LATENSIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) alternating weekly each 1x 1. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful in warm fruit or vegetable juice.

[CITROKEHL drops](#) 2x 5 daily and [FORMASAN drops](#) 1x 5-10 daily in warm water.

[CUPRUEHL 3X drops](#) 1x 5 daily orally.

[ZINKOKEHL 3X drops](#) 1x 5 daily orally.

[FORTAKEHL 5X drops](#) 1x mornings 1 drop for every year for rubbing in and/or orally and [NOTAKEHL 5X drops](#) or [QUENTAKEHL 5X drops](#) 1x evenings 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) 1x mornings 1 drop for every year for rubbing in and/or orally and [NOTAKEHL 5X drops](#) or [QUENTAKEHL 5X drops](#) 1x evenings 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Serra 6X drops](#) and [SANUKEHL Pseu 6X drops](#) alternating daily 2x 1-2 for rubbing in.

[UTILIN "S" 6X drops](#) 1x 1-5 daily for rubbing in. Additional treatment:

Nasal lavage with [QUENTAKEHL 5X drops](#) and [NOTAKEHL 5X drops](#).

Infertility in Men

Differential Diagnosis: obstruction of the sperm canal, cohabitation disruption; compile a spermiogram.

Principal Preparation: CHRYSOCOR [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 2x 5 daily, [CITROKEHL tablets](#) 2x 1 daily.

[ZINKOKEHL 3X drops](#) 1x 10 daily evenings.

[MAPURIT L capsules](#) 2x 1 daily.

[LIPISCOR capsules](#) 2x 3 daily.

[CHRYSOCOR 5X ampules](#) 3x 2 ml weekly as drinking ampoule.

[MUCEDOKEHL 5X drops](#) evenings 1x 10 daily.

[SANUKEHL Pseu 6X drops](#) and [SANUKEHL Serra 6X drops](#) alternating daily each 2x 5-10 orally and/or for rubbing in.

[UTILIN "S" 6X capsules](#) 1x 1 weekly.

Every four weeks injection deep i.m. with [CHRYSOCOR 5X ampules](#) 1x 2 ml.

If necessary - in addition: Testes comp. ampules Wala 2 ml, Cerebrum comp. ampules Heel 2 ml, [UTILIN "S" 6X ampules](#) 1 ml.

Infertility in Women

Administer a wholesome nutrition. Particularly folic acid is of enormous importance for the development of the foetal neural tube. With inactivity of the pancreas the natural folic acid can not be separated from the conjugated glutamic acid. A pregnancy should be planned at the earliest three to six months after discontinuing the pill which reduces the absorption of vitamins and folic acid.

The so-called Eugenic Cure has to be carried out before [gravidity](#). For this purpose the nosodes of all undergone infectious diseases are prescribed whereas the correct potency has to be ascertained by electroacupuncture. Nosodes are reaction preparations which bring all toxins to excretion, therefore don't use it during pregnancy. In the three months before [gravidity](#) recommend a cure with [NOTAKEHL 5X tablets](#) 1x 1 daily for two or three weeks, then [SANKOMBI 5X drops](#) 1x 10 daily orally and/or for rubbing in, Mon-Fri; Sat/Sun [NOTAKEHL 5X tablets](#) 1x 1 daily.

VITAMIN B KOMPLEX SANUM N ampules 1-2x 2 ml weekly injection deep i.m. (not during pregnancy!).

[ZINKOKEHL 3X drops](#) evenings 1x 10 daily.

[LIPISCOR capsules](#) 2x 3 daily.

[CHRYSOCOR 5X ampules](#) 1-2x 1 - 2 ml injection deep i.m. weekly.

Influenza

Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 20 daily.

[ZINKOKEHL 3X drops](#) 3-4x 5 daily orally.

[CERIVIKEHL 1X drops](#) 1-3x 5 daily.

[RELIVORA COMPLEX drops](#) 2-5x 20 daily.

[EPISCORIT 1X drops](#) 3x 30 daily for one week.

[QUENTAKEHL 5X drops](#) and [NOTAKEHL 5X drops](#) each 2x 10 daily, after three days alternating daily 2x 10.

[SANUKEHL Pseu 6X drops](#) and [SANUKEHL Serra 6X drops](#) each 2x 5 alternating daily, orally or for rubbing in.

[UTILIN "S" 6X drops](#) 1x 5 daily for rubbing in. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[ZINKOKEHL 3X drops](#) 2x 5 daily orally.

[CERIVIKEHL 1X drops](#) 1-3x 1 daily.

[NOTAKEHL 5X drops](#) and [QUENTAKEHL 5X drops](#) each 2x daily 1 drop for every year for rubbing in and/or orally.

[UTILIN "S" 6X drops](#) 2-3x 1-2 for rubbing in weekly.

[RELIVORA COMPLEX drops](#) 2x 2-20 daily orally.

Intercostal Neuralgia

see herpes [zoster](#)

Mostly after effect of herpes [zoster](#).

Principal Preparations: GRIFOKEHL, STOLONIKEHL (PENICILLIUM BREVICOMPACTUM) [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[GRIFOKEHL 5X drops](#) 2x 10 orally and/or for rubbing in for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [GRIFOKEHL 5X drops](#) 2x 10 orally and/or for rubbing in.

[STOLONIKEHL 6X drops](#) (PENICILLIUM BREVICOMPACTUM 6X drops) 1x 8 daily orally or 2x 5 daily for rubbing in locally.

Nasal lavage with [QUENTAKEHL 5X drops](#).

In case of particular strong pain 2x weekly injection deep i.m. with a mixture of: [NOTAKEHL 5X ampules](#) 1 ml, [GRIFOKEHL 5X ampules](#) 1 ml, [SANUVIS ampules](#) 2 ml, VITAMIN B KOMPLEX

SANUM N ampules 2 ml, Discus compos. ampules Heel 2 ml.

Neural Therapy: Set weals paravertebrally with a mixture of: [GRIFOKEHL 5X ampules](#) 2 ml, Lidocaine/Procaine 1% ampules 1 ml, if necessary - in addition: Herpes [zoster](#)-Injeel ampules Heel 1 ml, Engystol ampules Heel 1 ml, Curare Injeel ampules Heel 1 ml.

Intestinal Allergy

see [allergic diseases](#), [atrophy of the intestinal mucous membrane](#)

Iridocyclitis

also iridochorioiditis

Always check teeth, relation to the different meridians but also auto-immune diseases.

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[NOTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 5X tablets](#) 2x 1 daily.

[MUCOKEHL 5X eye drops](#) locally 2-3x 1-2 daily.

[NOTAKEHL 7X ampules](#) 2x 1 ml injection i.v. weekly.

Neural therapy next to the tonsils with a mixture of 1 ml [NOTAKEHL 5X ampules](#) and 1 ml Procaine/Lidocaine 1% ampules.

Iritis

see [amalgam burden](#), [atrophy of the intestinal mucous membrane](#), [rheumatic](#)

Consider especially the canines, [diabetes mellitus](#). [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 2x 5 daily, [CITROKEHL drops](#) 2x 10 daily.

[FORMASAN drops](#) 2x 5-10 daily orally.

[LIPISCOR capsules](#) 2x 2 daily, [MAPURIT L capsules](#) 2x 1 daily.

[NOTAKEHL 5X drops](#) mornings 1x 8 and [QUENTAKEHL 5X drops](#) evenings 1x 8 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings,

Mon-Fri; Sat/Sun [NOTAKEHL 4X capsules](#) 2x 1 daily.

[SANUKEHL Coli 6X drops](#) alternating daily with [SANUKEHL Strep 6X drops](#) 2x 5-10.

[UTILIN 6X capsules](#) and [LATENSIN 6X capsules](#) each 1x 1 alternating weekly.

Irritable Bowel Syndrome (IBS)

Differential Diagnosis: colon [carcinoma](#)

Irritable Bowel Syndrome (IBS) is very common in practice. Frequent complaints are stomach ache, flatulence, thin stools, mucous discharge as well as constipation. The complaints mostly last longer than three months. The varying intensity and chronicity are to be noticed. It is strongly mood dependent e.g. improvement when on holiday and mostly during sleep and deterioration e.g. at the workplace and by menstruation. It is accompanied by extra intestinal complaints such as backache, headache and a depressive attitude. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 3x 5 daily, [CITROKEHL tablets](#) 2x 1 daily.

Possibly [OKOUBASAN 2X drops](#) 2x 5 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily over three weeks, then [MUCEDOKEHL 5X drops](#) 1x 8 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

[SANUKEHL Coli 6X drops](#) and [SANUKEHL Prot 6X drops](#) each 2x 5 alternating daily.

Ischialgia

see [arthrosis](#), [rheumatic](#), [neuritis](#), [neuralgia](#)

Never forget teeth and tonsils. With men think of prostate gland!

Itching

see [eczema](#), neuro[dermatitis](#)

Knee-Joint, Inflammation of

see [arthritis](#), [arthrosis](#), [rheumatic](#)

Cave: teeth, [tuberculine constitution](#), [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[NOTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [NOTAKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings,

Mon-Fri; Sat/Sun [NOTAKEHL 3X suppositories](#) 2x 1 daily.

[SANUKEHL Strep 6X drops](#) 2x 5-10 daily orally and/or for rubbing in, if necessary alternating daily with [SANUKEHL BruceI 6X drops](#).

[UTILIN 6X capsules](#), [UTILIN "S" 6X capsules](#) and [BOVISAN 5X capsules](#) each 1x 1 alternating weekly.

With necessary puncture, intra-articular injection with a mixture of 1 ml [NOTAKEHL 5X ampules](#) and 2 ml Procaine/Lidocaine 1%. If necessary, repeat puncture and injection every two to four days.

Landry`s Paralysis

Paralysis spinalis ascendens acuta, Poly[neuritis](#) acuta ascending from the feet. Exclude [diabetes mellitus](#).

For therapy see [Guillian-Barré-Syndrome](#).

Leaky gut syndrome

see [atrophy of the intestinal mucous membrane](#), [susceptibility to infections](#)[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SELENOKEHL 4X drops](#) 1x 5-10 daily mornings, [ZINKOKEHL 3X drops](#) 1x 10 daily evenings.

[MAPURIT L capsules](#) 2x 1 daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 2x 1 daily, then [MUCOKEHL 5X tablets](#)

1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 2x 1 daily.

[SANUKEHL Salm 6X drops](#) and [SANUKEHL Coli 6X drops](#) each 1x 5-10 alternating daily for rubbing in or orally.

[LATENSIN 6X capsules](#) and [UTILIN 6X capsules](#) each 1x 1 alternating weekly.

Leucopenia

see [carcinoma](#), [general viral infections](#), [atrophy of the intestinal mucous membrane](#), [allergic diseases](#)

Viral or allergic origin, mostly accompanied as precancerous, with radio- or chemotherapy, therefore regeneration of intestinal mucous membrane, diet, screen out source of infection (tonsils, scars, teeth).

Principal Preparations: SANUKEHL Pseu, LATENSIN, NIGERSAN Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS tablets](#) 2x 1 daily, [CITROKEHL tablets](#) 2x 1 daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 2x 1 daily, for several months.

[SANUKEHL Pseu 6X drops](#) alternating daily with [SANUKEHL Serra 6X drops](#) (viral affections) or [SANUKEHL Strep 6X drops](#) (bacterial affections) each 2x 5-10 daily for rubbing in or orally.

[REBAS 4X capsules](#) 2x 1 daily for four weeks, discontinue for two weeks, then continue.

[UTILIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly.

1x weekly injection deep i.m. with a mixture of: [SANUKEHL Pseu 6X ampules](#) 1 ml, [UTILIN "S" 6X ampules](#) 1 ml, [NOTAKEHL 7X ampules](#) 1 ml, [SANUVIS ampules](#) 2 ml, [CITROKEHL ampules](#) 1 ml, Lidocaine 1% ampules 1 ml, if required - additionally: Hepar comp. ampules Heel 2 ml, Hypothalamus suis-Injeel ampules 1 ml. Children:

[ALKALA N powder](#) 2x 1/4 - 1/2 teaspoon daily in warm fruit or vegetable juice.

[SANUVIS tablets](#) 2x 1/2 daily, [CITROKEHL tablets](#) 2x 1/2 daily.

[FORTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri;

Sat/Sun [FORTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Pseu 6X drops](#) alternating daily with [SANUKEHL Strep 6X drops](#) (bacterial affections) or [SANUKEHL Serra 6X drops](#) (viral affections) each 1x 1-5 for rubbing in, from school age each 1x 3 orally.

[LATENSIN 6X drops](#) and [UTILIN 6X drops](#) each 1x 1-5 orally alternating daily.

[REBAS 6X capsules](#) 2-3x 1 weekly.

Leukaemia

see [carcinoma](#), [amalgam burden](#)

Treatment without immunobiological preparations! Dental therapy according to findings (root treatments, granulomas, root debris). Treatment is fundamentally the same as with [carcinomas](#).

If necessary, [REBAS 6X capsules](#) 1x 1 daily over a period of four weeks.

Lichen ruber

see [tuberculine constitution](#), [amalgam burden](#)

Check teeth, oral panorama X-ray. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL drops](#) 2x 10 daily.

[FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

[SANUKEHL Pseu 6X drops](#) 1x 5 daily.

[UTILIN 6X capsules](#), [LATENSIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly.

Lipomatosis

Readjust diet, essential unsaturated fatty acids. Strengthen liver function. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 1 teaspoon daily.

[CITROKEHL drops](#) 2x 10 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

Support the liver with [SILVAYSAN capsules](#) 2x 1 daily.

[LIPISCOR capsules](#) 2x 4 daily, [MAPURIT L capsules](#) 2x 1 daily.

[ZINKOKEHL 3X drops](#) 1x 10 daily.

[FORTAKEHL 5X drops](#) mornings 1x 1-10 daily, [PINIKEHL 5X drops](#) at noon 1x 8 daily and [PEFRAKEHL 5X drops](#) evenings 1x 10 daily orally and/or for rubbing in.

[UTILIN "S" 6X capsules](#) and [LATENSIN 6X capsules](#) each 1x 1 alternating weekly.

1x weekly injection deep i.m. with a mixture of or use as drinking ampoules: [MUCOKEHL 5X ampoules](#) 1 ml, [NIGERSAN 5X ampoules](#) 1 ml, [CITROKEHL ampoules](#) 2 ml, [SANUVIS ampoules](#) 2 ml,

VITAMIN B KOMPLEX SANUM N ampoules 2 ml, Hepar comp. Heel ampoules 2 ml, Ubichinon comp. ampoules Heel 2 ml, Coenzyme comp. ampoules Heel 2 ml. Additional Treatment:

Cantharidin-blistering plaster 2x 2 cm on the lipoma.

Liver Carcinoma

see [carcinoma](#), [amalgam burden](#)

Especially check the canine teeth! [SILVAYSAN capsules](#) 3x 1 daily.

[PINIKEHL 5X drops](#) 2x 4-8 daily.

[OKOUBASAN 2X tablets](#) 1-2x 1 daily.

Specific liver therapy with 1x weekly injection i.m. with a mixture of: VITAMIN B KOMPLEX SANUM N ampules 2 ml, [SANUVIS ampules](#) 2 ml, [CITROKEHL ampules](#) 2 ml, Lidocaine 1% ampules 1 ml, if necessary - in addition: [TARAXAN 3X ampules](#) 1 ml, Carduus marianus ampules 1 ml, Hepar comp. Heel ampules 1 ml. Additional Treatment with homeopathic phosphorous preparations.

Liver, Cirrhosis of

see [atrophy of the intestinal mucous membrane](#), [hepatopathy](#)

Cave: Alcohol and fusel alcohol caused by intestinal fermentation, avoid raw foods, animal fats and gaseous foods; Hay Diet, body purifying treatment, Glauber's Salts (sodium sulphate).

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS tablets](#) 3x 1-2 daily, [CITROKEHL tablets](#) 1-3x 1-2 daily.

[SILVAYSAN capsules](#) 3x 1 daily.

[FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

[SANUKEHL Pseu 6X drops](#) and [SANUKEHL Coli 6X drops](#) each 1x 5-10 alternating daily.

[RECARCIN 6X capsules](#) and PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) each 1x 1 alternating weekly.

2x weekly injection deep i.m. with a mixture of: VITAMIN B KOMPLEX SANUM N ampules 2 ml, [SANUKEHL Coli 7X ampules](#) 1 ml, [CITROKEHL ampules](#) 2 ml, Lidocaine 1% ampules 1 ml. If

necessary - in addition: Hepar comp. ampules Heel 2 ml, Ubichinon comp. ampules Heel 2 ml, Coenzyme comp. ampules Heel 2 ml.

Alternate Therapy:

1st day: 1 ml [MUCOKEHL 6X ampules](#) and 4 ml [SANUVIS ampules](#).

3rd day: 1 ml [NIGERSAN 6X ampules](#) and 4 ml [SANUVIS ampules](#) plus 4 ml [CITROKEHL ampules](#).

5th day: 1 ml [NIGERSAN 5X ampules](#) and 2 ml [CITROKEHL ampules](#).

7th day: 1 ml [MUCOKEHL 5X ampules](#) and 2 ml [CITROKEHL ampules](#), then start again from the beginning.

To be administered on "even" days 2x weekly injection i.m. with a mixture of: [NOTAKEHL 6X ampules](#) 1 ml, [SANUVIS ampules](#) 4 ml, [CITROKEHL ampules](#) 4 ml.

Neural Therapy: Pre-peritoneal injection (or infiltration to the right coeliac [ganglion](#)) or set weals 2-3 fingerwidth under the right costal arch with a mixture of: [NOTAKEHL 5X ampules](#) 1 ml,

[TARAXAN 3X ampules](#) 1 ml, Galium Heel ampules 1 ml, Procaine / Lidocaine 1% ampules 1 ml.

Liver, Congestion of the

Differential diagnosis: metastasis, cirrhosis, cardiac decompensation

Clinical: fullness, bloated stomach, nervous palpitations.

Diet: No gaseous foods. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 1-3x 5 daily, [MAPURIT L capsules](#) 2x 1 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[SILVAYSAN capsules](#) 3x 1 daily.

[TARAXAN 3X ampules](#) 2x 1 ml injection i.m. weekly.

[FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 2x 1 weekly.

[SANUKEHL Pseu 6X drops](#) 2x 10 daily.

2x weekly injection deep i.m. with a mixture of: [CITROKEHL ampules](#) 2 ml, Hepar comp. Heel ampules 2 ml, Ubichinon comp. ampules Heel 2 ml, Cor comp. ampules Heel 2 ml. Additional

Treatment:

Crataegus 6X Glob. 2x 10 daily.

Vitamin A, Phospor 30X Glob.

Looseness

see [diarrhoea](#)

Lungs, Abscess of the, status post

see [abscess](#), [tuberculine constitution](#), [atrophy of the intestinal mucous membrane](#)

Principal Preparations: NOTAKEHL, NIGERSAN, UTILIN "S" [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[FORMASAN drops](#) 1-3x 5 daily and [CITROKEHL drops](#) 1x 10 daily.

[NOTAKEHL 4X capsules](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 4X capsules](#) 2x 1 daily.

[SANUKEHL Myc 6X drops](#), [SANUKEHL Staph 6X drops](#) and [SANUKEHL Coli 6X drops](#) each 1x 5-10 alternating daily.

[LATENSIN 6X capsules](#), [BOVISAN 5X capsules](#) and [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly.

On the 1st day injection i.m. with a mixture of: [NOTAKEHL 5X ampules](#) 1 ml, [SANUKEHL Prot 7X ampules](#) 1 ml.

On the 2nd day injection i.m. with a mixture of: [MUCOKEHL 5X ampules](#) 1 ml, [NIGERSAN 5X ampules](#) 1 ml, [SANUKEHL Myc 5X ampules](#) 1 ml. Repeat after three days.

Nasal lavage with [NOTAKEHL 5X drops](#).

Lungs, Carcinoma of

see [carcinoma](#), [atrophy of the intestinal mucous membrane](#), [amalgam burden](#)

"Mother (lungs) nourishes her son (intestines)." (Chinese wisdom).

Remember once again the negative effects of root treatment in the teeth 4-7 to the upper/lower jaw on each side. Basic therapy see Carcinoma, additionally: [LIPISCOR capsules](#) 2x 4 daily.

[CERIVIKEHL 1X drops](#) 1-3x 5 daily.

[FORMASAN drops](#) 1-3x 2-5 daily.

[LUFFASAN 4X tablets](#) 1x 1 on Saturdays.

Nasal lavage or inhalation with [SANKOMBI 5X drops](#), [NOTAKEHL 5X drops](#) and [PEFRAKEHL 5X drops](#) alternating daily each 1x 20.

1x monthly injection deep i.m. with a mixture of: [MUCOKEHL 6X ampules](#) 1 ml, [SANUVIS ampules](#) 2 ml, [UTILIN "S" 6X ampules](#) 1 ml.

Lupus erythematosus

see [erythematosus syndrome](#)

Ectodermal degenerative phase, mostly in women from 30 years. Disorder of the vascular connective tissue with antibodies against the DNA, reaction to medication such as hydralazin, hydanroin, isoniazid.

Lymphadenitis colli

see [angina](#), [tuberculine constitution](#), [otitis](#)

Apply therapy generally as with [angina](#). Additionally: [SANUKEHL Pseu 6X drops](#) and [SANUKEHL Myc 6X drops](#) each 2x 5-10 orally alternating daily (children 1x 1-5 drops daily for rubbing in).

Lymphatism

see [scrofulosis](#)

Lymphogranuloma benigna

see [rheumatic](#), [atrophy of the intestinal mucous membrane](#) [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

Excretion with [HEXACYL drops](#) 1x 3-5 daily (low dosage!)

[SELENOKEHL 4X drops](#) mornings 1x 10 daily, [ZINKOKEHL 3X drops](#) evenings 1x 10 daily.

[MAPURIT L capsules](#) 2x 1 daily, [LIPISCOR capsules](#) 2x 2 daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

[SANUKEHL Pseu 6X drops](#) 1x 5-10 daily orally and/or for rubbing in.

[UTILIN 6X capsules](#) and [LATENSIN 6X capsules](#) each 1x 1 alternating weekly.

[BOVISAN 5X suppositories](#) 1-3x 1 weekly.

1x weekly injection deep i.m. with a mixture of: [EXMYKEHL 5X ampules](#) 1 ml, [CITROKEHL ampules](#) 2 ml, [LATENSIN 6X ampules](#) 1 ml, [SANUKEHL Coli 7X ampules](#) 1 ml.

Lymphogranulomatosis

see [Hodgkin's disease](#)

Mastitis neonatorum

A physiological dysfunction caused by the maternal hormones. If therapy - then [NOTAKEHL 5X drops](#) 2-3x 1 for rubbing into the naval region and [NOTAKEHL 3X ointment](#) apply thinly locally several times daily, alternating daily with [MUCOKEHL 5X drops](#) and [MUCOKEHL 3X ointment](#).

Mastitis purulenta

see [abscess](#)

Mastitis puerperalis: Invasion of the mamille through Staphylococci (St. aureus). [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[FORMASAN drops](#) 3x 2-5 daily.

[NOTAKEHL 4X capsules](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 4X capsules](#) 2x 1 daily.

[SANUKEHL Staph 6X drops](#) 2x 5-10 daily. Mastitis parenchymatosa purerperalis: Galactostasia, retro-mammary [abscess](#), immediately apply warm alcohol compress. According to my experience, isopathic therapy can also be prescribed during breastfeeding.

[NOTAKEHL 4X capsules](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 4X capsules](#) 2x 1 daily.

[SANUKEHL Staph 6X drops](#) alternating daily with [SANUKEHL Strep 6X drops](#) each 1x 5-10 orally and 1x 5 rub in locally.

1x daily injection i.m. or s.c. close to the [abscess](#), or infiltration of the [ganglion](#) stellatum (Dosch) on the same side with a mixture of: [NOTAKEHL 7X ampules](#) 1 ml, [SANUKEHL Pseu 6X ampules](#) 1 ml, [SANUKEHL Staph 5X ampules](#) 1 ml, Belladonna Injeel ampules Heel 1 ml, Lidocaine 1% ampules 1 ml.

Particularly indicated with milk blockages because after a few hours, breast-feeding can resume again. Repeat in 24 hours. Additional Treatment with Belladonna 30X Glob. 3x 10 daily.

Mastopathy

First appears at beginning of puberty, overbalance of oestrogen, proliferation of the connective tissues, formation of retention cysts, often a jod deficiency (measure jod levels in whole blood).

Principal Preparations: UTILIN "S", MUCOKEHL [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 3x 5 daily, [CITROKEHL drops](#) 1x 10 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[SILVAYSAN capsules](#) 2x 1 daily.

[MUCOKEHL 4X capsules](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [MUCOKEHL Atox 6X drops](#) and [NIGERSAN Atox 6X drops](#) each 1x 8 daily.

[SANUKEHL Myc 6X drops](#) 2x 5 daily orally and/or for rubbing in.

[UTILIN "S" 6X drops](#) 2x 5 daily for 10 days, then [UTILIN "S" 4X capsules](#) 1x 1 every two weeks.

Measles

see [children`s diseases](#), [general viral infections](#)

Pregnant women who are uncertain of having had [measles](#) must immediately visit their health clinic or doctor (antibody check). Adults:

1st week: [QUENTAKEHL 5X drops](#) 2x 5-10 daily orally.

From 2nd week: [NOTAKEHL 5X drops](#) alternating daily with [QUENTAKEHL 5X drops](#) each 2x 10 orally.

[UTILIN 4X capsules](#) 1x 1 weekly (as prophylaxis against secondary infection).

If necessary on the 1st day injection i.v. with [QUENTAKEHL 5X ampules](#) 1x 1 ml.

From 2nd day 3x weekly injection deep i.m. with 1 ml [QUENTAKEHL 5X ampules](#) and 1 ml [SANUKEHL Serra 5X ampules](#). Children:

[QUENTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Serra 6X drops](#) alternating daily with [UTILIN "S" 6X drops](#) each 1x 1-2 for rubbing in.

Menière`s Disease

[ALKALA N powder](#) 1x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 1 teaspoon daily.

[CITROKEHL drops](#) 1x 10 daily.

[GINKGOBAKEHL 1X drops](#) or GINGKOBKEHL 4X drops 1-3x 5 daily.

[QUENTAKEHL 5X drops](#) 2x 8 daily for 10 days, then [MUCEDOKEHL 5X drops](#) mornings 1x 8 and [ASPERGILLUS ORYZAE 6X drops](#) evenings 1x 8, Mon-Fri; Sat/Sun [QUENTAKEHL 5X drops](#) 2x 8 daily.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 3x1 weekly.

[MUCOKEHL 5X drops](#) 3-5x 1-2 daily for rubbing in locally.

Meningism

The prescribed therapy is only designed to support the ongoing therapy and an advancement of later efforts in the excretion of toxins. Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 1 teaspoon daily.

[CITROKEHL drops](#) 2x 10 daily. Bacterial Form:

[NOTAKEHL 4X capsules](#) 2x 1 daily.

[SANUKEHL Strep 6X drops](#) alternating daily with [SANUKEHL Pseu 6X drops](#) each 1x 5 orally and 1x 5 for rubbing in. Viral Form:

[QUENTAKEHL 4X capsules](#) 2x 1 daily.

[SANUKEHL Serra 6X drops](#) alternating daily with [SANUKEHL Pseu 6X drops](#) each 1x 5 orally and 1x 5 for rubbing in.

[UTILIN 6X drops](#) and [UTILIN "S" 6X drops](#) alternating daily each 1x 2 for rubbing in.

2x weekly injection deep i.m. with a mixture of: [NOTAKEHL 7X ampules](#) 1 ml, [QUENTAKEHL 5X ampules](#) 1 ml, [SANUKEHL Serra 5X ampules](#) 1 ml (viral form), [SANUKEHL Strep 5X ampules](#) 1 ml (bacterial form). Children:

[ALKALA N powder](#) 2x 1/4 - 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS drops](#) 2x 5-15 daily and [CITROKEHL drops](#) 2x 1-5 daily in warm water. Bacterial Form:

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Strep 6X drops](#) alternating daily with [SANUKEHL Pseu 6X drops](#) each 1x 1-5 for rubbing in.

In exceptional cases injection i.v. or s.c. with 0.5 - 1 ml [NOTAKEHL 7X ampules](#), at first daily, later 3x weekly 1 ml [NOTAKEHL 5X ampules](#). Viral Form:

[QUENTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri;

Sat/Sun [QUENTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Serra 6X drops](#) alternating daily with [SANUKEHL Pseu 6X drops](#) each 1x 5 for rubbing in.

Meningitis serosa/purulenta status post

The serous form can occur with all [children's diseases](#) (mumps, [measles](#), poliomyelitis) and with viral feverish conditions. The purulent form is mostly caused through Streptococcus. Suspicion of every symptom in particular with a purulent form must be seen immediately by a paediatrician. Lumbar puncture necessary. Proceed with adjuvant diseases of both forms as with [meningism](#).

Menstrual Disorders

see [dysmenorrhoea](#)

Migraine

see [dysmenorrhoea](#), [naval colic](#), [allergic diseases](#), [atrophy of the intestinal mucous membrane](#), [sinusitis](#)

Of vascular, sinusidal, psychological and enteral nature, with children as [naval colic](#).

Principal Preparations: USTILAKEHL (with women), LEPTOSPERMUSAN, MUCEDOKEHLAcute Treatment:

[SANUVIS 2X drops](#) 5x 3-5 daily.

[SILVAYSAN capsules](#) 2x 1 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[LEPTOSPERMUSAN 1X drops](#) 3x 5 daily.

[USTILAKEHL 5X suppositories](#) 1x 1 daily.

[MUCEDOKEHL 5X drops](#) 2x 10 daily orally and for rubbing on forehead and neck.

[SANUKEHL Strep 6X drops](#) 2x 5-10 daily orally and/or for rubbing in.

2x weekly injection deep i.m. with a mixture of: [MUCEDOKEHL 5X ampules](#) 1 ml, [FORMASAN ampules](#) 2 ml, [SANUKEHL Strep 5X ampules](#) 1 ml.Longterm Therapy:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 3x 1 weekly.

[LEPTOSPERMUSAN 1X drops](#) 3x 5 daily.

[SANUKEHL Strep 6X drops](#) 2 x 5 daily orally and/or for rubbing in.

[LATENSIN 6X ampules](#) 1x 1 ml injection deep i.m. every two weeks.Additional Treatment:

Nasal lavage 2x daily with a mixture of 20 drops [MUCEDOKEHL 5X drops](#), 3 drops [UTILIN 'S' 6X drops](#) and 10 drops Gelsemium-Homaccord Heel.

Mononucleosis

see [herpes blisters](#), [general viral infections](#)

Pathogen: Epstein-Barr-Virus

Principal Preparations: QUENTAKEHL, NIGERSAN, LATENSIN, SANUKEHL Serra, SANUKEHL Myc Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[FORTAKEHL 5X drops](#) 2x 3-8 daily for 5 days, then [QUENTAKEHL 4X capsules](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X drops](#) 1x 5-10 daily mornings and [NIGERSAN 5X drops](#) 1x 5-10 evenings, Mon-Fri; Sat/Sun [QUENTAKEHL 4X capsules](#) 2x 1 daily.

[SANUKEHL Pseu 6X drops](#), [SANUKEHL Serra 6X drops](#) and [SANUKEHL Myc 6X drops](#) each 2x 5 alternating daily for rubbing in and/or orally.

[UTILIN 6X capsules](#), [LATENSIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly.

2x weekly injection deep i.m. with a mixture of: [QUENTAKEHL 5X ampules](#) 1 ml, [SANUKEHL Myc 5X ampules](#) 1 ml, [NIGERSAN 7X ampules](#) 1 ml. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS tablets](#) 2x 1/2 - 1 daily.

[CITROKEHL tablets](#) 2x 1/2 - 1 daily.

[FORTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for five days, then [QUENTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun [QUENTAKEHL 5X drops](#) daily 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Myc 6X drops](#), [SANUKEHL Serra 6X drops](#) and [SANUKEHL Pseu 6X drops](#) each 1x 1-3 alternating daily for rubbing in.

[UTILIN "S" 6X drops](#) 1x 1-3 weekly for rubbing in.

Mucoviscidosis

Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 2x 5 daily.

[LUFFASAN 4X tablets](#) 2x 1 daily.

[SILVAYSAN capsules](#) 2x 1 daily or [TARAXAN 3X ampules](#) as drinking ampule 1x 1 every other day.

[EPISCORIT 1X drops](#) 3x 60 daily as a cure for 10 days.

[LEPTOSPERMUSAN 1X drops](#) 2x 1-2 daily.

[FORTAKEHL 5X drops](#) mornings, [PINIKEHL 5X drops](#) at noon and [QUENTAKEHL 5X drops](#) or [GRIFOKEHL 5X drops](#) (according to individual testing) evenings each 1x 5-10 daily for 14 days, then [SANKOMBI 5X drops](#) 2x 10 daily, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) mornings, [PINIKEHL 5X drops](#) at noon and [QUENTAKEHL 5X drops](#) or [GRIFOKEHL 5X drops](#) (according to individual testing) evenings each 1x 5-10 daily.

[RECARCIN 6X ampules](#) 1x 1 ml injection deep i.m. weekly.

[REBAS 6X capsules](#) 1x 1 every other days.

[SANUKEHL Serra 6X drops](#) or [SANUKEHL Pseu 6X drops](#) 1x 5-10 daily, dependent on individual testing. Children:

[ALKALA N powder](#) 2x 1/4 - 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS 2X drops](#) 2x 1-5 daily.

[LUFFASAN 4X tablets](#) 2x 1/2 daily.

[SILVAYSAN capsules](#) 1x 1 daily.

[EPISCORIT 1X drops](#) 3x 20-60 daily as a cure for 10 days.

[LEPTOSPERMUSAN 1X drops](#) 2x 1-2 daily.

[FORTAKEHL 5X drops](#) mornings, [PINIKEHL 5X drops](#) at noon and [QUENTAKEHL 5X drops](#) or [GRIFOKEHL 5X drops](#) (according to individual testing) evenings each 1x daily 1 drop for every year for rubbing in and/or orally for 14 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) mornings, [PINIKEHL 5X drops](#) at noon and [QUENTAKEHL 5X drops](#) or [GRIFOKEHL 5X drops](#) (according to individual testing) evenings each 1x daily 1 drop for every year for rubbing in and/or orally.

[RECARCIN 6X drops](#) 2x 1-5 weekly for rubbing in.

[REBAS 6X capsules](#) 2-3x 1 weekly.

[SANUKEHL Serra 6X drops](#) or [SANUKEHL Pseu 6X drops](#) 1x 1-5 daily, depending on individual testing. Additional Treatment: Sodium muriaticum.

Multiple sclerosis (MS)

MS is a disease in which the nerves become damaged through toxic effects, e.g. from heavy metals. Basically it is closely connected with [enteral mycosis](#). According to F. Batmanghelidj, MS is a "thirst illness" of the nervous system therefore drink enough water.

Principal Preparations: EXMYKEHL, QUENTAKEHL [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CUPRUEHL 3X drops](#) 1x 10 daily mornings and [ZINKOKEHL 3X drops](#) 1x 10 daily evenings.

[MAPURIT L capsules](#) 2x 1 daily, [LIPISCOR capsules](#) 2x 3 daily.

[EXMYKEHL 3X suppositories](#) 1-2x 1 daily for 10 days, then [NOTAKEHL 5X drops](#) and [QUENTAKEHL 5X drops](#) each 2x 5-10 alternating daily for 10 days, then [MUCEDOKEHL 5X drops](#) 1x 5-10 mornings and [NIGERSAN 5X drops](#) 1x 5-10 evenings, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) and [QUENTAKEHL 3X suppositories](#) each 2x 1 alternating weekly.

[LATENSIN 6X capsules](#) and [UTILIN 6X capsules](#) 1x 1 alternating weekly.

1x weekly injection deep i.m. with a mixture of: VITAMIN B KOMPLEX SANUM N ampules 2 ml, [ALBICANSAN 5X ampules](#) 1 ml, [QUENTAKEHL 5X ampules](#) 2 ml, [RECARCIN 6X ampules](#) 1 ml, [SANUVIS ampules](#) 2 ml, Procaine / Lidocaine 1% ampules 2 ml, if necessary - additionally: Coenzyme comp. ampules Heel 2 ml, Ubichinon comp. ampules Heel 2 ml.

Mycosis fungoides

see [Hodgkin's disease](#)

[Milieu](#) change, diet.

Principal Preparations: EXMYKEHL, SANUKEHL Myc [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS tablets](#) 2x 1 daily, [CITROKEHL tablets](#) 1x 1 daily.

[LIPISÇOR capsules](#) 2x 2 daily.

Locally [PEFRAKEHL 5X drops](#) 3-5x daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 14 days rectally, then [MUÇOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 2x 1 daily.

[UTILIN 6X capsules](#), [LATENSIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly.

[SANUKEHL Myc 6X drops](#) 1x 5-10 daily for rubbing in and/or orally.

Mycosis of Body Orifices

see [amalgam burden](#), [allergic diseases](#), [enteral mycosis](#), [candidiasis](#)

Every mycosis originates in intestinal mycosis and in a burden with heavy metals or similar toxins. Always consider that meridians transmit information (e.g. candida). Fundamentally, all mycosis are treated alike, milieu restoration. Diet according to Werthmann, additionally only steamed food. Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily and [CITROKEHL tablets](#) 2x 1 daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for two weeks, then [FORTAKEHL 5X drops](#) 1x 5-10 mornings and [QUENTAKEHL 5X drops](#) 1x 5-10 evenings daily, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 2x 1 daily.

After a further two weeks [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 2x 1 daily.

[SANUKEHL Cand 6X drops](#) alternating daily with [SANUKEHL Prot 6X drops](#) each 2x 5 orally and 1x 5 for rubbing in.

[UTILIN "S" 6X drops](#) 2x 5 daily orally and/or for rubbing in.

2x weekly injection deep i.m. with a mixture of: [EXMYKEHL 5X ampules](#) 1 ml, [SANUKEHL Cand 5X ampules](#) 1 ml, [UTILIN 6X ampules](#) 1 ml, Lidocaine 1% ampules 1 ml. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[ALBICANSAN 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [FORTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun [PEFRAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Prot 6X drops](#) 1x 1-2 daily for rubbing in, [UTILIN "S" 6X drops](#) 2x 1-5 weekly for rubbing in. Oral thrush:

Always a sign of an allergy against cow's milk or hen's eggs, mothers breastfeeding must omit the primary antigens from their diet; in addition to the base therapy, soak cotton buds with [PEFRAKEHL 5X drops](#) or [ALBICANSAN 5X drops](#) and dab the nipples and the inside of the child's mouth several times daily; [PEFRAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally. Anal Mycosis:

Locally [ALBICANSAN 3X ointment](#) alternating with [PEFRAKEHL 3X ointment](#). In case of problems with flatulence, prescribe enzyme based preparations; [OKOUBASAN 2X drops](#) 1-3x 5 daily orally. Vaginal Mycosis:

Lavage 1x daily evenings with a mixture of 10-20 drops of [PEFRAKEHL 5X drops](#), 5 drops of [SANUKEHL Cand 6X drops](#) and 10-20 ml of physiological saline solution.

Myeloma

see [leukaemia](#), [carcinoma](#) (without immunomodulation!)

Plasmacytoma, swelling of bone marrow, electroacupuncture test (EAV): Always test Vaccinum and Variolinum, probably a high co-partnership of pox immunisation; prescribe corresponding nosodes. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 3x 5 daily, [CITROKEHL drops](#) 1x 10 daily.

[MUCOKEHL 3X suppositories](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings.

Myoma uteri

EAV-Test: which teeth are disrupting the vesical meridian? [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 1-3x 5 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[SILVAYSAN capsules](#) 3x 1 daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [MUCOKEHL 3X suppositories](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 2x 1 daily.

[LATENSIN 6X capsules](#), [UTILIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly.

[SANUKEHL Myc 6X drops](#) 2x 5-10 for rubbing in and/or orally.

If necessary cervical (para-cervical) injection i.m. with a mixture of: [NIGERSAN 5X ampules](#) 1 ml, [UTILIN "S" 6X ampules](#) 1 ml, [RECARCIN 6X ampules](#) 1 ml.

Nappy Rash (Diaper Rash)

see [bedsores](#)

Nephritis

Clearance of disruptive foci, [rheumatic](#) problems, change the milieu with a fasting cure.

Principal Preparations: NOTAKEHL, RUBERKEHL, SANUKEHL Strep, SANUKEHL Pseu, NIGERSAN, UTILIN, RECARCIN Adults:

[ALKALA N powder](#) 1 measuring spoonful once daily in warm water as a footbath.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[RUBERKEHL 5X drops](#) 2x 5 daily for rubbing in.

[HEXACYL drops](#) 1-3x 5 daily.

[ZINKOKEHL 3X drops](#) 1x 10 daily evenings.

[NOTAKEHL 5X drops](#) 2x 3-10 daily for 7 days, then [NOTAKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [SANKOMBI 5X drops](#) mornings 1x 5-10 and [NIGERSAN 4X capsules](#) evenings 1x 1 daily, Mon-Fri; Sat/Sun [NOTAKEHL 3X suppositories](#) 2x 1 daily.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 3x 1 weekly.

[RECARCIN 6X capsules](#), [UTILIN 6X capsules](#), [LATENSIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly.

[SANUKEHL Pseu 6X drops](#) alternating daily with [SANUKEHL Strep 6X drops](#) each 2x 5-10 orally and for rubbing in for 14 days, then [SANUKEHL Myc 6X drops](#), [SANUKEHL Staph 6X drops](#) and [SANUKEHL Strep 6X drops](#) each 1x 5-10 alternating daily for rubbing in and/or orally (depending on the results of the antibiogram).

2x weekly injection deep i.m. with a mixture of: [RUBERKEHL 5X ampules](#) 1 ml, [LATENSIN 6X ampules](#) 1 ml, [SANUKEHL Myc 5X ampules](#) 1 ml, [SANUVIS ampules](#) 2 ml, [CITROKEHL ampules](#) 2 ml. Additional Treatment:

Berberis, Apis and Solidago.

Neural Therapy next to the tonsils, scars or infiltration to the upper half of the upper kidney pole ([ganglion](#) coeliacum) on the same side with a mixture of 1 ml [NOTAKEHL 5X ampules](#) and 1 ml

Procaine / Lidocaine 1% ampules. Children:

[ALKALA N powder](#) 1/2 measuring spoonful once daily as a footbath.

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun

[RUBERKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Strep 6X drops](#) and [SANUKEHL Myc 6X drops](#) alternating daily each 2x 1-5 for rubbing in.

[RECARCIN 6X drops](#) and [UTILIN "S" 6X drops](#) each 1x 1-5 for rubbing in weekly.

Nephrosis

see [nephrotic syndrome](#)

Nephrotic Syndrome

Causes are very different, according to modern opinion "[nephrosis](#)" should only be a synonym for "[nephrotic syndrome](#)". The principal signs are proteinuria, hypo-/dysproteinaemia, hyperlipid- and cholesterolaemia, connected with oedemas and an increase in urinary and blood sugar. Diet for normalisation of [rheumatic](#) factors (ASL) and regeneration of the intestinal mucous membrane. Always check teeth, tonsils and scars. Adults:

[ALKALA N powder](#) 1 measuring spoonful once daily as a footbath.

[CITROKEHL tablets](#) 2x 1 daily.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CUPRUEHL 3X drops](#) 2x 10 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[NOTAKEHL 5X drops](#) and [QUENTAKEHL 5X drops](#) each 2x 3-10 alternating daily for 10 days, then [SANKOMBI 5X drops](#) 2x 3-10 daily, Mon-Fri; Sat/Sun [RUBERKEHL 5X drops](#) 2x 5-10 daily.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 2-3x 1 weekly.

[SANUKEHL Pseu 6X drops](#) alternating daily with [SANUKEHL Myc 6X drops](#) each 1x 5-10.

[LATENSIN 6X capsules](#) und [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly.

1x weekly injection deep i.m. with a mixture of: [RUBERKEHL 5X ampules](#) 1 ml, [CITROKEHL ampules](#) 2 ml, [SANUKEHL Myc 5X ampules](#) 1 ml, [SANUKEHL Serra 5X ampules](#) 1 ml,

[LATENSIN 6X ampules](#) 1 ml. Children:

NOTE: With children [nephritis](#) begins mostly with blepharodema.

[ALKALA N powder](#) 1/2 measuring spoonful once daily as a footbath.

[SANUVIS tablets](#) 1x 1/2 to 1 daily.

Excretion with [HEXACYL drops](#) 1x 1-5 daily.

[NOTAKEHL 5X drops](#) and [QUENTAKEHL 5X drops](#) each 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun RUBERKEHL drops 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Myc 6X drops](#) and [SANUKEHL Strep 6X drops](#) alternating daily each 1x 1-5 for rubbing in, from school age orally.

[UTILIN "S" 6X drops](#) 1x 1-5 daily for rubbing in. Additional Treatment for adults and children:

Apis and Aesculus

Nervous Exhaustion

see [vegetative dystonia](#), [chronic fatigue syndrome](#)

Neuralgia

Pain syndrome, mostly towards disruptive foci in the mouth, phase of impregnation (according to Dr. Reckeweg) therefore elimination of disruptive foci; diet. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[LIPISCOR capsules](#) 2x 2 daily.

[SILVAYSAN capsules](#) 2x 1 daily.

With diabetic [neuralgia](#) and paraesthesia [PINIKEHL 5X drops](#) 1x 8 daily at noon.

[NOTAKEHL 5X drops](#) and [QUENTAKEHL 5X drops](#) or [GRIFOKEHL 5X drops](#) each 2x 5-10 alternating daily for 14 days, then [SANKOMBI 5X drops](#) 2x 10 daily, Mon-Fri; Sat/Sun [NOTAKEHL 5X drops](#) 2x 10 daily.

[SANUKEHL Myc 6X drops](#) and [SANUKEHL Cand 6X drops](#) alternating daily each 1x 5-10 for rubbing in and/or orally.

[LEPTOSPERMUSAN 1X drops](#) 2x 5-10 daily orally.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 3x 1 weekly.

[STOLONIKEHL 6X drops](#) (PENICILLIUM BREVICOMPACTION 6X drops) 2x 5-10 daily orally and/or for rubbing in.

1x weekly injection deep i.m. with a mixture of: VITAMIN B KOMPLEX SANUM N ampules 2 ml, [LATENSIN 6X ampules](#) 1 ml, [SANUKEHL Myc 5X ampules](#) 1 ml, [NOTAKEHL 5X ampules](#) 1 ml,

Lidocaine 1% ampules 1 ml. In addition - if necessary:

Head region: Spigelia

Shoulder/arm regions: Gelsemium-Homaccord Heel

Intercostal region: Ranunculus-Homaccord Heel

Vertebrae region: Cimicifuga-Homaccord Heel

Pelvic area/[ischialgia](#): Colocynthis-Homaccord Heel

Neuritis

see [amalgam burden](#)

Disorder of motoric/sensitive conduction, phase of impregnation (according to Dr. Reckeweg), mono-, plexus-, poly[neuritis](#), root [neuritis](#), diabetes, focal disorder. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[NOTAKEHL 5X drops](#) 2x 5-10 daily for 10 days, then [QUENTAKEHL 5X drops](#) 2x 5-10 daily for 10 days, then [MUCEDOKEHL 5X drops](#) 1x 5-10 mornings and [NIGERSAN 5X drops](#) 1x 10 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 5X drops](#) 2x 10 daily.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 2-3x 1 weekly.

[SANUKEHL Strep 6X drops](#) 2x 5-10 daily for rubbing in and/or orally.

[STOLONIKEHL 6X drops](#) (PENICILLIUM BREVICOMPACTUM 6X drops) 2x 5-10 daily orally and/or for rubbing in.

In the 1st week 2x weekly injection deep i.m. with a mixture of: [NOTAKEHL 5X ampules](#) 1 ml, VITAMIN B KOMPLEX SANUM N ampules 2 ml, [CITROKEHL ampules](#) 2 ml, Procaine / Lidocaine 1% ampules 1 ml.

From 2nd week or after discomfort has eased 3x weekly injection deep i.m. with a mixture of: [NIGERSAN 5X ampules](#) 1 ml, [MUCOKEHL 5X ampules](#) 1 ml, [SANUKEHL Strep 5X ampules](#) 1 ml, [SANUKEHL Serra 5X ampules](#) 1 ml, VITAMIN B KOMPLEX SANUM N ampules 2 ml.

Neurodermatitis

see [eczema](#)

A skin disorder which strongly depends on the intestinal mucous membrane. It appears in several stages which are all treated in the same way. Restoration of the intestinal mucous membrane with a low antigen diet. NOTE: Initial high doses of cortisone (ointment) should be reduced successively, but not too quickly. Sodium muriaticum 12X tablets 2x 1 (2x 10 Glob.); some therapists rub in common salt or sea salt into the (open) skin. Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[LIPISCOR capsules](#) 2x 3 daily, [MAPURIT L capsules](#) 2x 1 daily.

Oil of Evening Primrose capsules 2x 1 daily.

[FORTAKEHL 5X tablets](#) 2x 1 daily for two weeks, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

[SANUKEHL Pseu 6X drops](#) 1x 5-10 daily orally and/or for rubbing in alternating daily with [UTILIN "S" 6X drops](#) 2x 5 daily orally.

Mineral balance: Schuessler Salts

On the 1st day injection deep i.m. with a mixture of: [UTILIN "S" 6X ampules](#) 1 ml, [SANUVIS ampules](#) 2 ml, [FORTAKEHL 5X ampules](#) 1 ml.

On the 7th day injection deep i.m. with a mixture of: [UTILIN "S" 6X ampules](#) 1 ml, [SANUVIS ampules](#) 2 ml, [NOTAKEHL 5X ampules](#) 1 ml.

On the 14th day injection deep i.m. with a mixture of: [LATENSIN 6X ampules](#) 1 ml, [MUCOKEHL 5X ampules](#) 1 ml, [SANUVIS ampules](#) 2 ml.

On the 21st day injection deep i.m. with a mixture of: [LATENSIN 6X ampules](#) 1 ml, [SANUVIS ampules](#) 2 ml, [NOTAKEHL 5X ampules](#) 1 ml.

Repeat four to five times in rotation. With acute reactions, extend intervals in between to a further two to three weeks. Infants:

Readjustment from usual baby food (based on cow's milk) to adapted soy milk baby food, goat or rice milk. Only specially adapted soy milk is to be used. The usually available soy milk in health food shops is not comparable to breast milk regarding fat, protein and carbohydrate content. Only with oversensitivity to soy milk, return to goat milk (ratio: half milk and half water). Rice milk and sheep milk should only be given to children over one year old. Mothers who are breastfeeding infants with neurodermatitis must themselves adhere to the hypoallergenic diet according to Werthmann, as the antigens are transferred from the breast milk to the child.

[FORTAKEHL 5X drops](#) 2x 1/2 - 1 daily for rubbing in for two weeks, then [SANKOMBI 5X drops](#) 2x 1/2 - 1 daily for rubbing in for several months. Children and Adolescents:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm water.

[SANUVIS tablets](#) 1x 1 daily and [CITROKEHL tablets](#) 1x 1 daily.

Excretion with [HEXACYL drops](#) 1x 1-5 daily.

[FORTAKEHL 5X drops](#) 2x 2-8 daily for one to two weeks, then [SANKOMBI 5X drops](#) 2x 2-8 daily, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) 2x 2-8 daily.

[UTILIN 6X drops](#) and [RECARCIN 6X drops](#) alternating daily 1x 2-5 for rubbing in and/or orally. Additional Treatment:

Calcium carbonicum 6X Glob: For children with blond hair and blue eyes; Magnesium phosphoricum 6X Glob: For children with brown hair and dark eyes.

The intense [itching \(pruritus\)](#) is the result of a massive cellular destruction of the intestinal mucous membrane and the villous apparatus whereby a large quantity of arachidonic acid is created and broken down to histamine, serotonin and prostaglandin 2. Pruritus which occurs mostly at night or in the presence of others becomes advanced through psychological phenomena. Every person from birth onwards has a permanent task on this earth: "to retain the parents' love", a reprimand due to the constant scratching can therefore possibly be understood as care and attention.

Information to the parents that their fears are transmitted to the child and the child should not always be allowed to be the centre of attention. MUCOKEHL to be exchanged with [MUCEDOKEHL](#)

[5X drops](#) in these cases. Skin Care:

Anaesthetic Powder 1%

Oil Olivarum

Oil Rhicini aa ad 100.0 MDS administer several times daily.

Oil of Evening Primrose can also be used in place of the above.

Nosebleed

A vascular related matter. It is [hypertonia](#) related with older people, with children normally the result of a chronic inflammation of the nasal mucous membrane and polyps.

Aim of Therapy: Eradicate chronic inflammation of the polyps, tonsils and the nasal mucous membrane as well as hyperproteinaemia, therefore strict diet and for a longer period. [ALKALA N](#)

[powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 3x 3-5 daily.

[CALVAKEHL 3X drops](#) 3x 10 daily,

[CERIVIKEHL 1X drops](#) 3x 5-10 daily orally.

[LIPISCOR capsules](#) 2x 2 daily.

Liver support with [SILVAYSAN capsules](#) 1x 1-2 daily.

[NOTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 5X tablets](#) 2x 1 daily.

Nasal lavage with [NOTAKEHL 5X drops](#).

Ocular Vessel Diseases

Always consider the eye tooth (canine) and the meridians according to Voll, sight defects, diabetes, affection of paranasal sinuses, nasal lavage.

Principal Preparations: MUCOKEHL, SANUVIS [MUCOKEHL 5X eye drops](#) 2x 1-2 daily in each eye.

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANKOMBI 5X drops](#) 2x 10 daily orally, Mon-Fri; Sat/Sun always [MUCOKEHL Atox 6X drops](#) and [NIGERSAN Atox 6X drops](#) each 1x 8 alternating daily orally and/or for rubbing in.

PROPIONIBACTERIUM AVIDUM 5X capsules [LEPTUCIN 6X capsules](#) 3x 1 weekly.

[SANUKEHL Acne 6X drops](#) 2x 5-10 daily orally.

[BOVISAN 6X drops](#) or [UTILIN "S" 6X drops](#) 2x 5 daily orally or [BOVISAN 5X capsules](#) or [UTILIN "S" 6X capsules](#) 1x 1 weekly.

2x weekly injection i.v. with a mixture of 1 ml [MUCOKEHL 6X ampules](#) and 2 ml [SANUVIS ampules](#), or 1-2x weekly injection to the tonsils with 2 ml [MUCOKEHL 7X ampules](#).

Ophthalmia

Antibiotics! Corticosteroid! Canine teeth often not present / horizontally sloping (oral panorama X-ray) [MUCOKEHL 5X eye drops](#) drip in both eyes several times daily and dab on the eye lids, with improvement, reduce intervals.

[HEXACYL drops](#) 3x 3-5 daily.

[SILVAYSAN capsules](#) 2x 1 daily.

[FORTAKEHL 5X drops](#) mornings and [QUENTAKEHL 5X drops](#) evenings each 1x 2-8 daily orally for 10 days, then [SANKOMBI 5X drops](#) 2x 5-10 daily, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) mornings and [QUENTAKEHL 5X drops](#) evenings each 1x 2-8 daily orally.

[UTILIN "S" 6X drops](#) 1x 5 daily orally.

[NOTAKEHL 7X ampules](#) 2x 1 ml injection weekly s.c., i.m. or i.v. or on the tonsils.

Osteochondrosis

see [spondylosis](#)

Osteomyelitis

A reaction phase whereby the body tries to excrete a toxin. Always consider disruptive foci. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[CUPRUKEHL 3X drops](#) 2x 10 daily.

[NOTAKEHL 5X drops](#) and [QUENTAKEHL 5X drops](#) alternating daily each 2x 10 drops for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings,

Mon-Fri; Sat/Sun [NOTAKEHL 4X capsules](#) 2x 1 daily.

[SANUKEHL Strep 6X drops](#), [SANUKEHL Pseu 6X drops](#) and [SANUKEHL Myc 6X drops](#) alternating daily each 1-2x 5-10 for rubbing in and/or orally.

2x weekly 0.2 - 1 ml injection i.m. with [ARTHROKEHLAN "A" 6X ampules](#) und [ARTHROKEHLAN "U" 6X ampules](#) by terms.

2-3x weekly injection near the periost of the affected bone with a mixture of: [NOTAKEHL 5X ampules](#) 1 ml, Lidocaine / Procaine 1% ampules 1 ml.

From the 3rd week 1x weekly injection deep i.m. with a mixture of: [UTILIN "S" 6X ampules](#) 1 ml, Galium Heel ampules 1 ml, [SANUKEHL Pseu 6X ampules](#) 1 ml.

Osteoporosis

see [atrophy of the intestinal mucous membrane](#), [allergic diseases](#)

Osteoporosis is a disease of hyperacidity, avoid animal protein; unsaturated fatty acids; possibly cooked fish! Regulate mineral balance - Ca, Mg, Si, Cu. Prophylaxis: Oleovit 3X drops and calcium citricum from 40 years on. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL ampules](#) 3x 2 ml injection i.m. weekly.

[FORMASAN drops](#) 1-3x 5 daily orally.

[LIPISCOR capsules](#) 2x 2 daily, [MAPURIT L capsules](#) 2x 1 daily.

[CUPRKEHL 3X drops](#) 1x 10 mornings.

[ZINKKEHL 3X drops](#) 1x 10 evenings.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [FORTAKEHL 5X tablets](#) 2x 1 daily for two weeks, then [SANKOMBI 5X drops](#) 1x 5-10 mornings and [NIGERSAN 4X capsules](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

[LATENSIN 6X capsules](#), [UTILIN 6X capsules](#) and [RECARCIN 6X capsules](#) alternating weekly each 1x 1.

Otitis

Earache is always the result of an enlargement of the polyps and the nasal mucous membrane. According to Traditional Chinese Medicine the ear forms the end of the intestinal meridian and consequently belongs to the digestive tract. The gall bladder meridian runs behind the external ear. As a logical consequence, one must always think of the intestinal mucous membrane in connection with an ear infection. Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[LIPISCOR capsules](#) 2x 2 daily.

[FORTAKEHL 5X drops](#) and [QUENTAKEHL 5X drops](#) alternating daily each 2x 3-10 orally for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) and [QUENTAKEHL 5X drops](#) alternating daily each 2x 10 orally.

[UTILIN "S" 6X drops](#) 2x 5 daily for rubbing in.

[NOTAKEHL 5X drops](#) 3x 1-2 daily dab locally on the mastoid.

[SANUKEHL Strep 6X drops](#) daily 1x 5 orally and 1x 5 for rubbing in. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[FORTAKEHL 5X drops](#) and [QUENTAKEHL 5X drops](#) alternating daily each 2x 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year

for rubbing in and/or orally, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) and [QUENTAKEHL 5X drops](#) alternating daily each 2x 1 drop for every year for rubbing in and/or orally.

[UTILIN "S" 6X drops](#) 2x 1-5 daily for rubbing in.

[NOTAKEHL 5X drops](#) 2x 2 daily dab locally on the mastoid. Additional Treatment: Nasal lavage.

Otitis media chronica

Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 3x 3-5 daily, [CITROKEHL drops](#) 2x 10 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[NOTAKEHL 5X drops](#) 2x 2-3 daily dab locally on the mastoid.

[FORTAKEHL 5X drops](#) 2x 5-10 daily orally for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 4X capsules](#) 2x 1 daily.

[SANUKEHL Pseu 6X drops](#) and [SANUKEHL Strep 6X drops](#) alternating daily each 2x 5-10 for rubbing in and/or orally.

[UTILIN 6X capsules](#) and [LATENSIN 6X capsules](#) each 1x 1 alternating weekly.

Additionally NIGERAN 7X ampules 1x 1 ml next to the mastoid behind the ear or to both tonsils. Children: With children, transmitted from adenoidal growth, syringitis.

Excretion with [HEXACYL drops](#) 1x 1-5 daily.

[FORTAKEHL 5X drops](#) and [QUENTAKEHL 5X drops](#) alternating daily each 2x 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year

for rubbing in and/or orally, Mon-Fri; Sat/Sun [RUBERKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANKOMBI 5X drops](#) and [NOTAKEHL 5X drops](#) alternating daily 2x 1-2 daily locally on the mastoid. Additional Treatment:

Nasal lavage with [NOTAKEHL 5X drops](#) and Sinusitis Nosode Injeel Heel.

Thuja 6X orally.

With adults if necessary affix a Cantharidin-plaster circa 2x 2 cm for four hours behind each ear until blistering appears.

Otosclerosis

Long Term Therapy:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily,

[CITROKEHL tablets](#) 2x 1 daily.

[GINKGOBAKEHL 4X drops](#) 1-3x 5 daily.

[MUCOKEHL 4X capsules](#) 1x 1 mornings and [NIGERSAN 4X capsules](#) 1x 1 evenings, Mon-Fri; Sat/Sun [MUCOKEHL Atox 6X drops](#) and [NIGERSAN Atox 6X drops](#) alternating daily each 1x 8.

[UTILIN 6X capsules](#) 1x 1 weekly.

PROPIONIBACTERIUM AVIDUM 5X capsules or [LEPTUCIN 6X capsules](#) 2x 1 weekly.

[SANUKEHL Pseu 6X drops](#) 1x 5-10 daily for rubbing in and/or orally. Additional Treatment: Crataegus 4X.

Ovarian Cysts

see [dysmenorrhoea](#) [CITROKEHL drops](#) 2x 10 daily.

[NIGERSAN 3X suppositories](#) and [MUCOKEHL 3X suppositories](#) alternating daily each 1x 1.

[UTILIN "S" 4X capsules](#) 1x 1 weekly.

[NIGERSAN 5X drops](#) 2x 5 daily to rub into the skin in the area of the ovaries.

1x weekly injection cervically with a mixture of: [NOTAKEHL 5X ampules](#) 1 ml, [UTILIN "S" 6X ampules](#) 1 ml, Lidocaine 1% ampules 1 ml.

Panaritium

Curd soap baths, immobilisation of the affected finger. [NOTAKEHL 5X tablets](#) 2x 1 daily and locally a dressing with [NOTAKEHL 3X ointment](#).

[SANUKEHL Strep 6X drops](#) 2x 5 daily for rubbing in and/or orally. Additional Treatment:

Neural therapeutical injection next to the [panaritium](#) or the basic joints with a mixture of 1 ml [NOTAKEHL 7X ampules](#) and 1 ml Procaine/Lidocaine 1% ampules.

Pancreas, Disorders of

see [leaky gut syndrome](#)

Both diseases are treated according to the same principle. Pancreas insufficiency is predominantly caused by an [atrophy of the intestinal mucous membrane](#) or an [intestinal allergy](#).

Primary: A weakening through noxae such as alcohol, opulent foods as well as viral and bacterial burden. Episodes of fat absorption deficiency (flatulence and violent [diarrhoea](#)) occur.

Secondary: As a result of the [atrophy of the intestinal mucous membrane](#) or through its destruction caused by enteral allergies, the pancreas cannot become activated through the formation of preliminary enzymes. The symptoms of an insufficiency of fat digestion stand in the foreground, this time permanently. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SELENOKEHL 4X drops](#) 1x 10 daily mornings.

[PINIKEHL 5X drops](#) 1x 8 daily at noon,

[ZINKOKEHL 3X drops](#) 1x 10 daily evenings.

[OKOUBASAN 2X drops](#) 1-3x 3-5 daily.

[NOTAKEHL 5X drops](#) (with bacterial cause) or [QUENTAKEHL 5X drops](#) (with viral cause) mornings 1x 5-10 and [EXMYKEHL 3X suppositories](#) evenings 1x 1 for 10 days, then [NOTAKEHL 5X drops](#) or [QUENTAKEHL 5X drops](#) mornings 1x 5-10 and [FORTAKEHL 5X drops](#) evenings 1x 5-10 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 5X drops](#) or [QUENTAKEHL 5X drops](#) mornings 1x 5-10 and [EXMYKEHL 3X suppositories](#) evenings 1x 1.

[RECARCIN 6X capsules](#) and [LATENSIN 6X capsules](#) alternating weekly each 1x 1.

[SANUKEHL Coli 6X drops](#) and [SANUKEHL Serra 6X drops](#) alternating daily each 2x 5 daily for rubbing in.

Pancreatitis

see [disorders of pancreas](#)

Papulosis

see [allergic diseases](#)

Malign, appearance of papula in batches; months to years later an intestinal [infarct](#) with peritonitis (allergic vasculitis?). Diet and unsaturated fatty acids. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[FORMASAN drops](#) 2x 5 daily.

[LIPISCOR capsules](#) 2x 2 daily.

[FORTAKEHL 5X tablets](#) 1x 1 mornings and [QUENTAKEHL 4X capsules](#) 1x 1 evenings daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings,

Mon-Fri; Sat/Sun [NOTAKEHL 5X tablets](#) 2x 1 daily.

[UTILIN "S" 6X drops](#) 2x 5 daily orally and/or for rubbing in.

2-3x weekly injection deep i.m. with a mixture of: [MUCOKEHL 5X ampules](#) 1 ml, [NIGERSAN 5X ampules](#) 1 ml, Procaine / Lidocaine 1% ampules 1 ml. If necessary in addition: Coenzyme comp. ampules Heel 2 ml, Cutis comp. ampules Heel 2 ml, Ubichinon comp. ampules Heel 2 ml.

Paratuberculosis

Tuberculosis-Chondritis

Paratuberculosis, Johne's Disease, mostly appears in elderly cows and leads to chronic [diarrhoea](#) and cachexia. The pathogen, M. [paratuberculosis](#), is also found in the milk of the infected cows.

Because of its insensibility against heat it overcomes procedures like pasteurisation and sterilisation. Through the consumption of milk products it can enter the human organism. However, M.

[paratuberculosis](#) do not produce tuberculosis, but tubercule diseases of the aspergillus cyclode are possibly promoted. Paratuberculosis is similar to "Latentia Syndrome" and becomes manifest in the chronic progression and in recidity. Observe intestine and diet. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[NOTAKEHL 5X tablets](#) and [FORTAKEHL 5X tablets](#) alternating daily each 2x 1 for 20 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 4X capsules](#) 1x 1 evenings, Mon-Fri;

Sat/Sun [NOTAKEHL 5X tablets](#) or [FORTAKEHL 5X tablets](#) each 2x 1 daily in weekly alternation with [MUCOKEHL Atox 6X drops](#) and [NIGERSAN Atox 6X drops](#) each 1x 8 daily.

[UTILIN 6X capsules](#) and [RECARCIN 6X capsules](#) alternating weekly each 1x 1.

Every two weeks 1x weekly injection deep i.m. with a mixture of: [NIGERSAN 5X ampules](#) 1 ml, [UTILIN "S" 6X ampules](#) 1 ml.

Parkinson`s Disease

see [amalgam burden](#), [enteral mycosis](#)

As with all other nervous and cerebral disorders, consider heavy metal burden and candida. Search for disruptive foci. Observe [syphilis](#) as previous illness, Wassermann reaction? VDRL test?

Mineral balance. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 spoonful daily.

[CITROKEHL tablets](#) 2x 1 daily.

[CUPRUEHL 3X drops](#) 1x 10 daily mornings.

[ZINKOKEHL 3X drops](#) 1x 10 daily evenings.

[LIPISOR capsules](#) 2x 3 daily.

[NOTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [QUENTAKEHL 5X drops](#) 2x 10 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings,

Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) 2x 1 daily.

[LATENSIN 6X capsules](#) and [UTILIN 6X capsules](#) alternating weekly each 1x 1.

Every two or three weeks 1x injection deep i.m. with a mixture of: [SANUKEHL Myc 5X ampules](#) 1 ml, [SANUKEHL Cand 5X ampules](#) 1 ml, [CITROKEHL ampules](#) 2 ml. Additional Treatment:

Luesinum nosode.

Pemphigus vulgaris

Blister fever beginning mostly in the oral or genital areas, milieu damage, auto-immune disease. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 2x 5 daily.

[CITROKEHL tablets](#) 2x 1 daily.

[MUÇOKEHL 5X drops](#) and [PEFRAKEHL 5X drops](#) dab on the blisters or the intact mucous membrane several times daily, do not chafe.

If necessary, [UTILIN "S" 6X drops](#) 1x 2-5 for rubbing on healthy skin.

1x weekly injection deep i.m. with a mixture of: Cutis comp. ampules Heel 2 ml, [GRIFOKEHL 5X ampules](#) 1 ml, [CITROKEHL ampules](#) 2 ml, Procaine/Lidocaine 1% ampules 1 ml. After improvement, set injection interval to 1x monthly. Additional Treatment: auto-urine therapy and autohaemo therapy.

Periodontitis

see [periodontosis](#)

According to Gian Paolo Guzzi (Milan), the most frequent cause of chronic diseases.

Periodontosis

The oral area is already part of the stomach and intestinal tract. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[CITROKEHL ampules](#) 2x 2 ml injection i.m. weekly.

Dip a cotton wool ball in [PEFRAKEHL 5X drops](#) always alternating daily with [NIGERSAN 5X drops](#) each 5-10 drops and position it to the upper or lower jaw pockets for four to five hours. It should be renewed in case of discoloration and foul odour occurring. Later [NOTAKEHL 5X drops](#) as aftercare.

[NOTAKEHL 5X drops](#) and [NIGERSAN 5X drops](#) alternating daily each 2x 10 over weeks orally.

[SANUKEHL Strep 6X drops](#) 2x 5 daily for rubbing in.

[ARTHROKEHLAN "A" 6X ampules](#) 1-2x 0.2 - 1 ml injection i.m. weekly.

Perlèche

see [herpes blisters](#)

Pernicious Anaemia

Foods rich in vitamins, check disruptive foci. [ALKALA N powder](#) 1 measuring spoonful in warm water as a footbath several times a day.

[SANUVIS tablets](#) 3x 1 daily.

[LIPISCOR capsules](#) 2x 1 daily.

[SELENOKEHL 4X drops](#) 1x 10 daily mornings.

[ZINKOKEHL 3X drops](#) 1x 10 daily evenings.

VITAMIN B KOMPLEX SANUM N ampules 2-3x 2 ml injection deep i.m. weekly.

[MUCOKEHL 3X suppositories](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [MUCOKEHL Atox 6X drops](#) and [NIGERSAN Atox 6X drops](#) each 1x 8 daily.

1x weekly injection deep i.m. with a mixture of 1 ml [UTILIN 6X ampules](#) and 2 ml [CITROKEHL ampules](#).

Perniones

see [frostbite](#)

Pfeiffer`s Disease

see [mononucleosis](#)

Phlebitis

see [embolism status post](#)

Low protein diet. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 3x 5 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[LIPISCOR capsules](#) 2x 3 daily.

[MUCOKEHL 3X ointment](#) to be applied locally 1-3x daily.

[MUCOKEHL 4X capsules](#) 1x 1 mornings and [NIGERSAN 5X drops](#) 1x 5-10 evenings, Mon-Fri; Sat/Sun [MUCOKEHL Atox 6X drops](#) and [NIGERSAN Atox 6X drops](#) each 1x 8 daily.

[STROPHANTHUS 4X SANUM drops](#) 1x 5 daily.

Every 10 days injection deep i.m. with a mixture of: [SANUVIS ampules](#) 2 ml, [MUCOKEHL 5X ampules](#) 1 ml, [UTILIN 6X ampules](#) 1 ml. Additional Treatment:

Leech therapy!

Aesculus-Heel drops 3x 10 daily.

Neural Therapy on the wall of the vein with a mixture of 1 ml [MUCOKEHL 7X ampules](#) and 1 ml Procaine/Lidocaine 1% ampules.

Pityriasis versicolor

Often with immune suppressed persons, often an expression of a heavy metal burden or consequence of root treatment. Therefore especially observe the teeth. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[CITROKEHL drops](#) 1x 10 daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 2x 1 daily.

[SANUKEHL Trich 6X drops](#) and [SANUKEHL Myc 6X drops](#) alternating daily each 2x 5 daily for rubbing in.

[UTILIN "S" 6X drops](#) 1x 3-8 daily for rubbing in and/or orally.

Pollinosis

see [hay fever](#)

Polyarthritis, Primary Chronic

see [rheumatic](#)

Always consider disruptive foci as well as intestinal involvement. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[FORMASAN drops](#) 1-3x 5 daily.

[CUPRUCHEHL 3X drops](#) 1x 10 daily mornings.

[ZINKUCHEHL 3X drops](#) 1x 10 daily evenings.

[LIPISCOR capsules](#) 2x 3 daily.

[LARIFIKEHL 5X drops](#) 1x 8 daily at noon.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for two weeks, then [FORTAKEHL 5X tablets](#) 2x 1 tablets daily for a further two weeks, then [MUCUCHEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 4X capsules](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X tablets](#) and [EXMYKEHL 3X suppositories](#) alternating daily each 2 x 1.

[RECARCIN 6X capsules](#) and [LATENSIN 6X capsules](#) alternating weekly each 1x 1.

[ARTHROKEHLAN "A" 6X ampules](#) 1-2x 0.2 - 1 ml injection i.m. weekly, on injection-free days [ARTHROKEHLAN "A" 6X drops](#) 1x 5-10 daily.

Post Menopause Syndrome

see [climacteric disturbed functions](#)

Pregnancy, Complications in

see [atrophy of the intestinal mucous membrane](#), [amalgam burden](#) Abortus imminens:

[NOTAKEHL 5X drops](#) 1x 5 daily over two to three weeks, then [SANKOMBI 5X drops](#) 2x 5 daily, Mon-Fri; Sat/Sun [SANUKEHL Brucel 6X drops](#) and [SANUKEHL Myc 6X drops](#) alternating daily each 1x 2-5 for rubbing in.

In cases of bleeding [CALVAKEHL 3X drops](#) 2x 5 daily orally for 2 or 3 days.

If necessary several times daily injection s.c. or i.m. with a mixture of 1 ml Cinnamomum Homaccord ampules Heel and 1 ml Spascupreel ampules Heel. Hyperemesis gravidarum, Gestosis:

[MAPURIT L capsules](#) 2x 1 daily.

[CALVAKEHL 3X drops](#) 2-3x 10 daily orally for 2 or 3 days.

1-2x daily injection i.m. with a mixture of: [MUCOKEHL 7X ampules](#) 1 ml, [NIGERSAN 7X ampules](#) 1 ml. If necessary - additionally: Ignatia-Homaccord ampules Heel 1 ml, Ipecacuanha-Injeel forte ampules Heel 1 ml.

With improvement, change to medication: Ignatia Homaccord Heel drops 2x 10 daily., Vomitus Heel S suppositories 2x 1 daily.

Prostate Adenoma

Principal Preparations: FOMEPIKEHL, SANUVIS, SANUKEHL Coli [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[FOMEPIKEHL 5X drops](#) 1x 10 daily.

With persistent cases [EXMYKEHL 3X suppositories](#) 2x 1 daily, otherwise [FORTAKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [MUCOKEHL 3X suppositories](#) 1x 1 mornings and

[NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 3X suppositories](#) 2x 1 daily.

[LATENSIN 6X capsules](#) 1x 1 weekly.

[SANUKEHL Coli 6X drops](#) 2x 5-10 daily orally and/or for rubbing in.

1x weekly injection s.c. with a mixture of: [FOMEPIKEHL 5X ampules](#) 1 ml, Ubichinon comp. ampules Heel 1 ml. Additional Treatment:

Neural Therapy on (in) the prostate with a mixture of: [NIGERSAN 5X ampules](#) 1 ml, Procaine/Lidocaine 1% ampules 1 ml.

Prostate Carcinoma

see [carcinoma](#) for general therapy Additional Treatment:

Neural therapy with injection 1-2x weekly to the prostate with a mixture of: [NIGERSAN 5X ampules](#) 1 ml, [SANUKEHL Pseu 6X ampules](#) 1 ml, Procaine/Lidocaine 1% ampules 1 ml. If necessary:

Nux vomica Homaccord ampules Heel 1 ml, Ovaria comp. ampules Wala 2 ml (hormonal opposite steering), Viscum comp. ampules Wala 2 ml.

Prostate Phlegmon

see [prostatitis](#) for general therapy [NOTAKEHL 3X suppositories](#) 3x 1 daily. Additional Treatment:

Intestinal cleansing, colon-hydrotherapy.

Cantharidin-plaster applied between naval and symphysis in the median line.

Prostatitis

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[CITROKEHL tablets](#) 2x 1 daily.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[NOTAKEHL 3X suppositories](#) and [PEFRAKEHL 3X suppositories](#) alternating daily each 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 daily evenings.

[SANUKEHL Pseu 6X drops](#) alternating daily with [SANUKEHL Coli 6X drops](#) each 2x 5-10.

Pruritus

see [eczema](#), neuro[dermatitis](#)

Psoriasis

Paratuberculous occurrence, phase of impregnation (according to Dr. Reckeweg), genetically fixed, long term therapy, check disruptive foci as well as infectious noxae! [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[SELENOKEHL 4X drops](#) 1x 10 daily mornings.

[ZINKOKEHL 3X drops](#) 1x 10 daily evenings.

[LIPISCOR capsules](#) 2x 3 daily.

Liver treatment with [TARAXAN 3X ampules](#) 2x 1 ml injection i.m. weekly.

[SILVAYSAN capsules](#) 2x 1 daily.

Excretion with [HEXACYL drops](#) 1-3x 3-5 daily.

[NOTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [FORTAKEHL 5X tablets](#) 2x 1 daily for two weeks, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings for three to four weeks, if necessary repeat from beginning.

[UTILIN "S" 6X ampules](#) 1x 1 ml injection deep i.m. in two weekly rotation with a mixture of: [RECARCIN 6X ampules](#) 1 ml, [CITROKEHL ampules](#) 2 ml, [FORMASAN ampules](#) 2 ml, Cutis compos. ampules Heel 2 ml, Acidum fumaricum-Injeel forte ampules Heel 1 ml. Additional Treatment:

Vitamin A 25,000 IE daily, Vitamin D 10 µg daily.

Fumaric acid 30X Glob. 1x 10 daily.

Loosening of skin flakes with Dead Sea bath salts. Dab affected areas or bathe adding 4 tablespoons to bath water.

Oil of Evening Primrose (Oil oenantha biennis) for rubbing in.

NOTE: Auto-Sanguis-Gradual Cure (Reckeweg) as well as auto-urine therapy.

Pulmonary emphysema

see [symptoms of aging/senility](#)

Regulate mineral balance (Schuessler therapy); always a terminal state that can only improve symptomatically, cardio-active therapy necessary. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[CITROKEHL tablets](#) 1x 1 daily, [FORMASAN drops](#) 2x 1-5 daily.

[LARIFIKEHL 5X drops](#) 1-2x 5 daily. With inflammatory complaints:

[NOTAKEHL 4X capsules](#) 2x 1 daily for 10 days, then [MUCOKEHL 4X capsules](#) 1x 1 mornings and [NIGERSAN 4X capsules](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 4X capsules](#) 2x 1 daily.

[SANUKEHL Pseu 6X drops](#) and [SANUKEHL Klebs 6X drops](#) alternating daily each 1x 10.

[LATENSIN 6X capsules](#) and [UTILIN 6X capsules](#) alternating weekly each 1x 1.

After five weeks [LATENSIN 4X capsules](#) and [UTILIN 4X capsules](#) alternating weekly each 1x 1.

1-2x weekly injection i.m. or infiltration of the [ganglion](#) stellatum alternating right/left (according to Dosch) with a mixture of: [MUCOKEHL 5X ampules](#) 1 ml, [NIGERSAN 5X ampules](#) 1 ml,

[SANUKEHL Klebs 6X ampules](#) 1 ml, Procaine/Lidocaine 1% ampules 1 ml. With spastic bronchitis:

[CERIVIKEHL 1X drops](#) 1-3x 5 daily.

[RELIVORA COMPLEX drops](#) 3x 5-25 daily.

Pyoderma

see [impetigo](#)

Observe urine test results ([diabetes mellitus](#), kidney). Antibiotics! [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[NOTAKEHL 5X tablets](#) 2x 1 daily over 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 5X tablets](#) 2x 1 daily for weeks.

[SANUKEHL Staph 6X drops](#) and [SANUKEHL Pseu 6X drops](#) alternating daily each 1x 10.

[LATENSIN 6X capsules](#), [UTILIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) alternating weekly each 1x 1.

Raynaud's Disease

see [endoarteriitis obliterans Raynaud](#)

Rectum, Carcinoma of

see [carcinoma](#) for general therapy. Alternative:

[NIGERSAN 3X suppositories](#), [PEFRAKEHL 3X suppositories](#) and [MUCOKEHL 3X suppositories](#) alternating daily each 1x 1.

[SANUKEHL Coli 6X drops](#) 2x 10 daily orally and/or for rubbing in.

Reiter Syndrome

Urethro-oculo-synovial Syndrome, Poly^{[arthritis](#)} dysenterica.

Negative ^{[rheumatic](#)} factor (dystrophy of the intestinal mucous membrane), observe disruptive foci, hypoallergenic diet, unsaturated fatty acids. ^{[ALKALA N powder](#)} 2x 1 measuring spoonful daily in warm water.

^{[SANUVIS drops](#)} 2x 1 teaspoon daily.

^{[CITROKEHL tablets](#)} 2x 1 daily.

^{[SELENOKEHL 4X drops](#)} 1x 10 daily mornings.

^{[ZINKOKEHL 3X drops](#)} 1x 10 evenings.

^{[CUPRUEHL 3X drops](#)} 2x 10 daily.

^{[MAPURIT L capsules](#)} 2x 1 daily.

^{[LIPISCOR capsules](#)} 2x 2 daily.

^{[SILVAYSAN capsules](#)} 2x 1 daily.

^{[FORTAKEHL 5X tablets](#)} 2x 1 daily for two to three weeks, then ^{[MUCOKEHL 5X tablets](#)} 1x 1 mornings and ^{[NIGERSAN 3X suppositories](#)} 1x 1 evenings, Mon-Fri; Sat/Sun ^{[FORTAKEHL 4X capsules](#)} 2x 1 daily.

^{[LATENSIN 6X capsules](#)}, ^{[RECARCIN 6X capsules](#)} and ^{[UTILIN "S" 6X capsules](#)} alternating weekly each 1x 1.

^{[SANUKEHL Pseu 6X drops](#)} alternating daily with ^{[SANUKEHL Myc 6X drops](#)} each 2x 5-10.

Retinitis haemorrhagic

Retinal bleeding, detachment of retina.

Cave: [diabetes mellitus](#), [hypertonia](#)[CALVAKEHL 3X drops](#) 1-3x 5 daily.

Liver treatment with [SILVAYSAN capsules](#) 2x 1 daily.

[PINIKEHL 5X drops](#) 1x 8 daily.

[TARAXAN 3X ampules](#) 2x 1 ml injection i.m. weekly.

1x weekly injection i.m. with a mixture of: [MUCOKEHL 6X ampules](#) 1 ml, [SANUVIS ampules](#) 2 ml, Lidocaine 1% ampules 1 ml. If necessary - additionally: Retina suis-Injeel ampules Heel 1 ml,

Hepar suis-Injeel ampules Heel 1 ml, Hypothalamus suis Injeel ampules Heel 1 ml.

Rheumatic

see [arthritis](#), [arthrosis](#), [allergic diseases](#)

Regulate mineral balance. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2 x 1 daily.

[FORMASAN ampules](#) 1-2x 2 ml injection i.m. weekly.

[ZINKOKEHL 3X drops](#) 1x 10 daily evenings.

[CUPRUEHL 3X drops](#) 2x 10 daily.

VITAMIN B KOMPLEX SANUM N ampules 1-2x 2 ml injection i.v. or i.m. weekly.

[MAPURIT L capsules](#) 3x 1 daily, [LIPISCOR capsules](#) 2x 2 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [NOTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri;

Sat/Sun [NOTAKEHL 5X tablets](#) 2x 1 daily.

[LATENSIN 6X capsules](#), [UTILIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) alternating weekly each 1x 1.

[SANUKEHL Myc 6X drops](#) and [SANUKEHL Brucel 6X drops](#) alternating daily each 2x 5.

[ARTHROKEHLAN "A" 6X ampules](#) 1-2x 0.2 - 1 ml injection i.m. weekly, on injection-free days [ARTHROKEHLAN "A" 6X drops](#) 1x 5-10 daily.

Substitute vitamin C and E.

Rhinitis, Chronic

Always check disruptive foci and intestinal allergies. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 1 teaspoon daily.

[CITROKEHL tablets](#) 2 x 1 daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X drops](#) 1x 5-10 mornings and [NIGERSAN 5X drops](#) 1x 5-10 evenings, some of them intranasal, Mon-Fri; Sat/Sun

[EXMYKEHL 3X suppositories](#) 2x 1 daily.

[LATENSIN 6X capsules](#) and [RECARCIN 6X capsules](#) alternating weekly each 1x 1.

2x weekly injection i.m. with a mixture of: [FORMASAN ampules](#) 2 ml, [CITROKEHL ampules](#) 2 ml, [PINIKEHL 5X ampules](#) 1 ml, [CERIVIKEHL 3X ampules](#) 2 ml, Procaine/Lidocaine 1% ampules 1 ml. If necessary - in addition: Sinusitis Nosode Injeel Heel Amp. 1 ml.

Nasal lavage with a mixture of: [NOTAKEHL 5X drops](#) 1x 10, [QUENTAKEHL 5X drops](#) 1x 10, [FORMASAN ampules](#) 1 ml, [CERIVIKEHL 3X ampules](#) 1 ml, Graphites Homaccord Heel drops 1x 20,

Allium cepa DHU drops 1x 10.

Scalds

see [burns](#)

Scarlet Fever

see [angina](#) for general therapy.

If [scarlet fever](#) appears several times consecutively then always take the intestine into consideration; diet. Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[NOTAKEHL 5X tablets](#) 2x 1 daily over 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 5X tablets](#) 2x 1 daily.

[SANUKEHL Pseu 6X drops](#) and [SANUKEHL Strep 6X drops](#) alternating daily each 2x 5-10.

[UTILIN 6X capsules](#) 1x 1 weekly for two months for prevention of complications of the heart, ears and kidneys.

1x weekly injection deep i.m. with a mixture of: [NOTAKEHL 5X ampules](#) 1 ml, [UTILIN 6X ampules](#) 1 ml, Procaine/Lidocaine 1% ampules 1 ml. Repeat after 7 to 10 days. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[SANUVIS drops](#) 1x 1 teaspoon daily.

[CITROKEHL tablets](#) 1x 1 daily.

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANUKEHL Pseu 6X drops](#) and [SANUKEHL Strep 6X drops](#) alternating daily each 1x 1-5 for rubbing in.

[LATENSIN 6X drops](#), [UTILIN 6X drops](#) and [UTILIN "S" 6X drops](#) alternating daily each 1x 1-3.

In cases of relapse: verify diet, repeat therapy as mentioned above.

Scheuermann Syndrome

see [arthrosis](#)

Weakness of the intervertebral disk, disproportion between load and buoyancy. This adolescent illness is due to a calcium and magnesium deficiency caused by disturbed absorption of the intestinal mucous membrane and too much protein. [ALKALA N powder](#) 1x 1 measuring spoonful daily in warm water.

[CITROKEHL tablets](#) 2x 1 daily, and [SANUVIS drops](#) 2x 1 teaspoon daily.

[FORTAKEHL 5X drops](#) 3x 5-10 daily for six to eight weeks, then [SANKOMBI 5X drops](#) 1x 5-10 mornings and [NIGERSAN 4X capsules](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) 2x 5-10 daily.

[LATENSIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) alternating weekly each 1x 1.

If necessary, 1-2x weekly injection deep i.m. with a mixture of: [MUCOKEHL 5X ampules](#) 1 ml, [NIGERSAN 5X ampules](#) 1 ml, [SANUVIS ampules](#) 2 ml, [CITROKEHL ampules](#) 2 ml.

Schizophrenia

see [depression](#), [amalgam burden](#)

Concerning differential diagnosis consider hereditary diseases; oral panorama X-ray to find disruptive foci or false positions of wisdom teeth. Neural clearance of all scars and previous inflammatory sources of contagion, Vogler's points. Large Niacin deficiency, therefore no maze products. Niacin can prevent an over-production of hallucinogenic byproducts which evolve from the production of neurotransmitters in the brain. Diet, unsaturated fatty acids. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[LIPISCOR capsules](#) 2x 2 daily.

[NOTAKEHL 5X drops](#) and [QUENTAKEHL 5X drops](#) alternating daily each 2x 10 for 10 days, then [MUCOKEHL 5X drops](#) or [MUCEDOKEHL 5X drops](#) 1x 5-10 mornings and [NIGERSAN 5X drops](#) 1x 5-10 evenings, Mon-Fri; Sat/Sun [MUSCARSAN 6X drops](#) 2x 5-10 daily.

[UTILIN 4X ampules](#) 1x 1 ml injection i.m. every two weeks.

1-2x weekly, later 1x weekly, injection deep i.m. with a mixture of: VITAMIN B KOMPLEX SANUM N ampules 2 ml, [MUSCARSAN 6X ampules](#) 1 ml. If necessary - additionally: Coenzyme comp. ampules Heel 2 ml, Ubichinon comp. ampules Heel 2 ml.

Sclerodermatitis

see [allergic diseases](#), [atrophy of the intestinal mucous membrane](#), [tuberculine constitution](#)

Ceraceous circular foci on the skin with hyper- or depigmentation. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water orally and also as alkaline baths.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) 2x 1 daily.

[SANUKEHL Myc 6X drops](#) and [SANUKEHL Coli 6X drops](#) alternating daily each 1-2x 5.

[LATENSIN 6X capsules](#), [UTILIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) alternating weekly each 1x 1. Additional Treatment:

Vitamin C and E, Biotin, arginine and cortisone 8X.

Scrofulosis

see [allergic diseases](#), [tuberculine constitution](#)

Rare allergy based skin and lymphatic disease in childhood. [ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[FORMASAN drops](#) 2x 3-10 daily orally.

[NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally up to a maximum of 2x 10 daily for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally up to a maximum of 2x 10 daily, Mon-Fri; Sat/Sun [NOTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally up to a maximum of 2x 10 daily.

[LATENSIN 6X drops](#) and [RECARCIN 6X drops](#) alternating daily each 1x 1-5 for rubbing in.

1x weekly injection deep i.m. with a mixture of: [UTILIN 6X ampules](#) 0.5 - 1 ml, [NOTAKEHL 7X ampules](#) 1 ml. If necessary - additionally: Cutis comp. ampules Heel 1 - 2 ml, Hepar comp. ampules Heel 1 - 2 ml, Ubichinon comp. ampules Heel 1 - 2 ml.

Seborrhoic Warts

see [atrophy of the intestinal mucous membrane, symptoms of aging/senility](#)[SANUVIS drops](#) 2x 1 teaspoon taken in warm water.

[NIGERSAN 5X tablets](#) 1x 1 evenings before going to bed.

[LATENSIN 6X capsules](#) and [UTILIN 6X capsules](#) alternating weekly each 1x 1.

Shaking Palsy

see [Parkinson's disease](#)

Sinubronchitis

see [bronchitis catarrhalis](#)

Sinusitis

see [allergic diseases](#), [atrophy of the intestinal mucous membrane](#), [amalgam burden](#)

Oral panorama X-ray of the teeth, sneezing attacks are often a sign of an overstrained pancreas, administer diet, additionally avoiding onions. Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[FORMASAN drops](#) 3x 10 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

Nasal lavage 2x daily with each 15-20 drops [NOTAKEHL 5X drops](#).

[EXMYKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [NOTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings,

Mon-Fri; Sat/Sun [NOTAKEHL 5X tablets](#) 2x 1 daily.

[RECARCIN 6X capsules](#), [UTILIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) alternating weekly each 1x 1. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 measuring spoonful daily in warm fruit or vegetable juice.

[FORMASAN drops](#) 2x 3-10 daily.

Excretion with [HEXACYL drops](#) 1x 1-5 daily.

Nasal lavage 2x daily with each 1-10 drops [NOTAKEHL 5X drops](#).

[FORTAKEHL 5X drops](#) mornings 1x 1 drop for every year for rubbing in and/or orally and [NOTAKEHL 5X drops](#) or [PEFRAKEHL 5X drops](#) evenings 1x 1 drop for every year for rubbing in and/or

orally for 10 days, then [SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) mornings 1x 1 drop for every year for rubbing in

and/or orally and [NOTAKEHL 5X drops](#) or [PEFRAKEHL 5X drops](#) evenings 1x 1 drop for every year for rubbing in and/or orally.

[UTILIN "S" 6X drops](#) 1x 1-5 daily.

[SANUKEHL Strep 6X drops](#) and [SANUKEHL Pseu 6X drops](#) alternating daily each 1x 1-5.

Sleeping Disorders

Many causes: Teeth, thyroid glands, fear, aggression and malnutrition. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 30 daily.

[LIPISCOR capsules](#) 2x 2 daily, [MAPURIT L capsules](#) 2x 1 daily.

[SELENOKEHL 4X drops](#) 1x 10 mornings daily,

[ZINKOKEHL 3X drops](#) 1x 10 evenings daily.

[MUCEDOKEHL 3X suppositories](#) 1x 1 daily evenings.

Spastic Colon

see [irritable bowel syndrome](#)

Spondylosis

Duration of Therapy: Months [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 60 daily, [CITROKEHL tablets](#) 2x 1 daily.

[FORMASAN drops](#) 3x 10 daily.

[LARIFIKEHL 4X capsules](#) 1-3x 1 daily.

[NOTAKEHL 5X tablets](#) 2x 1 daily for two weeks, then [MUÇOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 5X tablets](#) 2x 1 daily.

[SANUKEHL Myc 6X drops](#) and [SANUKEHL Coli 6X drops](#) alternating daily each 2x 5 for rubbing in and/or orally.

[RECARCIN 6X capsules](#), [LATENSIN 6X capsules](#), [UTILIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) alternating weekly each 1x 1.

[ARTHROKEHLAN "A" 6X ampules](#) 1-2x 0.2 - 1 ml i.m. weekly, on injection-free days [ARTHROKEHLAN "A" 6X drops](#) 1x 5-10 daily.

1x weekly injection deep i.m. with a mixture of: [LATENSIN 6X ampules](#) 1 ml, [SANUKEHL Myc 5X ampules](#) 1 ml, [FORMASAN ampules](#) 2 ml, Acidum sulfuricum Injeel forte ampules Heel 1 ml,

Lidocaine/Procaine 1% ampules 1 ml. Additional Treatment:

Neural Therapy (intra-articular) with a mixture of 1 ml [NOTAKEHL 7X ampules](#) and 1 ml Lidocaine 1% ampules.

Sterility in Men

see [infertility in men](#)

Differential diagnosis: spermiogenesis (parotitis epidemica status post), obstruction of the semen passage, co-habitation disruption, eliminate functional disorders as with [sterility in women](#).

observe teeth. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 1-3x 5 daily, [CITROKEHL tablets](#) 1x 1 daily.

[MAPURIT L capsules](#) 2x 1 daily.

[NOTAKEHL 3X suppositories](#) 2x 1 daily for 10 days, then [MUCOKEHL 3X suppositories](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [NOTAKEHL 3X suppositories](#) 2x 1 daily.

[LATENSIN 4X capsules](#) 1-2x 1 weekly.

1-2x weekly injection deep i.m. with a mixture of: [CHRYSOCOR 5X ampules](#) 2 ml, [SANUVIS ampules](#) 2 ml, [MUCOKEHL 5X ampules](#) 1 ml, [SANUKEHL Coli 7X ampules](#) 1 ml, Procaine/Lidocaine 1% ampules 1 ml.

1x weekly injection deep i.m. with a mixture of: Hepar compos. Heel ampules 2 ml, Ubichinon compos. ampules Heel 2 ml.

Sterility in Women

see [infertility in women](#)

Clarify functional disturbances (hormone status), eliminate abnormalities; measurement of basal temperature. Base therapy as with sterility in men. Additional Treatment:

Neural therapy 1x weekly to the [ganglion](#) Frankenhäuser, segment therapy with a mixture of: [SANUVIS ampules](#) 2 ml, [MUCOKEHL 5X ampules](#) 1 ml, [SANUKEHL Coli 7X ampules](#) 1 ml, Ovaria comp. ampules Wala 2 ml.

Stomatitis

see [herpes blisters](#), [candidiasis](#)

Syphilis

Observe official governing legislation for contagious diseases.

The following treatment supports the antibiotic effects respectively regulation therapy of endured [syphilis](#) (case history). A negative Wassermann reaction is not critical:

Principal Preparation: NOTAKEHL [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2-3x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[NOTAKEHL 5X tablets](#) 2x 1 daily as well as Luesinum 30X Glob. 1x 10 daily for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun

[NOTAKEHL 4X capsules](#) 2x 1 daily.

[SANUKEHL Strep 6X drops](#) 2x 5-10 daily.

[UTILIN 6X capsules](#) and [LATENSIN 6X capsules](#) alternating weekly each 1x 1.

In cases of acute primary syphilitic sore, as well as the antibiotic therapy, injection s.c. of 1 ml [NOTAKEHL 7X ampules](#) in the area of the primary syphilitic sore and on injection-free days

[NOTAKEHL 3X suppositories](#) 1x 1 daily.

Tear Ducts, Obstruction of

see dacryocystitis

Thread Fungus Disease

see [barber's itch](#)

Thrombosis

see [phlebitis](#)

Thrush

see [mycosis of body orifices](#), [candidiasis](#)

Tinnitus

see [entotic murmur](#)

Tonsillitis

see [angina](#)

Toxoplasmosis

Consider HIV and heavy metal burden. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 2x 1 daily.

[FORTAKEHL 5X drops](#), [NOTAKEHL 5X drops](#) and [QUENTAKEHL 5X drops](#) each 2x 5-10 alternating daily for three weeks, then [SANKOMBI 5X drops](#) 2x 5-10 daily, Mon-Fri; Sat/Sun

[EXMYKEHL 3X suppositories](#) and [QUENTAKEHL 3X suppositories](#) each 2x 1 alternating daily.

[SANUKEHL Bruce! 6X drops](#), [SANUKEHL Pseu 6X drops](#) and [SANUKEHL Prot 6X drops](#) each 2x 5 alternating daily for rubbing in.

[UTILIN 6X capsules](#) 1x 1 weekly.

Tea: Glechoma hederacea, Scrophularia nodosa.

Trichophytosis profunda

see [barber's itch](#)

Trigeminal Neuralgia

see [neuralgia](#)

Tuberculine Constitution

Despite the clear recession of the number of cases and in the seriousness of the disease, tuberculosis is still present in this millennium, only the milieu has clearly changed for the [Aspergillus niger](#) organism and its bacterial form, the tubercle bacillus.

Principal Preparations: NIGERSAN, ASPERGILLUS ORYZAE, LATENSIN, SANUKEHL Myc. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[CITROKEHL tablets](#) 1x 1 daily.

[SELENOKEHL 4X drops](#) 1x 10 mornings daily.

[ZINKOKEHL 3X drops](#) 1x 10 evenings daily.

[FORTAKEHL 5X drops](#) mornings 1x 2-10 and [NOTAKEHL 5X drops](#) evenings 1x 5-10 for one week, then [SANKOMBI 5X drops](#) alternating with [ASPERGILLUS ORYZAE 6X drops](#) mornings 1x 5-10 and [NIGERSAN 4X capsules](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) mornings 1x 8-10 and [NOTAKEHL 5X drops](#) evenings 1x 10 daily.

[SANUKEHL Pseu 6X drops](#) and [SANUKEHL Myc 6X drops](#) each 1x 5-10 alternating daily for rubbing in and/or orally.

[LATENSIN 6X capsules](#), RECARCIN capsules, [UTILIN 6X capsules](#), [BOVISAN 5X capsules](#) and [UTILIN "S" 6X capsules](#) each 1x 1 alternating weekly. Simultaneous measures not recommended are:

the application of tuberculin, sunbathing in natural sunlight, also therapeutic sun lamp treatment with X- or UV-rays, all medication containing wood tar, also all heavy metals and "tuberculostatica".

Tuberculosis, Protection from

If protection is necessary for non-infected family members. Infants:

[SANKOMBI 5X drops](#) and [NIGERSAN 5X drops](#) each 1x 1-2 alternating daily for rubbing in. From 4 Months to 4 Years:

[SANKOMBI 5X drops](#) 1x 1-5 daily for rubbing in, Mon-Fri; Sat/Sun [FORTAKEHL 5X drops](#) 2x 1-5 daily for rubbing in.

[NIGERSAN 5X drops](#) 1x 1-5 daily for rubbing in for two to three weeks, then [UTILIN "S" 6X drops](#) 1x 2 weekly for rubbing in.

[SANUKEHL Myc 6X drops](#) 1-2x 2 weekly for rubbing in.

Oil of Evening Primrose capsules 3x 1-2 daily, if necessary rub into the neck. Older children (from 4 to 10 years):

[LIPISCOR capsules](#) 2x 1 daily.

[SANKOMBI 5X drops](#) 2x 5-8 for rubbing in and/or orally.

[NIGERSAN 5X drops](#) 1-2x 2-5 for rubbing in.

[SANUKEHL Myc 6X drops](#) 1x 3-5 weekly for rubbing in (from school age, orally).

[UTILIN "S" 6X drops](#) 3x 5 for rubbing in weekly.

Ulcus cruris (Leg ulcer)

[Milieu](#) damage, dysfunction of blood viscosity

Diet with a clear reduction of sugar and carbohydrates (latent [diabetes mellitus](#)), no gaseous or constipation causing foods. Weight reduction for vein relief. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 1-3x 5 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[LIPISCOR capsules](#) 2x 2 daily.

[PINIKEHL 4X capsules](#) 1x 2 before breakfast.

[MUCOKEHL 3X ointment](#) applied locally several times daily.

[FORTAKEHL 5X tablets](#) 2x 1 daily for 10 days, then [MUCOKEHL 3X suppositories](#) 1x 1 mornings and [NIGERSAN 3X suppositories](#) 1x 1 evenings, Mon-Fri; Sat/Sun [FORTAKEHL 4X capsules](#) 2x 1 daily.

[SANUKEHL Strep 6X drops](#) and [SANUKEHL Staph 6X drops](#) each 2x 5 alternating daily for rubbing into the skin around the ulcer.

1-2x weekly injection deep i.m. with a mixture of: [MUCOKEHL 5X ampules](#) 2 ml, [CITROKEHL ampules](#) 2 ml, Hepar comp. Heel ampules 2 ml, Ubichinon comp. ampules Heel 2 ml,

Procaine/Lidocaine 1% ampules 1 ml. Additional Treatment:

Lactulose 2x 1 tablespoon or Glauber salt 1x 1 tablespoon daily.

Chrome GTF capsules (Biofrid) 1x 1 daily.

Vitamin C 3g daily.

Neural therapeutical injection in the centre of the ulcer directly near the periosteum of the tibia; the same composition to the wall of the vein to the upper half of the [ulcus cruris](#) (No danger by accidental intravenous application) with a mixture of: [MUCOKEHL 5X ampules](#) 2 ml, Aesculus-Injeel ampules Heel 1 ml, Procaine/Lidocaine 1% ampules 2 ml.

The centre must always be protected from germs (extremely acidic): Apply [NOTAKEHL 5X ampules](#) or 1 crushed [NOTAKEHL 5X tablets](#) to the wound.

Support tights, leech therapy.

1x weekly injection deep i.m. with a mixture of: [NOTAKEHL 5X ampules](#) 1 ml, [CITROKEHL ampules](#) 2 ml, Cutis comp. ampules Heel 2 ml, Coenzyme comp. ampules Heel 2 ml, Ubichinon comp. ampules Heel 2 ml.

Ulcus ventriculi (Gastric ulcer)

see [gastritis](#), [helicobacter pylori infection](#)

Urethritis

Differential diagnosis: [gonorrhoea](#), clarify psychological background. For therapy see [cystitis](#), with status post specific [urethritis](#) 1x weekly injection deep i.m. with a mixture of: [NIGERSAN 5X ampules](#) 1 ml, [SANUKEHL Strep 5X ampules](#) 1 ml.

Uric Acid Infarct

Causes: Infants (up to 2 years): through liquefaction of nucleated red blood corpuscles post partum; Adults: liquefaction of crisis proportions by leucosis, reticulosis, lobar pneumonia, uraemia.

Adults: Drink plenty (oat tea)!

[ALKALA N powder](#) 2x 1/2 measuring spoonful daily in warm water, additionally alkaline foot baths.

[SANUVIS drops](#) 3x 1 teaspoon daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings, Mon-Fri; Sat/Sun [MUCOKEHL Atox 6X drops](#) and [NIGERSAN Atox 6X drops](#) each 2x 5-10 alternating daily orally and/or for rubbing in. Additional Treatment:

Phosphorus Injeel Heel ampules 1x 1 ml or [MUCOKEHL 7X ampules](#) 3x 1 ml injection i.v. weekly.

1x weekly injection i.m. or s.c. with a mixture of: [SANUVIS ampules](#) 2 ml, [NIGERSAN 5X ampules](#) 1 ml.

If necessary (in addition): Coenzyme comp. ampules Heel 2 ml, Hepar comp. Heel ampules 2 ml, Ubichinon comp. ampules Heel 2 ml. Infants (up to 2 years): Drink plenty of tea with little glucose.

[SANUVIS drops](#) 2x 5 daily.

[SANKOMBI 5X drops](#) 2x 1 daily for rubbing in.

Phosphorus 30X Glob. 1x 1-5 daily.

Urinary Tract, Infection of

see [cystitis](#)

Urticaria pigmentosa

see [allergic diseases](#)

Appears mostly in the first year after birth, seldom with adults. It shows itself as yellowish-brown spots which become urticarial after rubbing; mast cell accumulation. Always a result of an [intestinal allergy](#), as the intestinal mucous membrane is the producer of IgA. These suppress the mast cell granulation. Therefore a strict diet! Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 2x 1 teaspoon daily.

[ZINKOKEHL 3X drops](#) 1x 10 daily evenings.

[MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings.

[LATENSIN 6X capsules](#) and [UTILIN 6X capsules](#) each 1x 1 alternating weekly.

2x weekly injection deep i.m. with a mixture of: [CITROKEHL ampules](#) 2 ml, [FORMASAN ampules](#) 2 ml, Procaine/Lidocaine 1% ampules 1 ml. Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 in warm fruit or vegetable juice.

[SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[LATENSIN 6X drops](#) 1x 2 weekly for rubbing in.

Vaginal Mycosis

see [mycosis of body orifices](#)

Varicose Veins

see [phlebitis](#), [haemorrhoids](#)

Avoid knee socks, socks with elastic and constrictive belts. Often caused by false position of feet (splay feet). Reduction in the viscosity of the blood. Drink plenty and consume little protein. Liver support: see [cirrhosis of liver](#)

Principal Preparations: MUCOKEHL, SANUVIS [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 1-3x 5 daily.

Excretion with [HEXACYL drops](#) 1-3x 5 daily.

[MUCOKEHL 3X ointment](#) apply locally.

Neural therapeutical injection along the (painful) nodes of the veins and on kidney 8 with a mixture of: [MUCOKEHL 5X ampules](#) 2 ml, [NIGERSAN 5X ampules](#) 1 ml, Hamamelis-Injeel ampules

Heel 1 ml, Hirudo medicinalis ampules 1 ml, Lidocaine 1% ampules 2 ml.

Vegetative Dystonia

Neurasthenia, unclear state of exhaustion, take unspecific infectious foci into consideration! Mostly associated with [tubercule constitution](#), with children a dysfunction of glands. Adults:

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS 2X drops](#) 1-3x 5 daily.

[MAPURIT L capsules](#) 2x 1 daily.

[STROPHANTHUS 4X SANUM drops](#) 1x 5 daily.

[MUCEDOKEHL 3X suppositories](#) 1-2x 1 daily.

[RECARCIN 6X capsules](#) and [LATENSIN 6X capsules](#) each 1x 1 alternating weekly.

[LEPTOSPERMUSAN 1X drops](#) 3x 5-10 daily orally and/ or for rubbing in.

1x weekly injection i.m. with a mixture of: Ovaria comp. ampules Wala (Women) 2 ml, Testes comp. ampules Wala (Men) 2 ml, [CHRYSOCOR 5X ampules](#) (Men) 2 ml, Glandula suprarenalis suis-Injeel ampules Heel 1 ml. Children:

[SANUVIS 2X drops](#) 1-2x 2 daily.

[SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally for two to three months.

[RECARCIN 6X drops](#) and [UTILIN 6X drops](#) alternating daily 1x 2 for rubbing in.

[THYMOKEHL 6X suppositories](#) 1x 1 daily evenings.

Verrucae

WartsAdults:

Check intestinal polyps, also meridian connection, heavy metals.

[ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[CITROKEHL tablets](#) 1-3x 1-2 daily.

[EXMYKEHL 3X suppositories](#) or [QUENTAKEHL 3X suppositories](#) each 1x 1 daily for 10 days, then [MUCOKEHL 5X drops](#) 1x 10 mornings orally and locally and [NIGERSAN 5X drops](#) 1x 10 evenings orally and locally, Mon-Fri; Sat/Sun [EXMYKEHL 3X suppositories](#) or [QUENTAKEHL 3X suppositories](#) each 1x 1 daily.

1x weekly injection deep i.m. with a mixture of: [NIGERSAN 5X ampules](#) 1 ml, [LATENSIN 6X ampules](#) 1 ml.Children:

[ALKALA N powder](#) 2x 1/4 to 1/2 in warm fruit or vegetable juice.

[CITROKEHL tablets](#) 1x 1 daily.

[FORTAKEHL 5X drops](#) or [QUENTAKEHL 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally.

[SANKOMBI 5X drops](#) 2x daily 1 drop for every year for rubbing in and/or orally, additionally 2x daily 1 drop locally.Additional Treatment:

Calcium fluoratum 12X Glob. 1x 1-10 daily.

Acidum nitricum 6X Glob. 1x 1-5 daily.

Galium Heel drops 2x 1-10 daily.

If necessary, Thuja and Chelidonium.

Viral Infections, General

see [atrophy of the intestinal mucous membrane](#), [allergic diseases](#)

They are not infections as such, but are a sign of milieu damage in which germs are allowed. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[FORMASAN drops](#) 1-3x 5 daily.

[EPISCORIT 1X drops](#) 2x 30 daily orally only for one week.

[CERIVIKEHL 1X drops](#) 2x 5-10 daily orally.

[QUENTAKEHL 5X drops](#) 2x 10 daily, alternating daily if necessary (bacterial involvement) with [NOTAKEHL 5X drops](#) 2x 10 orally and/or for rubbing in, for 10 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and [NIGERSAN 5X tablets](#) 1x 1 evenings.

[SANUKEHL Serra 6X drops](#) 2x 5-10 for rubbing in and/or orally.

[UTILIN "S" 6X drops](#) 2x 5 weekly for rubbing in.

Vitiligo

Piebald skin

A consequence of blockages! Readjust the intestinal mucous membrane and teeth, no natural sun rays, with children treat tonsils with neural therapy. [ALKALA N powder](#) 2x 1 measuring spoonful daily in warm water.

[SANUVIS drops](#) 3x 1 teaspoon daily, [CITROKEHL tablets](#) 2x 1 daily.

[FORTAKEHL 5X tablets](#) 1x 1 mornings, [PEFRAKEHL 5X drops](#) and [ALBICANSAN 5X drops](#) alternating daily 1x 1 evenings daily for 20 days, then [MUCOKEHL 5X tablets](#) 1x 1 mornings and NIGERSAN

5X tablets 1x 1 evenings over a period of two to three months, then a four weeks pause and repeat from beginning.

[SANUKEHL Pseu 6X drops](#) and [SANUKEHL Myc 6X drops](#) alternating daily each 2x 3-8 for rubbing in and/or orally.

[UTILIN 6X capsules](#) and [UTILIN "S" 6X capsules](#) 1x 1 alternating weekly.

Zoster

see herpes [zoster](#)